

## Grant Criteria

Grant applications are disseminated in the spring. Schools must meet the following criteria in order to apply:

Participate in the National School Lunch Program. Schools must comply with federal and state guidelines for operating the program.

Be an elementary school. The definition of an elementary school is any school that serves lunch to students in grades preschool through 8.

Have 50% or more of its students eligible for free or reduced-price meals. Priority is given to schools with the highest percentage of low-income students to the maximum extent practicable.

Submit an application for each site that is interested in participating.

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### Health and Nutrition Services

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Phoenix, AZ 85007  
Phone: 602-542-8700  
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**For more information please visit the ADE's Fresh Fruit and Vegetable webpage at:**  
**<http://www.azed.gov/health-nutrition/fresh-fruit-program/>**

# FRESH FRUIT & VEGETABLE PROGRAM





## What is the Fresh Fruit and Vegetable Program?

The ADE administers the USDA's Fresh Fruit and Vegetable Program for the state of Arizona. This program provides funding for the purchase of fresh fruits and vegetables to serve throughout the school day to all students. It is an effective and creative way to introduce fresh fruits and vegetables to students.

The goals of the FFVP are to:

- Create healthier school environments by providing healthier food choices
- Expand the variety of fruits and vegetables children experience
- Increase children's fruit and vegetable consumption
- Make a difference in children's diets to impact their present and future health

## Program Requirements

Funds are allocated from July 1- June 30 and are based on school enrollment. The per student allocation is between \$50-\$75.

Schools receive monthly reimbursement for the cost of purchasing, preparing and serving fresh fruits and vegetables.

Schools submit a spending plan, detailing how funds will be spent throughout the year.

Schools make efforts to purchase local produce. "Local" is defined as produce items grown in the state of Arizona.

Schools incorporate nutrition education.

Schools submit a FFVP self-monitoring form annually.

Schools make fresh fruits and vegetables available to students throughout the school day at least two days per week.

Fruits and vegetables are provided separately from the lunch or breakfast meal, on the school campus, during the school day.

Schools attend training before the beginning of the school year.



## Implementing the Program

The FFVP allows for flexibility in service style, types of produce items served, portion sizes, service days, service times and preparation.

### Service Styles

- Classrooms
- Cafeterias
- Playgrounds
- Hallways
- Kiosks



### Allowable Foods

- Fresh Fruits
- Fresh Vegetables
- Low-fat, yogurt-based dips for vegetables

### Preparation

- Fresh vegetables may be cooked once per week and must be accompanied by a nutrition education lesson.
- Fresh fruits and vegetables can be served whole, sliced, chopped, peeled, halved, etc.