

# One Week Menu Requirements for Certification Arizona Department of Education

When submitting a One-Week menu (Lunch or Breakfast One-Week menu) to ADE:

One-Week Menu **MUST** include:

- Menu Name
- The ESTABLISHED grade group menu is planned for. (For example, the New Meal Pattern for lunch established grade groups are: K-5, 6-8, K-8 or 9-12).
- The dates the menu is/will be served.
- All food offered/served to students.

Optional to include:

- Labeled vegetable subgroups
- Serving size
- Crediting information
- Identifying grain as “Whole-Grain Rich”



**Example of an acceptable One-Week menu:**

Shine Elementary Menu, K-5 Menu				
MONDAY 10/8	TUESDAY 10/9	WEDNESDAY 10/10	THURSDAY 10/11	FRIDAY 10/12
Chicken with Beans	Pasta with Meat sauce	Grilled Cheese	Baked Chicken with Mashed Potatoes and WG Roll	Hamburger with Potato Wedges
½ PB& J Sandwich	Beef and Bean Burrito	Steak Strips with Roll	Orange Chicken Rice Bowl	Cheese Pizza Slice
Apple Crisp	Green Beans	Strawberries, diced	Pineapple Chunks	Watermelon slices
Fresh Pear	Canned Peaches	Apple Slices	Orange Wedges	Bagged Craisins
Orange Wedges	Salad Bar	100% Fruit Juice	Salad Bar	Salad Bar
Salad Bar	Milk Variety	Salad Bar	Milk Variety	Milk Variety
Milk Variety		Milk Variety		

Dates Menu is served

Food offered/served

