

2005 Arizona Youth Tobacco Survey

This survey is about tobacco use behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better tobacco use prevention education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do and know. Please answer as truthfully as you can. Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that are asked about your background will only be used to describe the types of students completing the survey. The information will not be used to find out your name. No names will ever be reported. Please read every question. With the pencil provided, please mark your best answer for that question on the answer sheet. When you are finished, follow the instructions of the person giving the survey. Thank you very much for your help.

THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

1. **How old are you?**
 - a. 11 years old or younger
 - b. 12 years old
 - c. 13 years old
 - d. 14 years old
 - e. 15 years old
 - f. 16 years old
 - g. 17 years old
 - h. 18 years old or older
2. **What is your sex?**
 - a. Female
 - b. Male
3. **What grade are you in?**
 - a. 6th
 - b. 7th
 - c. 8th
 - d. 9th
 - e. 10th
 - f. 11th
 - g. 12th
 - h. Ungraded or other grade
4. **Which one of these groups BEST describes you?**
(CHOOSE ONLY ONE ANSWER)
 - a. American Indian or Alaska Native
 - b. Asian American
 - c. Black or African American
 - d. Hispanic or Latino
 - e. Native Hawaiian or Other Pacific Islander
 - f. White
5. **At home, what language do you speak most often?**
 - a. English
 - b. Spanish
 - c. Both English and Spanish, about the same amount
 - d. Other

THE NEXT GROUP OF QUESTIONS ASK ABOUT TOBACCO USE.

Cigarette Smoking

6. **Have you ever tried cigarette smoking, even one or two puffs?**
 - a. Yes
 - b. No
7. **How old were you when you smoked a whole cigarette for the first time?**
 - a. I have never smoked a whole cigarette
 - b. 10 years old or younger
 - c. 11 years old
 - d. 12 years old
 - e. 13 years old
 - f. 14 years old
 - g. 15 years old
 - h. 16 years old or older
8. **About how many cigarettes have you smoked in your entire life?**
 - a. None
 - b. 1 or more puffs but never a whole cigarette
 - c. 1 cigarette
 - d. 2 to 5 cigarettes
 - e. 6 to 15 cigarettes (about ½ a pack total)
 - f. 16 to 25 cigarettes (about 1 pack total)
 - g. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
 - h. 100 or more cigarettes (5 or more packs)
9. **Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?**
 - a. Yes
 - b. No

10. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

11. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

12. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. Camel
- d. Marlboro
- e. Newport
- f. Virginia Slims
- g. GPC, Basic, or Doral
- h. Some other brand

13. During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke cigarettes during the past 30 days
- b. I paid for them
- c. I borrowed (or bummed) them from a friend under 18
- d. I borrowed (or bummed) them from a friend over 18
- e. I borrowed (or bummed) them from a family member under 18
- f. I borrowed (or bummed) them from a family member over 18
- g. I took them from a store or a family member
- h. I got them some other way

14. During the past 30 days, where did you usually buy your own cigarettes? (CHOOSE ONLY ONE ANSWER)

- a. I did not buy any cigarettes during the past 30 days
- b. I bought them in a store such as a gas station, convenience store, grocery store, or drugstore
- c. I bought them from someone I know under 18
- d. I bought them from someone I know over 18
- e. I bought them from a family member
- f. I gave someone else money to buy them for me
- g. I bought them on the internet
- h. I bought them some other way

15. When you bought cigarettes in a store during the past 30 days, what kind of store was it?

- a. I did not buy cigarettes in a store during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A tobacco or smoke shop
- g. Other

16. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

17. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

18. During the past 30 days, on how many days did you smoke cigarettes on school property?

- a. I did not smoke cigarettes during the past 30 days.
- b. 0 days
- c. 1 or 2 days
- d. 3 to 5 days
- e. 6 to 9 days
- f. 10 to 19 days
- g. 20 to 29 days
- h. All 30 days

19. When was the last time you smoked a cigarette, even one or two puffs?

- a. I have never smoked even one or two puffs
- b. Earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago

20. How long can you go without smoking before you feel like you need a cigarette?

- a. I have never smoked cigarettes
- b. I have not smoked cigarettes during the past 30 days
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

21. When do you usually smoke cigarettes? (YOU CAN CHOOSE ONE ANSWER, or MORE THAN ONE.)

- a. I have never smoked cigarettes
- b. I have not smoked cigarettes during the past 30 days
- c. When I'm with friends who smoke
- d. When I'm with friends who don't smoke
- e. When I'm by myself
- f. When I'm feeling stressed out
- g. When there are no grownups around
- h. When I'm bored

22. Where do you usually smoke cigarettes? (YOU CAN CHOOSE ONE ANSWER, or MORE THAN ONE.)

- a. I have never smoked cigarettes
- b. I have not smoked cigarettes during the past 30 days
- c. On the way to school or on the way home from school
- d. At home
- e. Outside
- f. Visiting friends at their house
- g. At parties
- h. Other places

23. Have you ever smoked in front of your parents?

- a. I have never smoked cigarettes
- b. Yes

c. No

24. **Do you consider yourself a smoker?**
 a. Definitely yes
 b. Probably yes
 c. Probably not
 d. Definitely not
25. **During the past 12 months, did you ever try to quit smoking cigarettes?**
 a. I did not smoke cigarettes during the past 12 months
 b. Yes
 c. No
26. **Do you want to stop smoking cigarettes?**
 a. I have never smoked cigarettes
 b. I have not smoked cigarettes during the past 30 days
 c. Yes
 d. No
27. **Do you know of any place where you can get help to quit smoking?**
 a. I have not smoked cigarettes during the past 30 days
 b. Yes
 c. No
28. **How many times, if any, have you tried to quit smoking cigarettes?**
 a. I have never smoked cigarettes
 b. None
 c. 1 time
 d. 2 times
 e. 3 to 5 times
 f. 6 to 9 times
 g. 10 or more times
29. **When you last tried to quit, how long did you stay off cigarettes?**
 a. I have never smoked cigarettes
 b. I have never tried to quit
 c. Less than a day
 d. 1 to 7 days
 e. More than 7 days but less than 30 days
 f. More than 30 days but less than 6 months
 g. More than 6 months but less than a year
 h. More than a year

30. **Have you ever tried the patch or nicotine gum to help you quit smoking?**
 a. I have never smoked cigarettes
 b. Yes
 c. No

THE NEXT QUESTIONS ASK ABOUT OTHER TOBACCO PRODUCTS

31. **Which of the following tobacco products have you ever tried, not including cigarettes? (YOU CAN CHOOSE ONE ANSWER, or MORE THAN ONE.)**
 a. I have never tried any other tobacco products
 b. Cigarillos
 c. Cigars
 d. Chew, snuff or dip
 e. Bidis
 f. Kreteks
 g. Pipe
 h. Hookah
32. **During the past 30 days, which of the following tobacco products have you used, not including cigarettes? (YOU CAN CHOOSE ONE ANSWER, or MORE THAN ONE.)**
 a. I have never tried any other tobacco products
 b. Cigarillos
 c. Cigars
 d. Chew, snuff or dip
 e. Bidis
 f. Kreteks
 g. Pipe
 h. Hookah
33. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?**
 a. I did not use chewing tobacco, snuff, or dip during the past 30 days
 b. 1 or 2 days
 c. 3 or more days
 d. Almost every day
 e. Every day

34. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
- b. 1 or 2 days
- c. 3 or more days
- d. Almost every day
- e. Every day

35. During the past 30 days, on how many days did you smoke bidis or kreteks?

- a. I did not smoke bidis or kreteks during the past 30 days
- b. 1 or 2 days
- c. 3 or more days
- d. almost every day
- e. every day

36. During the past 30 days, how did you usually get the other tobacco products you used?

(CHOOSE ONLY ONE ANSWER)

- a. I did not use any other tobacco products during the past 30 days.
- b. I bought them in a store such as a gas station, convenience store, grocery store, or drugstore
- c. I gave someone else money to buy them for me
- d. I borrowed (or bummed) them from a friend or family member under 18
- e. I borrowed (or bummed) them from a friend or family member over 18
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

37. Do you think that you will try a cigarette soon?

- a. I have already tried smoking cigarettes
- b. Yes
- c. No

38. Do you think you will smoke a cigarette at any time during the next year?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

39. Do you think you will be smoking cigarettes 5 years from now?

- a. I definitely will
- b. I probably will
- c. I probably will not
- d. I definitely will not

40. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

41. Have either of your parents (or guardians) discussed the dangers of tobacco use with you?

- a. Mother (female guardian) only
- b. Father (male guardian) only
- c. Both
- d. Neither

42. In the past 12 months, has a doctor or someone who works in a doctor's office talked to you about the dangers of tobacco use?

- a. I haven't visited a doctor's office in the past 12 months.
- b. Yes
- c. No

43. **In the past 12 months, has a dentist or someone who works in a dentist's office talked to you about the dangers of tobacco use?**
- I haven't visited a dentist's office in the past 12 months.
 - Yes
 - No
44. **Can people get addicted to using tobacco?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
45. **Do you think young people who smoke cigarettes have more friends?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
46. **Do you think smoking cigarettes makes young people look cool or fit in?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
47. **Do you think smoking cigarettes makes kids your age look more grown up?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
48. **Do you think smoking cigarettes helps people reduce stress?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
49. **Do you think smoking cigarettes helps people keep their weight down?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
50. **Do you think young people risk harming themselves if they smoke from 1 - 5 cigarettes per day?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
51. **Do you think it is safe to smoke for only a year or two, as long as you quit after that?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
52. **Do you think smoking low-tar and low-nicotine cigarettes is less harmful to your health than smoking regular cigarettes?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
53. **Do you think you would be able to quit smoking cigarettes now if you wanted to?**
- I have never smoked cigarettes
 - I have not smoked cigarettes during the past 30 days.
 - Yes
 - No
54. **Do you think smokeless tobacco such as chewing tobacco, snuff, or dip is addictive?**
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not

- 55. Have you ever participated in a program to help you quit using tobacco?**
- I have never used tobacco
 - Yes
 - No
- 56. Have you ever taken a class or a course at school in which health risks of smoking or tobacco use were discussed?**
- Yes
 - No
- 57. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by, role playing)?**
- Yes
 - No
 - Not sure
- 58. During this school year, have you taken a class that discouraged tobacco use?**
- Yes
 - No
 - Not sure
- 59. During this school year, have you asked someone, such as a friend or family member, to give up smoking?**
- Yes
 - No
- 60. During this school year, have you participated in a school event, club or group that discouraged tobacco use?**
- Yes
 - No
 - Not sure

THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

- 61. During the past 12 months, have you attended any community events or activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?**
- Yes
 - No
 - I did not know about any activities
- 62. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?**
- Not in the past 30 days
 - 1-3 times in the past 30 days
 - 1-3 times per week
 - Daily or almost daily
 - More than once a day
- 63. Have the commercials changed the way you feel about using tobacco?**
- I did not see or hear any commercials
 - Definitely yes
 - Probably yes
 - Probably not
 - Definitely not
- 64. When you watch TV or go to movies, how often do you see actors using tobacco?**
- I don't watch TV or go to movies
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never
- 65. When you watch TV, how often do you see athletes using tobacco?**
- I don't watch TV
 - Most of the time
 - Some of the time
 - Hardly ever
 - Never

66. When you are using the Internet, how often do you see ads for tobacco products?
- a. I don't use the Internet
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

67. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?
- a. Yes
 - b. No
68. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.

69. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
- a. 0 days
 - b. 1 day
 - c. 2 days
 - d. 3 days
 - e. 4 days
 - f. 5 days
 - g. 6 days
 - h. all 7 days

70. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
- a. 0 days
 - b. 1 day
 - c. 2 days
 - d. 3 days
 - e. 4 days
 - f. 5 days
 - g. 6 days
 - h. all 7 days

71. Do you think the smoke from other people's cigarettes is harmful to you?
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

72. Does anyone who lives with you now smoke cigarettes?
(YOU CAN CHOOSE ONE ANSWER or MORE THAN ONE)
- a. No one who lives with me now smokes cigarettes.
 - b. A parent (or guardian)
 - c. A brother or sister
 - d. Another adult who lives with us
 - e. Another young person who lives with us

73. Which statement best describes the rules about smoking where you live?
- a. Smoking is not allowed anywhere
 - b. Smoking is allowed in some places or at some times
 - c. Smoking is allowed anywhere

74. How many of your four closest friends smoke cigarettes?
- a. None
 - b. One
 - c. Two
 - d. Three
 - e. Four

75. How many of the adults you know well smoke cigarettes?

- a. A lot
- b. Some
- c. Not many
- d. None or almost none

76. Do lots of kids who go to your school smoke cigarettes?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

77. Do kids at your school ever smoke on school property or at school games?

- a. Definitely yes,
- b. Probably yes
- c. Probably not
- d. Definitely not

78. Does other people's cigarette smoke bother you?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR SCHOOL PLANS

79. Do you plan to finish high school?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

80. Do you plan to go to college?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

THE LAST QUESTIONS ASK ABOUT YOUR DENTAL HEALTH.

81. How long has it been since you last visited a dentist or a dental clinic (including an orthodontist)?

- a. Within the last year (12 months ago or less)
- b. Within the past 2 years (more than 1 year but less than 2 years ago)
- c. Within the past 5 years (more than 2 years ago but less than 5 years ago)
- d. 5 or more years ago
- e. Never
- f. Don't know/ not sure

82. Do you believe that you have dental cavities or "holes" in any of your teeth now?

- a. Yes
- b. No
- d. Don't know/not sure

83. Do you have any sealants (plastic coatings to prevent cavities) on your back teeth (molars)?

- a. Yes
- b. No
- c. Don't know/ not sure

84. Did you have a toothache during the past 6 months that was bad enough to do any of the following things?

(YOU CAN CHOOSE ONE ANSWER or MORE THAN ONE)

- a. I did not have a bad toothache during the past 6 months
- b. Bad enough to change what you ate or drank
- c. Bad enough to keep you from sleeping
- d. Bad enough to make you go to the dentist
- e. Bad enough to make you miss school