

“Pick your Spot”

(Review of Rules 1-5)

Teacher reads statement. Students move to one side of room, marked either True or False. Students must be able to justify answer. Students may want to discuss reason why they choose that spot before teacher calls on a student to support their choice.

True

False

- Your working memory can hold information for about a minute. (F)
- No two people ever experience emotionally charged events identically. (F)
- Teachers should give students details and then summarize the overall concept at the end. (F)
- Our background experiences are not relevant to what our brain pays attention to. (f)
- My husband will play a video game and have a conversation with me, and do both pretty well. He is multitasking. (F)
- Mean teachers are effective because we need a little stress to be productive. (F)
- Cramming for a test is effective because you are using repetition to learn. (F)
- Exercisers outperform couch potatoes in long-term memory, reasoning, attention and problem-solving tasks. (T)
- You need to exercise heavily everyday to boost your brain power. (F)
- Aerobic exercise will reduce your chance of getting Alzheimers by 60%. (T)
- Kids pay better attention and are less likely to be disruptive when they're active. (T)
- Physical activity is cognitive candy. (T)
- Children need creativity and a depth of knowledge in schools. (T)
- “Theory of Mind” is the idea that we sort of read minds. (T)
- Twins will have the same physical wiring in their brains. (F)
- Class size is really not a factor in student learning. (F)
- Research supports the idea of grouping students by age. (F)
- Rote rehearsal is as effective as elaborative rehearsal. (F)