

Menu 5 of 5 Date: _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Grain/Bread	Malt-o-meal	French toast	Blueberry muffin	Life cereal	WW English muffin
Fruit/Veggie	Mandarin oranges	Strawberries	Apple sauce	Banana	Nectarines
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
Lunch					
Grain/Bread	Croissant	WW Dinner roll	Hot dog bun	HM Ravioli	Noodles
Meat/Meat Alternate	Chicken salad	Roast beef	Hot dogs	Cheese	Chicken
Fruit/Veggie #1	Broccoli	Baby carrots	HM French fries	Spinach	Peas
Fruit/Veggie #2	Cantaloupe	Green grapes	Peaches	Pineapple	Pears
Milk	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*	Whole/1%*
AM Snack					
Select 2 components	Plum	Biscuit w/jelly	Celery	French bread	Potato salad
	Rice cakes	Whole/1%*	Peanut butter	Watermelon	Triscuits
PM Snack					
Select 2 components	WW bread	Tortilla	Baked potato	Fresh fruit smoothie (banana, strawberries, pineapple)	Cornbread
	Cole slaw	Chili beans	Cheese	Yogurt	Whole/1%*

* Whole milk will be provided for children 1-2 years of age and 1% milk will be provided for all children over the age of 2.

Water is offered with all meals.

All juices served are 100% fruit juice.

This institution is an equal opportunity provider