

Blueprint for Instruction and Assessment

Sports Medicine and Rehabilitation

51.0913.00



ARIZONA DEPARTMENT OF
EDUCATION



Domain	Related Standards	Instructional Time
Domain 1 Injury Recognition and Injury Management	STANDARD 6.0 ASSESS THE IMPACT OF INJURIES, SPORTS TRAUMA, AND PHYSICAL DYSFUNCTIONS AND DISORDERS STANDARD 7.0 ANALYZE THERAPEUTIC EXERCISE, TRAINING, AND RECONDITIONING TECHNIQUES STANDARD 8.0 ANALYZE THERAPEUTIC INTERVENTIONS AND PAIN MANAGEMENT TECHNIQUES STANDARD 9.0 APPLY PSYCHOLOGICAL TECHNIQUES TO PHYSICAL PERFORMANCE, INJURY EVALUATION, AND REHABILITATION	30 - 40%
Domain 2 Anatomy and Terminology	STANDARD 1.0 USE MEDICAL TERMINOLOGY AS APPLIED IN HEALTHCARE STANDARD 2.0 DEMONSTRATE BASIC KNOWLEDGE OF BODY SYSTEMS AND HUMAN ANATOMY	30 - 35%
Domain 3 Emergency Care and Safety	STANDARD 4.0 DEMONSTRATE SAFETY AND INFECTION CONTROL STANDARD 5.0 MANAGE ACUTE CARE EMERGENCY AND NON-EMERGENCY SITUATIONS	15 - 20%
Domain 4 Health and Performance Concepts	STANDARD 3.0 EXAMINE HEALTH AND PERFORMANCE CONCEPTS	5-10%
Domain 5 Healthcare Organization and Administration	STANDARD 10.0 DEMONSTRATE HEALTHCARE ORGANIZATION AND ADMINISTRATION ACTIVITIES	5-10%

Content domains are knowledge, skills, and abilities to be taught and assessed. They illustrate the relationship among technical standards, instructional time, and student success on the Technical Skills Assessment. This blueprint corresponds with the Technical Standards reviewed on July 12, 2026.