



State of Arizona
Department of Education

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MEMORANDUM

TO: Sponsors of the National School Lunch Program

FROM: Mary Szafranski, Deputy Associate Superintendent
Arizona Department of Education, Health and Nutrition Services

Cara Peczkowski, Director
Arizona Department of Education, School Nutrition Programs

DATE: February 25, 2013

SUBJECT: Separation of Fruits and Vegetables in the Food Buying Guide for Child Nutrition Programs (Updated Bok Choy, Cabbage, Chinese or Celery)

Original Signed

The United States Department of Agriculture (USDA) has updated information on the following: **Bok Choy, Fresh, Whole and Cabbage, Chinese or Celery** entry on pages 2-16 and 2-18, respectively: <http://teamnutrition.usda.gov/Resources/fbgvefruits.pdf>.

Bok Choy, Fresh, Whole has been updated to reflect the serving sizes for raw leafy vegetables. Raw bok choy credits as half the volume served. Therefore, 1 cup of raw bok choy will credit in the National School Lunch Program (NSLP) as ½ cup dark green vegetable. To reduce confusion among the various varieties of Chinese cabbage including celery cabbage, School Food Authorities (SFA) will see the previous entry “Cabbage, Chinese or Celery” listed in the Food Buying Guide as “Cabbage, Celery or Napa.” The crediting information has also been modified to reflect that of other cabbages. Celery (Napa) cabbage credits as volume served. Additionally, celery (Napa) cabbage is an “Other Vegetable” and has been moved from the “Dark Green Subgroup” chart and listed in the “Other Vegetable Subgroup” chart.

The complete revised Vegetables and Fruits Section of the Food Buying Guide for Child Nutrition Programs can be accessed online at: <http://www.fns.usda.gov/tn/resources/foodbuyingguide.html>.

Please contact a Child Nutrition Programs Specialist at Arizona Department of Education (ADE), found at the top of your CNPWeb Sponsor Application with questions concerning this guidance.

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