

Program Year 2013-14 New Meal Pattern (Lunch) Compliance for One-Week

Component	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Weekly Total	Other Weekly Requirements
Meat/Meat Alternate oz./eq.	Min:	<i>Total Min:</i>							
	Max:	<i>Total Max:</i>							
Fruit cups	Juice:	Total Juice:	<input type="checkbox"/> Fruit Juice no more than half of fruit component						
	Fruit (raw):	Total Fruit (raw):							
	<i>Daily Total:</i>	<i>Weekly Total:</i>							
Vegetables cups	<i>Daily Total:</i>	<i>Weekly Total:</i>	<input type="checkbox"/> Vegetable Juice no more than half of vegetable component						
<i>1.Dark Green</i>									
<i>2.Red/Orange</i>									
<i>3.Beans/Peas</i>									
<i>4.Starchy</i>									
<i>5.Other</i>									
<i>Additional</i>									
Grains oz./eq.	Min:	<i>Total Min:</i>	<input type="checkbox"/> 50% or more of whole grain rich <input type="checkbox"/> Dessert less than or equal to 2oz./eq.						
	Max:	<i>Total Max:</i>							
Milk fat-free flavored or unflavored 1% unflavored	Variety #1:	<i>Weekly Total:</i>							
	#2:	#2:	#2:	#2:	#2:	#2:	#2:		

**Flexibility on Weekly Grain and Weekly M/MA maximums*