



It's not failure if you
learn something:
Using visual arts to
promote a growth mindset

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arts
scottsdale

For this session, you will need:

Paper

Pen, pencil, or other favorite drawing tool

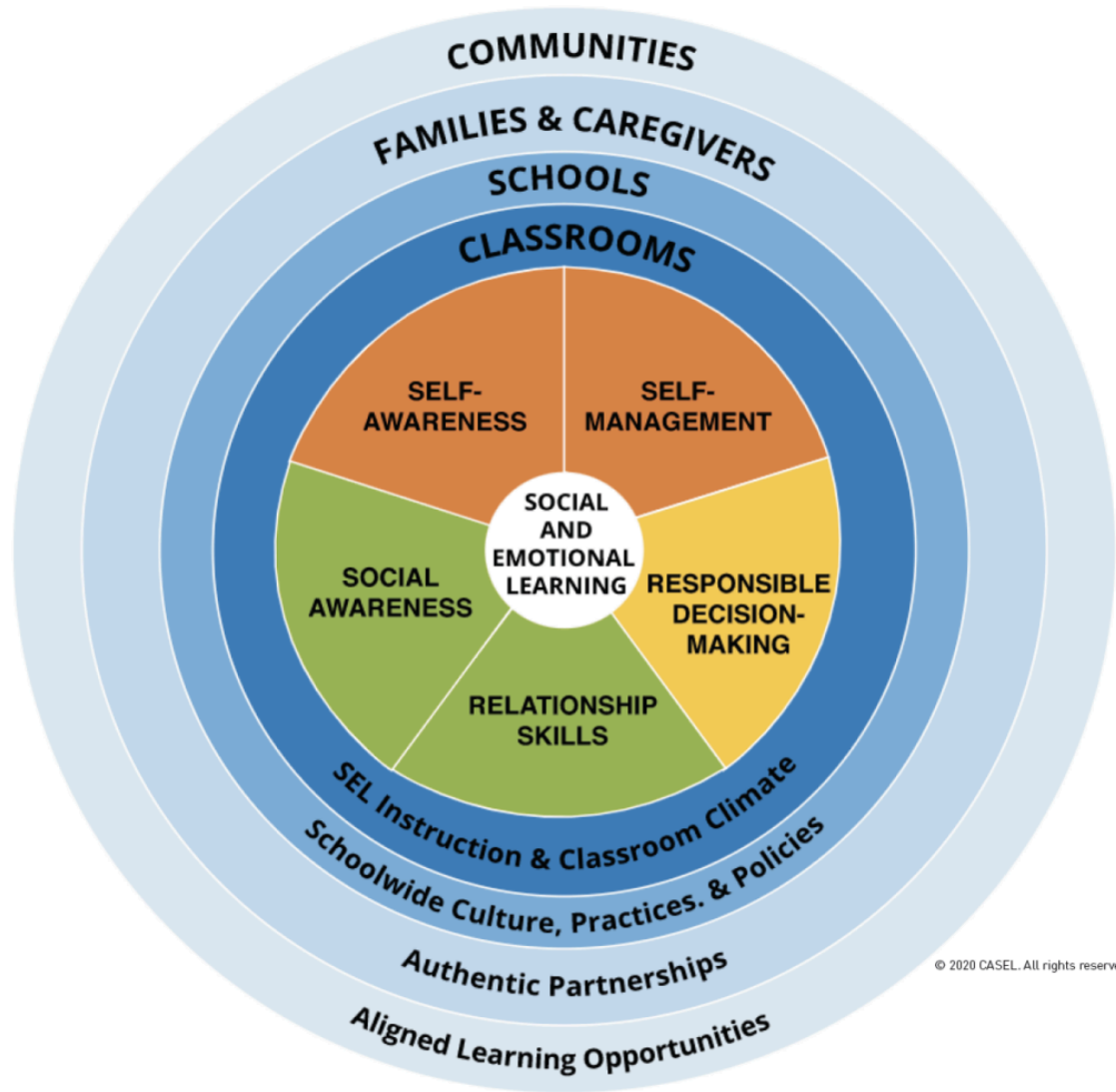
Recent photos from your phone or camera (don't worry, you won't have to share them publically!)

Session objectives

Use visual art to express personal stories.

Learn techniques from a SALI SEL-based program.

Learn ways of taking Visions practices into your school or classroom.



Arts organizations are a crucial part of the SEL ecosystem.

Visual arts allow for storytelling in ways other methods cannot.

The artistic process embodies almost all SEL competencies.

Warmup Activity



Faith Ringgold (American, born New York, 1930)

<https://smoca.org/collections>

Under a Blood Red Sky #7

Painted quilts with fictional storylines

for the night to cover us. By night we crept softly to muffle our steps. We moved in one body. Our way lit only by a chalk-white moon in a blood-red sky #7

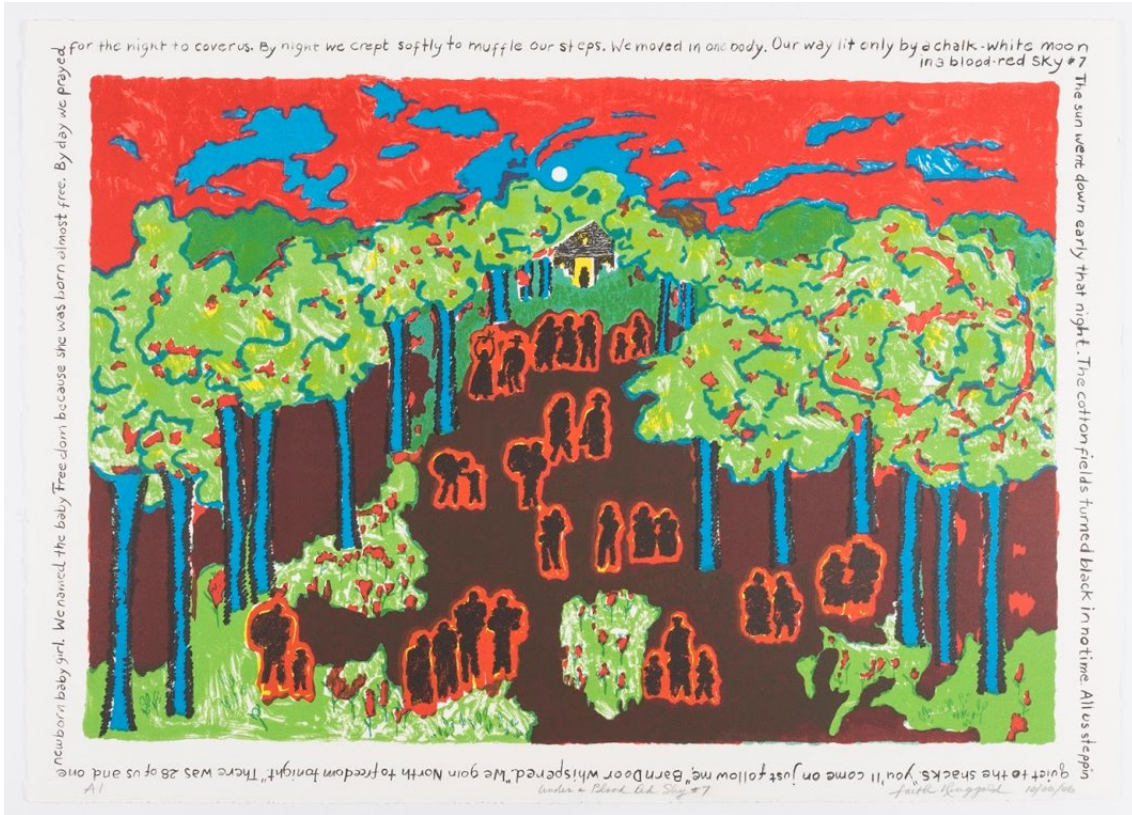


newborn baby girl. We named the baby Free dom because she was born almost free. By day we prayed
 quiet to the shackles. You'll come on just follow me, Barn Door whispered. We goin North to freedom tonight. There was 28 of us and one
 AI
 Under a Blood Red Sky #7
 Faith Ringgold 10/00/06

The sun went down early that night. The cotton fields turned black in no time. All us steppin

Faith Ringgold
Under a Blood Red Sky #7 (2006)
 Lithograph
 Scottsdale Museum of
 Contemporary Art Collection

Tell Your Story!

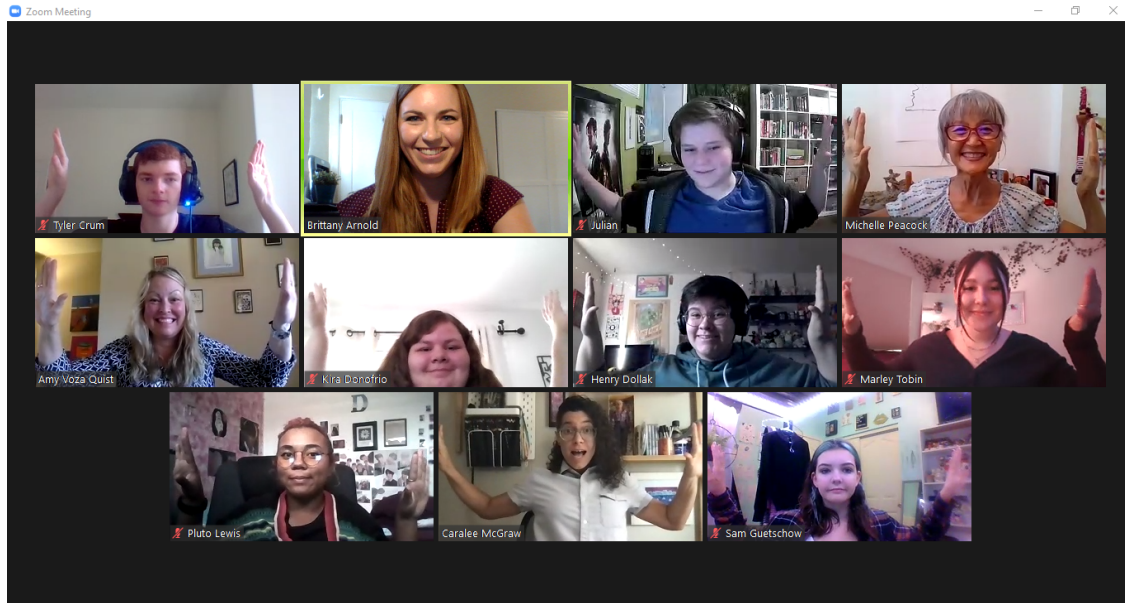


Draw something you've overcome that you're proud of

Write this story around the edge as a fictional character

5 minutes

SEL & Visions



Students connected with each others' personal stories

Felt more comfortable to share from a fictional perspective

Relationship-building with other students in the program

What is Visions?

Over 40 students annually.

Partnership between schools, teachers, and Scottsdale Arts.

Three cohorts in painting/drawing, sculpture, and multimedia.



“Visions sustained a particular student who was having personal difficulties and helped steer her back on track”

Visions impacts

100% of students have graduated

**100% of teachers indicate students become leaders/
mentors to peers in school**

**83% of students state the program increases their self-
confidence**

Photo Activity



Photo Activity



Find a recent photo that memorializes this current time for your future self

Images that respond to your experience of this “new normal”

What does your photo communicate?

2 minutes

SEL components in Visions



Regularity

Goal setting

Continual problem solving

Ongoing reflection

Other favorite resources

Harvard Project Zero: Thinking Routines (<https://pz.harvard.edu/thinking-routines>)

Rutgers SECD Lab (<https://www.secdlab.org/>)

CASEL (<https://casel.org/>)

We're here for you!

[Alt + Shift: SMOCA virtual field trip](#)

[Hope Chest](#)

www.ScottsdaleArtsLearning.org

Questions?

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