



Summer Food Service Program (SFSP) Activity Resource Guide



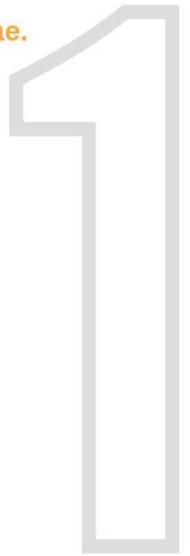
LIVE UNITED.



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Summer Food Service Program Activity Resource Guide

Welcome to the Valley of the Sun United Way (UW) Summer Food Service Program (SFSP) Activity Resource Guide. Each summer children wait for the last bell of the school year. Summer is an exciting time for children to enjoy playtime with friends, a week at camp, a family vacation, or time at the pool. For children that rely on free or reduced-price school meals during the academic year, summer can mean hunger. Just as learning does not end when school lets out, neither does a child's need for good nutrition.

The SFSP was established by the United States Department of Agriculture (USDA), <http://www.fns.usda.gov/sfsp/summer-food-service-program-sfsp>, to ensure that low-income children continue to receive nutritious meals when school is not in session. However, the SFSP sites are not just a place for children to get a nutritious meal. They are also a safe and friendly place for children to go during the summer months. We have developed this Activity Resource Guide to support SFSP sites in enhancing their meal program with fun and engaging activities that keep children coming back each day.

The Activity Resource Guide is divided into sections to help you find what you need easily. The focus is on organizations/agencies in Maricopa County that are interested in providing activities at your SFSP meal sites. Listed with each organization/agency is important contact information, website address and a description of each activity offered. The guide also includes a section on 'Meal Site Hosted Activities' (in this section you will find a variety of websites with hundreds of ideas on projects from arts and crafts to science that you can do with the children at your SFSP site), 'Community Resources' and 'Free Off-Site Activities'.

We hope that the information in this Activity Resource Guide will be helpful in promoting a successful and rewarding SFSP.

Developed By:
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2014
Updated 2015
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Educational Activities



Arizona Humane Society

The Arizona Humane Society (AHS) is an ambassador for strengthening the relationship between pets and the people who love them. We offer Humane Education classes and workshops for educators and students alike. You will learn about pet care and the important role AHS plays in Arizona. We also host day and summer camps that teach the joy of pets to the next generation of animal lovers.

Website: www.azhumane.org

Contact: Jessica Amend
Phone: 602-997-7585 x1070
Email: jamend@azhumane.org

A new schedule of activities will be available in late 2015 or early 2016.

Arizona Science Center – Science on Wheels

Arizona Science Center's Science on Wheels can visit your school or venue! Through a variety of innovative programs, Science on Wheels sparks excitement in your students with programs ranging from large scale school assemblies and family festivals to intimate classroom experiences. All of our programs are aligned to both state standards and the Common Core, and are designed to educate, inspire and excite your students about science and technology.

Website: http://azscience.org/who_are_you/science_on_wheels

Contact: Reservations Department
Phone: 602-716-2000, ext. 227

With over 30 topics to choose from, please visit our website for current program offerings.

Activity 1: In Your Class

Description: In-depth, hands-on experiments are aligned with AZ standards and Common Core. 60 minutes per session, up to 30 participants per session.

Fee: \$225 for 1st session, \$175 for 2nd session, \$150 for 3rd session and \$125 for 4th session.

Activity 2: Assemblies/Workshops

Description: Ideal for large audiences and will inspire, educate, and entertain! 45 minutes in length, up to 90 participants per session.

Fee: \$300 for 1st session and \$175 for 2nd-4th sessions.

Activity 3: Family Festivals/ Science Nights

Description: Ideal for large audiences of any age and consist of hands-on tabletop activities to explore and learn at own pace; up to 2 hours in length, up to 300 participants per session.

Fee: \$400 for first 2 hours. \$100 for each additional hour.



Glendale Public Library

There are three branch library facilities that support the Glendale community: Foothills Branch Library at 19055 N. 57th Avenue; Glendale Library at 5959 W. Brown Avenue; and the Velma Teague Branch Library at 7010 N. 58th Avenue.

Website: www.glendaleaz.com/library

Contact: Kristin Fletcher-Spear
Phone: 623-930-3840
Email: kfletcher-spear@glendaleaz.com

Activity 1: Storytime and Storytelling
Description: Geared towards the 6 and younger age range; librarians can provide a simplified storytime program. This activity is best suited to crowds of 50 and less.
Fee: No Cost.

Activity 2: Summer Reading Program
Description: Library staff can sign children up for the library's summer reading program and bring prizes to the facility on a regular basis for children to redeem their prizes.
Fee: No Cost.

Activity 3: Booktalking
Description: Librarians can introduce books through booktalking - mini-commercials for the books. This activity is best suited to groups of 50 or less.
Fee: No Cost.

Lakeshore Learning Materials

Lakeshore Learning Materials is a leading developer and retailer of top-quality materials for early childhood education programs, elementary schools and homes nationwide. Since 1954, Lakeshore has offered innovative learning materials distinguished by their quality, educational merit and safety.

Website: www.LakeshoreLearning.com

There are 2 locations in Maricopa County.

Lakeshore Learning Materials - Paradise Valley, Bell Rd

Contact: Store management
Lakeshore Learning Store – Paradise Valley @ 4727 E Bell Road
Phone: PV 602-482-7900
Email: N/A

Lakeshore Learning Materials – Phoenix, Ray Rd

Contact: Store management
 Lakeshore Learning Store –Ahwatukee , Ray Road 4619
 Phone: 480-940-7700
 Email: N/A

The activity listed below is offered by both locations.

Activity: Craft For Children Every Saturday 11a.m. -3p.m.
 Description: We can provide a summer-themed craft for children 3 and older.
 Fee: No Cost.

Mad Science

Mad Science is a leading science enrichment provider. We deliver unique, fun, hands-on science experiences for children that are as entertaining as they are educational.

Website: www.madscience.org/scottsdalenephoenix

Contact: Kathy or Jack Hamlett
 Phone: 480-222-2233
 Email: funinfo@madsciphx.com or jack@madsciphx.com

Activity 1: Summer Workshops
 Description: School-age workshops with a variety of topic choices, 60 minutes hands-on fun science or upto 30 children per session.
 Fee: \$155.00 (\$2 extra per child, max 35)

Fee: Preschool workshops are 30 minutes long, up to 20 children
 \$77.00
 2 class minimum is required

Activity 2: ½ Day Summer Camp (3 hours per day – 5 days)
 Description: 4 different themed camps that can be done either full or half day for 22 children per class available up to 100 children per day.
 Fee: \$125.00- 188.00per student per week depending on location.

Activity 3: Full Day Summer Camp (6 hours per day – 5 days)
 Description: 4 different themed camps that can be done either full or half day for up to 22 children per class, available up to 100 children per day.
 Fee: \$235.00-250.00 per student per week depending on location.



Mark Carter Science

Science is not just a textbook, it is fun and exciting! Science is the knowledge of something. Whether it's weather, physics or playing basketball, knowledge is the science behind performing it well. I demonstrate that there is science in everything we do! Math, soccer and video games are bursting with science. I am a science educator with over 20 years of experience working with kids and adults.

Website: www.markcarterscience.com

Contact: Mark Carter
Phone: 623-939-0329
Email: markcarterscience@cox.net

Mark Carter Science Shows Offer 6 different WOW Science Presentations at a cost of \$300.00 per hour.

Presentations:

WOW! Science 1 – Invisible Forces and Volcanos

WOW! Science II – Magic is science

WOW! Science III – Electricity and electrostatics. Power!

WOW! Science IV- Spinning out of control! Can you feel the pressure?

WOW! Science V – Air pressure makes great Toys!

WOW! Science VI – Magnets! An invisble repelling and atrictive force



Phoenix Zoo

Our Phoenix Zoo Outreach Team will deliver by ZootoYou, Zoomobile or by Distance Learning exciting educational programs directly to your school! Our Outreach Specialists will engage your students by providing up-close animal experiences with a select group of invertebrates, reptiles, amphibians, birds, and mammals. We strive to inspire students about the wonders of our earth and the animals with whom we share it. Our one-hour programs are designed for a maximum of 75 participants.

Website: www.phoenixzoo.org

Contact: Phoenix Zoo Reservations
Phone: 602-914-4333
Email: reservations@thephxzoo.com

Activity 1: ZooToYou
Fee: \$190 1st hour/instructor, \$150 additional consecutive hour or additional instructor. Additional presentations can be booked at a discounted price

Activity 2: Zoomobile
Free if school qualifies

Activity 3: Distance Learning
Fee: \$90 for 45-60 minutes for a virtual program

Sea Life Arizona Aquarium

Sea Life Arizona is a full sized aquarium with over 5,000 sea creatures. Sea Life Arizona transports visitors into the amazing ocean world, providing close encounters with a vast array of creatures including seahorses, sharks, rays, tropical fish and more!

Website: www.visitsealife.com/arizona

Contact: John Ricks
Phone: 480-478-7594
Email: john.ricks@sealifeus.com

Activity 1: Mobile Touch Tank/Powerpoint Presentation

Description: Provide a team of 2 SEA LIFE employees and a mobile touch tank with sea stars and hermit crabs. Participants will be allowed to touch these creatures. Powerpoint presentation can be included if the host site can provide a projector, screen, and computer.

Fee: \$200 for the first hour, add \$75 for any additional hour.

Activity 2: Artifacts/Powerpoint Presentation

Description: Includes one associate that will provide cool ocean artifacts and facts in general about the ocean. Powerpoint presentation can be included if host site can provide a projector, screen, and computer. Most of these artifacts are hands-on and can include shark jaws and teeth. Host will need to provide a couple of volunteers to help with flow and organization.

Fee: \$150 for 2 hours.

Activity 3: Aquarium Visit!

Description: Team up with Arizona mills Food court to provide a meal and ticket to the aquarium. Visit is good for all day. Let us know if you would like help finding affordable transportation.

Fee: Meal- \$3-\$5 per person/call ahead for exact quote. \$6 per person for aquarium visit.

Wildlife World Zoo & Aquarium

With over 5000 individual animals representing more than 700 species, the Wildlife World Zoo & Aquarium is Arizona's largest collection of exotic animals.

Website: <http://www.wildlifeworld.com/>

Phone: 623-935-5692 ext. 106 Jenny Andress Outreach Corrdinator

Email: JennyAndress@wildlifezoo.com

Activity 1: Outreach Program

Description: Educational and informational programs featuring live exotic animals. We feature a variety of different programs focusing on different groups of animals and the amazing adaptations they have. Programs usually run for 1 hr and can be tailored to fit the needs of your group.

Fee: \$150 Maricopa County \$175 Outside Maricopa County
Additional show same day \$50

Entertainment and Cultural Activities



AZ Clowns

AZ Clowns has provided clown entertainment in Arizona for over 18 years. Some of the activities that we provide are Face Painting, Creative Balloon Sculptures and Children's Games.

Website: www.azclowns.com

Contact: Kathy Scott

Phone: 623-512-7517 (cell)

Email: info@azclowns.com

Description: Face painting includes Spiderman, Batman, Butterflies, Hello Kitty, Unicorn Pony, Minion, Angry Birds and more.

Balloon Sculptures

A variety of balloon sculptures is offered, such as Spiderman, Batmen, Princess Crowns, Lady Bugs and more.

Glitter and temporary tattoos

Magic

Fee: 1 hour approx.. \$150 depending on location
2 hrs aprox. \$195 depending on location
Call for a quote

Bang Bang Balloon Company

Family entertainment using fantastic balloon sculptures!

Website: www.bangbangballooncompany.com

Contact: Deby Fout
Phone: 480-980-3242
Email: arizonarick@outlook.com

Activity 1: The Great Grand Canyon Balloon Show
Description: The show includes stories using balloon animals, a balloon game and maybe a bit of magic. Stories like 'The Princess and the Hero' and 'Old McDonald Had An Aquarium'.
Fee: One hour show \$350.00.

Deb's Dragons

Have an interactive adventure with creatures from around the world. Deb's Dragons has been serving Greater Arizona and Southern California with exceptional and highly interactive animal shows since 2002. Deb's Dragons strives to create a show that is perfectly tailored to your event.

Website: www.debsdragons.com

Contact: Deborah Miller
Phone: 602-579-9871
Email: debsdragons@aol.com

Activity 1: Interactive Animal Adventure For Parties, Classrooms and Assemblies
Description: Have an up-close and personal interactive and educational adventure with misunderstood creatures from around the world: lizards, dragons, pythons, insects, constrictors and the like. Each participant is allowed to interact with and learn about these amazing animals in an adventure-type setting.
Fee: 40-100 students Price is based on # of participants, distance & length of time. Starting at \$250

Activity 2: Standard Assembly
Description: Educational type of show with some interaction.
Fee: Up to 150 people per hour). Starting at \$199

Activity 3: Animal Party
Description: Education and interaction fir ages 3 and above.
Fee: Starting at \$179

Heard Museum

The mission of the Heard Museum is to educate people about the arts, heritage and life ways of the Indigenous peoples of the Americas, with an emphasis on American Indian tribes of the Southwest.

Website: www.heard.org

Contact: Shaliyah Ben
Phone: 602-251-0259
Email: sben@heard.org



Activity 1: Renting of Head Museum Panel Exhibits
Description: These three-panel, freestanding exhibits - each with a hands-on materials display stand - are designed for use in libraries or schools and are free. Museum staff members set up and take down the exhibits. Month-long loans are available on a first-come, first-served basis. Exhibits include: RAIN, Following the Sun and Moon - Hopi Katsina Dolls, Mayan Life - Source and Symbol, Phoenix Indian Boarding School, We Are! Four Southern Arizona Tribes.
Fee: No Cost.

Activity 2: Heard Museum Speaker's Bureau
Contact Dorothy Sullivan
480-895-9674
dotsully@hotmail.com

Description: Experienced guides offer informal lectures, slide-talks and hand-on programs to schools and community groups. Slide presentation last between 30-45 minutes. Speakers can bring touch-its for students to handle.

Presentation topics include:

- Architecture of the ancestral Pueblo People
- Arizona's Native Americans
- Arts of the Native People of the Southwest
- Beautiful Resistance
- Dine' - The Navajo
- Every Picture Tells a Story
- The Hohokam and the O'Odham
- Inde' - The Apache
- Life in a Cold Place: Arctic Art from the Albrecht Collection
- Native American Jewelry

Fee: No Cost to schools.

Activity 3: Suitcase Exhibits

Description: Two cases (one large & one small) are filled with artifacts, photographs & text that can be used to create a museum display in a classroom.

Fee: Two- week loan \$35.00

Phoenix Center for the Arts

Phoenix Center for the Arts provides opportunities to participate in the visual and performing arts through quality classes, events, and programming. Classes are available for youth, adults, and families.

Website: www.phoenixcenterforthearts.org

Contact: Laura Wilde, Outreach Coordinator

Phone: 602-254-3100 x 307

Email: lwilde@phoenixcenterforthearts.org

Activity 1: Performing Arts Educational Activities

Description: Spoken Word, Dance, or Drama teaching artists provide children with the instruction and foundational principles necessary to create and perform expressively through dance, spoken word poetry, or drama.

Fee: \$50/hour +materials and preparation/travel time.

Activity 2: Creative Writing

Description: Introduce your child to the joy of writing. This isn't about diagramming sentences or punctuation. This series of creative writing workshops are a fantastic outlet for a wild imagination and a great way to learn how to express yourself.

Fee: \$50/hour +materials and preparation/travel time.

Activity 3: Visual Arts Educational activities

Description: Ceramics, Painting, Drawing, Mixed Media, or Glass teaching artists provide children with the instruction and foundational principles necessary to create great works of art. Teaching artists help kids stretch their imagination to its fullest with different mediums and techniques.

Fee: \$50/hour +materials and preparation/travel time; ceramics and glass would require multiple days.

Activity 4: Spanish-Speaking Teaching Artists

Description: Bilingual teaching artists provide instruction in visual and performing arts. Current options are acting and Mexican folk arts.

Fee: \$50/hour +materials and preparation/travel time; ceramics and glass would require multiple days.

Reptile Adventures

Reptile Adventures offers a live interactive reptile show, and has reptiles for just about any event and all occasions. There are both small reptiles and large, some larger than the children! Every reptile has been raised around children and is a completely trusted and beautiful animal.

Website: www.reptileadventures.com

Contact: Rich Ihle

Phone: 480-824-2167

Email: rich@reptileadventures.com

Activity 1: Interactive Live Reptiles

Description: Activity is appropriate for classrooms, school assemblies, preschools, scouts, libraries, day camps, birthday parties and special events.

Fee: 1 hour programs range from \$200-\$250 and up, depending on location and group size. Other types of events will be individually priced.



Healthy Lifestyle Activities



American Heart Association

American Heart Association (AHA) is a health nonprofit focused on improving the cardiovascular health of all Americans and reducing the number of deaths from heart diseases and stroke.

Website: www.heart.org

Contact: Kerrin Kleinschmidt

Phone: 602-414-5344

Email: Kerrin.Kleinschmidt@heart.org

Activity 1: Simple Cooking With Heart

Description: Eating healthy can be fun and easy and 'Simple Cooking With Heart' is teaching the community how. The program consists of a 30-minute 'cooking' demonstration and then sampling of the recipe(s) made. The demonstration recipes can be designed for a location that does not have heat or water (salad, salsa, etc.). Demonstrations are recommended for groups of kids older than 2nd grade and in small groups – 10-15 students at a time. Each student would receive a booklet to take home to their family. The demonstration would be in English, but the booklets to take home are available in English or Spanish.

Fee: Free – until funding runs out. The AHA has a small allotment of money given to us from Wal-Mart to conduct these cooking demonstrations in the community. Once the funds run out, organizations could still do the program, but would need to pay for all the materials themselves. Cost of food, sample cups, cooking supplies, etc. is about \$100 for 10 students. Any organization interested in having a demonstration needs to schedule it with the AHA before March 30th (demonstrations would be mid-May-June).

Care1st Health Plan Arizona Inc.

Care1st is a health plan providing support and services to meet the health care needs of eligible members enrolled in KidsCare, AHCCCS, and DDD.

Website: www.care1st.com/az

Contact: Mauricio Orozco

Phone: 480-282-3631

Email: morozco@care1st.com

Activity 1: Health Education & Information

Description: Interactive activities related to health topics for children.

Fee: No Cost.

Activity 2: Nutrition Education & Information

Description: Interactive activities related to nutrition for children and adults.

Fee: No Cost.

Activity 3: Resource Navigation & Resources

Description: Resources and Information about AHCCS, SNAP, TANF, ACA.

Fee: No Cost.

Activity 4: Wellness & Physical Activities

Description: Interactive aerobics, drumming and basic health screenings for children.

Fee: No Cost.

Maricopa County Office of Nutrition & Physical Activity

Maricopa County Department of Public Health, Office of Nutrition and Physical Activity (ONPA) proudly serves residents through various nutrition programs. Our team is dedicated to improving the health and well-being of all ages and aims to provide the public with the most up-to-date, evidence-based information. We continue to support the common goal to improving human health by way of nutrition.

Website: www.maricopa.gov/publichealth/Services/Nutrition/default.aspx and www.MaricopaSchoolWellness.org

Contact: Christine Hicks, RD, Dietitian Supervisor

Phone: 602-506-9322

Email: christinehicks@mail.maricopa.gov

Activity 1: Nutrition and Physical Activity Resources

Description: Maricopa County ONPA will provide nutrition and physical activity education material and resources to qualifying sites that participate in the SFSP through our Supplemental Nutrition Assistance Program-Education Program (SNAP-Ed) grant. Can also provide resources and train interested meal sites on physical activity and nutrition activities.

Fee: No Cost.

University of Arizona Nutrition Network (UANN)

UANN provides education and support to promote healthy nutrition and physical activity lifestyles. Classes and services are for low income public housing, senior centers, emergency food distribution sites, schools, child care centers, summer food program sites, DES and WIC offices. Our services include: (1) Nutrition Education Materials (Handouts and Reinforcement Items), (2) Direct Nutrition Education for youth and/or adults, (3) Nutrition Event Booths, (4) Posters and other Signage, (5) Training provided to staff interested in integrating nutrition into daily activities.

Website: www.uanutritionnetwork.org

Contact: Stephanie Martinez
Phone: 602-827-8238
Email: uamaricopanutrition@cals.arizona.edu

Activity 1: Nutrition & Physical Activity Interactive Classes
Description: Classes include messages about MyPlate, All 5 Food Groups, Sugar Shockers, Nutrition integrated physical activity and much more!
Fee: No Cost.

WHEAT (World Hunger Education, Advocacy & Training Organization)

WHEAT educates advocates, motivates and empowers individuals to action in the fight against hunger. WHEAT has been actively involved in creating opportunities for sponsors, donors and volunteers within the Summer Food Service Program since 2003.

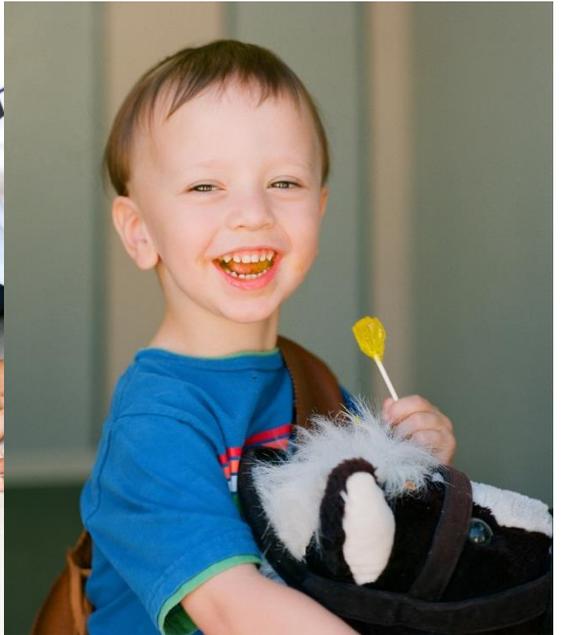
Website: www.HungerHurts.org

Contact: Cynthia Mudd, Director of Operations
Phone: 602-955-5076
Email: cynthia.mudd@HungerHurts.org

Activity 1: Securing Nutrition Education Students from ASU for Activities
Description: WHEAT works with students who are motivated to share good nutrition and healthy living activities with the community. WHEAT will be your contact to schedule these college students to provide nutrition and physical education activities at your site. Students provide 1 hour programs inclusive of indoor physical education activities, easy no bake cooking with kids, good nutrition games. All activities done with high energy and fun!
Fee: No Cost.

Safety Agencies

Utilize your local Fire Department and local Police Department to deliver safety education presentations and programs to the children at your SFSP site.



Phoenix Metro Area Fire Departments

You can contact the following Fire Departments for specific presentations and programs:

Avondale Fire-Rescue

Website: www.avondale.org/fire

Contact: Sue Pistoia
Phone: 623-333-6112

Email: supistoia@avondale.org

Activity 1: Interactive Fire and Life Safety Presentations

Description: 20 minute safety information with questions and answers. In addition, we may also be able to bring an engine along, schedule permitting.

Fee: No Cost.

Circle City/Morristown Fire Department

Website: www.ccmfd.org

Contact: Chief Harry Dame
 Phone: 623-388-9473
 Email: harry.dame@ccmfd.org

Activity 1: Fire Prevention
 Description: To educate the public on precautions to prevent potentially harmful fires and information they need to know for surviving them.
 Fee: No Cost.

Glendale Fire Department

Website: www.glendaleaz.com/fire

Contact: Dr. Janet Boberg
 Phone: 623-930 4483
 Email: jboberg@glendaleaz.com
 Requires a minimum of 10 people attending

Activity 1: Fire Safety Presentation
 Description: Teach fire safety skills in a 50 minute presentation.
 Fee: No Cost.

Activity 2: Continuous Chest Compression CPR
 Description: The new CCC-CPR class taught to youth age 10 and above in a 50 minute presentation.

Fee: No Cost.

Activity 3: Water Safety Presentation
 Description: Water safety skills taught in a 50 minute presentation.
 Fee: No Cost.

Surprise Fire Department

Website: www.surpriseaz.gov/firedepartment

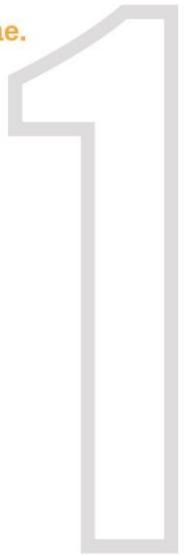
Contact: Surprise Fire Community Affairs Division
 Phone: 623-222-5400
 Email: CommunityAffairs@surpriseaz.com
 or Renee.Hamblin@surpriseaz.gov

Activity 1: Fire Pals
 Description: Educate children on fire safety.
 Fee: No Cost

Activity 2: Community CCC and Basic First Aid
 Description: Teach children basic first aid and chest compression only CPR.
 Fee: No Cost.

Below is a list of additional Phoenix Metro Area Fire Departments you can partner with to organize fire safety education presentations and programs:

Fire Department	Phone	Website	Contact	Contact Phone	Contact Email
Apache Junction	480-982-4440	http://sfmd.az.gov/	Mark Gomez	480-982-4440 ext. 228	http://sfmd.az.gov/community-safety-education/community-outreach/
Buckeye	623-349-6700	www.buckeyeaz.gov/fire	Jennifer Rogers	623-349 6700	jrogers@buckeyeaz.gov
Chandler	480-782-2120	www.chandleraz.gov/fire	Debbe Simpkins	480-782-2175	chandlerfire@chandleraz.gov
El Mirage	623-583-7968	www.cityofelmirage.org/fire	Amber Wackman	623-876-2962	awackman@cityofelmirage.org
Gilbert	480-503-6300	www.gilbertaz.gov/fire	Jean Machnicki	480-503-6353	Jean.Machnicki@gilbertaz.gov
Goodyear	623-932-2300	http://www.goodyearaz.gov/government/departments-divisions-a-z/fire-department	Tanja Tanner	623-882-7308	tanja.tanner@goodyearaz.gov
Mesa	480-644-2101	www.mesaaz.gov/fire	Lela Hinds Peterson	480 644 4208	Lela.hinds-peterson@mesaaz.gov
Peoria	623-773-7279	www.peoriaaz.gov/newsecondary.aspx?id=1861	Tim Eiden	623-773-7279	https://www.peoriaaz.gov/NewSecondary.aspx?id=1937
Phoenix	602-262-6297	www.phoenix.gov/fire	Community Outreach	602 495 5555	https://www.phoenix.gov/fire/community-outreach/event-request-form
Scottsdale	480-312-8000	www.scottsdaleaz.gov/fire	Lori Schmidt	480 312 8000	lschmidt@scottsdaleaz.gov
Sun Lakes Fire District	480-895-9343	www.slfd.org	Fire Chief Paul Wilson		pwilson@slfd.org
Tempe	480-858-7200	http://www.tempe.gov/city-hall/fire-department	Monique Bonfiglio	480-858-7240	monique_bonfiglio@tempe.gov
Tolleson	623-936-8500	http://www.tollesonaz.org/index.aspx?NID=14	Susie Solorio	623-936-8500	ssolorio@tollesonaz.org



Phoenix Metro Area Police Departments

Gilbert Police Department

Website: www.gilbertaz.gov/police

Contact: Kim Kelly
Phone: 480 503 6500
Email: kim.kelly@gilbertaz.gov

Activity 1: Child ID Clinic
Description: Digital Fingerprinting.
Fee: No Cost.

Peoria Police Department



Website: www.peoriaaz.gov or
www.peoriaaz.gov/newsecondary.aspx?id=14413

Contact: Community Relations Programs
Phone: 623-773-7099
Email: <http://www.peoriaaz.gov/NewSecondary.aspx?id=13299>

Community Outreach

Stand Up For Kids

Website: <http://www.standupforkids.org/phoenix/default.aspx>

Email: <mailto:Phoenix@standupforkids.org>

To find help for homeless youth in Metro Phoenix and Tempe areas. This includes shelter, a hot meal, a hot shower, and laundry services among other services.

Below is a list of additional Phoenix Metro Area Police Departments you can partner with to organize safety education presentations and programs:

Police Department	Phone	Website	Contact	Contact Phone	Contact Email
Apache Junction	480-982-8260	www.ajcity.net/index.aspx?nid=112	Serene Carney	480-474-5442	scarney@ajcity.net
Avondale	623-333-7000	www.avondale.org/index.aspx?NID=78	Kathy Laneri	623-333-7342	klaneri@avondale.org
Buckeye	623-349-6499	www.buckeyeaz.gov/police	Officer Lumadue	623-349-5476	EXPLORERPOST2901@BUCKEYEAZ.GOV
Chandler	480-782-4130	www.chandlerpd.com	Robin Valenzuela	480-782-4962	robin.valenzuela@chandleraz.gov
El Mirage	623-933-1341	www.cityofelmirage.org/police		623 500 3000	
Glendale	623-930-3000	www.glendaleaz.com/police	Kim Dominguz	623-930-3158	kdominguz@glendaleaz.com
			Doreen Anderson	623-930-4044	danderson@glendaleaz.com
Goodyear	623-932-1220	http://www.goodyearaz.gov/government/police-department	Jeff Mercy	623-882-7716	jmercy@goodyearaz.gov
Litchfield Park	602-876-1011	http://www.mcso.org/	James Estrada	602 876 4260	CAT@mcso.maricopa.gov
Mesa	480-644-2211	www.mesaaz.gov/police	Ray Villa	480-644-2283	r.villa@mesaaz.gov
Phoenix	602-262-7626	www.phoenix.gov/police	Mark Schweikert	602 876 4260	CAT@mcso.maricopa.gov
Queen Creek, MCSO	602-876-1011	www.queencreek.org/departments/public-safety/maricopa-county-sheriff-s-office	Ivan Lopez	602-876-5065	
Scottsdale	480-312 5000	www.scottsdaleaz.gov/POLICE	Terri Smith	480 312 8555	
Tempe	480-350-8311	http://www.tempe.gov/city-hall/police	Molly Enright	480-858-6148	molly_enright@tempe.gov
			Charles Cobbs	480-350-8691	charles.cobbs@tempe.gov
Tolleson	623-936-7186	www.tollesonaz.org	Sergeant Gayton	623-936-2729	ogaytan@tollesonaz.org

Meal Site Hosted Activities

Arts and Crafts

There are many arts and crafts projects that the children at your SFSP site can create. Listed below are a few recommended websites. These sites have hundreds of arts and crafts ideas.



On **Kiwi Crate**, <http://www.kiwicrate.com/themes/Art-Projects-for-Kids/2>, you can easily categorize your search by 'Favorite Ideas' or 'Ideas by Themes'.

Check out these unique projects:

- Stained Glass Apple Printing
- Marshmallow Sculptures
- Robot Automaton
- Balloon Pet

ZOOMdo, <http://pbskids.org/zoom/activities/do/>, is a very artsy crafty site that also includes activities that help the environment.

Some wonderfully inspiring projects are:

- Wind Chime
- Adinkra Stamps
- Kaleidoscope
- Zoetrope

Enchanted Learning, <http://www.enchantedlearning.com/crafts/>, provides creative ideas from A – Z, and the projects use materials from around the house.

Just a few fun and exciting categories:

- Astronomy
- Dinosaurs
- Japanese Crafts
- Whales

Music

'Music brings people together. Through music, children take an inner experience and move it into a shared creative experience' (Judi Bosco, Board Certified Music Therapist). There are many music projects that the children at your SFSP site can get involved in. Below are a few websites with lots terrific of ideas.

On **Kinder Art**, <http://www.kinderart.com/teachers/9instruments.shtml>, you will find easy to make instruments for children. Stroll down the page and you will find links to more musical instruments to make such as a Chinese Gong, Coffee Can Drum, Didgeridoo and much more.

Lessons For The Classroom,

www.katietraxler.com/index.php?option=com_content&view=article&id=69&Itemid=466, includes lots of ideas for music lessons and music games.

Nutrition and Physical Activity

There are lots of ways to promote nutrition and physical activities that the children at your SFSP site can participate in. Take a look at the websites below for some great ideas.

American Health Association offers free download materials:

- Play 60 Challenge, www.heart.org/play60challenge, is a program to help educate 7th and 8th graders about the importance of getting 60 minutes of physical activity each day. Teacher Guides with lesson plan ideas and Game Planners for students to track their daily physical activity. The lesson plans and resources can be adapted for younger children.
- Heart Healthy Lesson Plans, www.heart.org/educator, offer short lesson plans, to quick activities, to coloring sheets. These tools are divided by Elementary or Middle School and in easy to print PDF format. All the materials focus on improving health and education about heart health.

Arizona Department of Health Services, Nutrition, Physical Activity, and Obesity Program (NUPAO) resource page,

<http://www.azdhs.gov/phs/bnp/nupao/OtherRes.htm>, is a good source of information on nutrition and physical activity.

- Fuel up to 60 <https://www.fueluptoplay60.com/>
-

On **Centers for Disease Control and Prevention (CDC)**,

<http://www.cdc.gov/family/kidexpress/index.htm>, you will find free printable activities on how to stay safe and health. Materials include puzzles, coloring pages, word scrambles and more.

Nourish Interactive, <http://www.nourishinteractive.com/>, is a free one-stop resource for fun nutrition games for kids, interactive nutrition tools, tips for educators, cooking with Chef Solus and more.

Science

Science is all around you. The children at your SFSP site can learn about the amazing world of science while enjoying fun and interesting activities. The following websites are just a few amazing sites.

National Geographic is not just a magazine. **National Geographic's Kids**, www.kids.nationalgeographic.com/kids/activities/funscience/, features lots of hands-on science experiments.

Science For Kids – American Chemical Society, introduces science for kids - projects about solids, liquids, gases, the earth and human body processes. <http://www.acs.org/content/acs/en/education/whatischemistry/adventures-in-chemistry.html>

Education.com, www.education.com/activity/science/, offerings science activities to help children understand important concepts and allows children the opportunity to discover something new.



Teens

There are many ways to engage teens at your SFSP site. The websites below are just a few that offer interesting, fun and effective ideas tailored for teens.

One Stop English, www.onestopenglish.com/teenagers/skills/games, features classroom games for teens.

High school activities on **Education.com**, www.education.com/activity/high-school, includes ideas to help show teens the fun side of learning.

Icebreakers are used to encourage people to get acquainted, but you can also use icebreakers to get teens excited about attending your SFSP site. Icebreakers can be easily found on the internet. Here are a couple of interesting sites:

- <http://www.greatgroupgames.com/icebreaker-games-for-teens.htm>
- West Virginia Department of Education, wvde.state.wv.us/counselors/links/resources/team-builders.html, click 'Energizers, Icebreakers and Team Builders'.
- <http://parentingteens.about.com/od/summerfun/a/funsummeractivities.htm>

Meal Site Hosted Events

Children love to celebrate special events and join in with special activities. Special days keep children discovering new experiences, and can bring a sense of excitement and anticipation to your SFSP site.

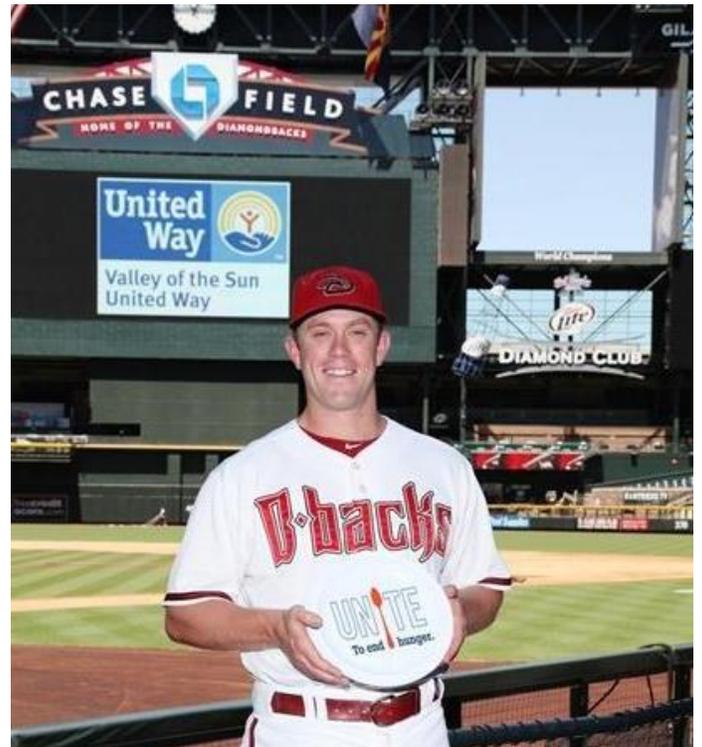
Here are just a few ideas:

- Start with a Kick-off event
- Have a theme for the summer such as Super Heros
- Escape the heat with **Water Activities** such as sponge fights, water gun battles, water slides, etc.
- Ask the children to choose a movie for **Movie Day**
- Have a **Pajama Party**
- Put on a **Play, Dance Show** or **Music Video**
- Have a **Reading Day** with older children reading to younger children
- **Hold a Cupcake War** with other SFSP sites. The adults can bake the cupcakes and the children can decorate them.
- **Explore other cultures and customs. For example, host Hawaiian Week** at your SFSP site. Take the children on a Virtual Hawaiian Vacation by having 'Hula Dance Lessons', 'Pineapple Coloring Contests' and serving 'Fresh Pineapples'. If possible, ask your local floral shop for floral donations so the children can make Hawaiian leis.

Community Resources

Chamber of Commerce

Connect with your local area Chamber of Commerce for a preview of current or upcoming events, or to obtain community related information that may be of interest to the children at your SFSP site.



Chamber of Commerce	Phone	Address	City	Zip	Website
Ahwatukee Foothills	480-753-7676	4435 E Chandler Blvd, Ste 140	Phoenix	85048	www.ahwatukeechamber.com
Arizona Hispanic	602-279-1800	255 E Osborn Rd #201	Phoenix	85012	http://www.azhcc.com
Asian		1219 E Glendale Ave	Phoenix	85020	www.asianchamber.org
Buckeye Valley	623-386-2727	508 E Monroe Ave	Buckeye	85326	www.buckeyevalleychamber.org
Chandler	480-963-4571	25 S Arizona Pl, Ste 201	Chandler	85225	www.chandlerchamber.com
Gilbert	480-892-0056	119 N Gilbert Rd, Ste 101	Gilbert	85234	www.gilbertaz.com
Glendale	623-937-4754	5800 W Glenn Dr, Ste 275	Glendale	85301	www.glendaleazchamber.org
Greater Phoenix	602-495-2195	201 N Central Ave, Fl 27	Phoenix	85004	http://www.phoenixchamber.com/coming-phoenix
Greater Phoenix Gay & Lesbian	602-266-5055	3819 N 3rd St # E6	Phoenix	85012	www.phoenixgaychamber.com
Mesa	480-969-1307	40 N Center ST, Ste 104	Mesa	85201	www.mesachamber.org
North Phoenix	602-482-3344	14001 N 7th St, Bldg C, Ste 106	Phoenix	85022	www.northphoenixchamber.com
Peoria	623-979-3601	8631 W Union Hills Dr, Ste 203	Peoria	85382	www.peoriachamber.com
Scottsdale Area	480-355-2700	7501 E McCormick Pkwy, Ste 202 N	Scottsdale	85258	www.scottsdalechamber.com
Southwest Valley	623-932-2260	289 N Litchfield Rd	Goodyear	85338	www.southwestvalleychamber.org
Tempe	480-967-7891	909 E Apache Blvd	Tempe	85281	www.tempechamber.org

Phoenix Metro Area Sports

There is always a game happening in Phoenix, which is home to many sports teams. Below are a few sports teams that you may want to contact to help your SFSP with activities.

Arizona Cardinals: www.azcardinals.com

Arizona Diamondbacks: http://arizona.diamondbacks.mlb.com/index.jsp?c_id=ari

Phoenix Mercury: www.wnba.com/mercury

Arizona Rattlers: www.azrattlers.com

Phoenix Coyotes: <http://coyotes.nhl.com/>

Phoenix Suns: www.nba.com/suns

Other Community Resources:

Arizona 2-1-1: www.211arizona.org/maricopa/. Search 'Arts and Culture Services'.

Raising Arizona Kids: <http://www.raisingarizonakids.com/>



Free Off-Site Activities

Children often learn by seeing and doing. It is important to incorporate some fun outings that take the children at your SFSP site to places they may have never been before. Trips are an ideal alternative to the everyday schedule. The organizations listed below offer free tours and passes.

Arizona Capitol Museum

The Arizona Capitol Museum is the original Capitol Building for the State of Arizona. We offer tours covering Civics and State history.

Website: www.azlibrary.gov/museum

Contact: Taylor Arrazola
 Phone: 602-926-3620
 Email: tarrazola@azlibrary.gov

Activity 1: Tour of the Arizona Capitol Museum
 Description: This tour covers Civics - how government works, the constitutions and voting.
 Fee: Free. Must be scheduled in advance via website; minimum 15 attendees.

Activity 2: Non-Tour Visit of the Arizona Capitol Museum
 Description: Individuals and small 'family size' groups can visit the Museum for 'Free Roaming Exploration'. These are not led tours, but there's info in all the exhibits and the 'Capitol Connections' activity can be downloaded from our website for free. Large groups should not come without scheduling a tour, as we are lightly staffed in summer.
 Fee: Free.

Children's Museum of Phoenix

The Children's Museum of Phoenix is a wondrous place of imagination, inspiration, creativity and just plain fun! Designed for children ages birth to 10, this is not your typical Museum. Here we want you to touch EVERYTHING!

Website: www.childrensmuseumofphoenix.org

Contact: Marion Wiener, Director of Marketing and Communications
 Phone: 602-648-2746
 Email: mwiener@childmusephx.org

Activity: Admission to the Children's Museum of Phoenix
 Fee: Limited number of free passes available.

Partner Contact Information

Valley of the Sun United Way

3200 E Camelback Rd Ste 375 Phoenix, AZ 85018

602-631-4800

www.vsuw.org/

Summer Food Service Program Activity Resource Guide: www.vsuw.org/activityguide

Lora Reid

Community Impact Manager, Ending Hunger

602-631-4877

lreid@vsuw.org



Valley of the Sun
United Way

Arizona Department of Education Health and Nutrition Services

3300 N. Central Avenue

Phoenix, AZ 85012

602-542-8700

www.azed.gov/health-nutrition/



Summer Food Service Program:

www.azsummerfood.gov/

Summer Food Service Program Resources: www.azsummerfood.gov/resources

