<table>
<thead>
<tr>
<th>The State of Arizona Transition Slide Guide</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Self Determination</strong></td>
</tr>
<tr>
<td><strong>Postsecondary Education/Training</strong></td>
</tr>
<tr>
<td><strong>Employment</strong></td>
</tr>
<tr>
<td><strong>Independent Living/Community Participation</strong></td>
</tr>
</tbody>
</table>

### Self Determination
- Explore transportation options and practice using available options.
- Identify and describe what helps you to be successful.
- Consider others’ points of view.
- Actively participate in high school class scheduling.
- Understand adult rights and responsibilities.
- Practice decision making about your life, including asking questions and using community resources.
- Independently discuss with high school staff your needed academic and functional support services.
- Complete post-school education/training applications.
- Describe issues related to self-disclosure (when, what, how).
- Realize and understand barriers and solutions.
- Investigate scholarship opportunities and funding sources.
- Use work incentives when employed and applicable.
- Ask about Pre-Employment Transition Services (VR) and/or Post-Employment Services (PES) for your health and well-being.
- Complete college/post-high school training entrance requirements.
- Know your support system and use it.
- Where do you want to live as an adult?
- Use career portfolio and link this information to your future goals.
- Identify and describe what helps you to be successful.
- Independently discuss your accommodations and support needs with your post-secondary institution.
- Develop a plan for a balanced life (time management, study habits, and goal achievement).
- Understand/state what it is that you can offer an employer.
- Engage with adult supports to ensure a coordination of services.
- Create opportunities to take responsibility and be accountable.
- Request a Person-Centered Plan (and update it at least once per year).
- Continue involvement with community opportunities and services.
- State your health care requirements and medication needs.
- Consider others’ points of view.
- Investigate scholarship opportunities and funding sources.
- Use and continue to build your support system.
- Identify how your condition/disability affects you in your daily life.
- Request a Person-Centered Plan (and update it at least once per year).
- Complete college/post-high school training entrance requirements.
- Know prerequisites for further training (placement and certifications).