

RECOMMENDED MINUTES OF INSTRUCTIONAL TIME

The Department of Education suggests students have regular standard-based instruction every year. The amount of time individual students need to learn these standards will vary.

The chart below recommends instructional time necessary for students to master the Arizona State Standards.

These recommendations do not explicitly address the needs of students who are far below or far above the grade level.

| Grade | English Language Arts/Reading | Mathematics | Science | Social Studies |
|----------------------|---|----------------------------------|-----------------------------|-----------------------------|
| Kindergarten | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 18 mins daily/90 mins wkly | 18 mins daily/90 mins wkly |
| First Grade | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 30 mins daily/150 mins wkly | 30 mins daily/150 mins wkly |
| Second Grade | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 30 mins daily/150 mins wkly | 30 mins daily/150 mins wkly |
| Third Grade | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 40 mins daily/200 mins wkly | 40 mins daily/200 mins wkly |
| Fourth Grade | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly |
| Fifth Grade | Core: 90 mins daily/450 mins wkly Tier II: 90 mins daily/450 mins wkly Tier III: 225 plus mins wkly | 60 mins daily/300 mins wkly | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly |
| Sixth Grade | 50 mins daily/250 mins wkly | 60 mins daily/90 mins block schl | 50 mins daily/250 mins wkly | 50 mins daily/250 mins wkly |
| Seventh Grade | 50 mins daily/250 mins wkly | 60 mins daily/90 mins block schl | 50 mins daily/250 mins wkly | 50 mins daily/250 mins wkly |
| Eighth Grade | 50 mins daily/250 mins wkly | 60 mins daily/90 mins block schl | 50 mins daily/250 mins wkly | 50 mins daily/250 mins wkly |
| High School | 55 mins daily/275 mins wkly | 60 mins daily/90 mins block schl | 55 mins daily/275 mins wkly | 55 mins daily/275 mins wkly |

For additional content guidance, please visit each content area. [English Language Arts page](#), [Mathematics page](#), [Science page](#), [Social Studies & History page](#), [Physical Education & Health page](#), [Computer Science page](#).

We recognize that educational technology implementation may vary from school to school, depending on schedules and electives offered. However, we encourage schools to consider [Arizona's vision for Educational Technology](#) when making instructional decisions, focusing on the meaningful integration of technology across all classrooms and content areas.

For English Learners (E.L.) guidance, please review the [SEI Model document](#) on the [Office of English Language Acquisition Services \(OELAS\)](#) page.

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| Grade | Physical/Health Education | Computer Science |
|----------------------|-----------------------------|---|
| Kindergarten | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| First Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| Second Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| Third Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| Fourth Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| Fifth Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly |
| Sixth Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly If self-contained |
| Seventh Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly If self-contained |
| Eighth Grade | 30 mins daily/150 mins wkly | 45 mins daily/225 mins wkly If self-contained |
| High School | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly If self-contained |

| Grade | Artistic Discipline 1* | Artistic Discipline 2* | Performing Ensembles |
|-----------------------|-----------------------------|-----------------------------|-----------------------------|
| Kindergarten | 90 mins wkly | 90 mins wkly | NA |
| First Grade | 90 mins wkly | 90 mins wkly | NA |
| Second Grade | 90 mins wkly | 90 mins wkly | NA |
| Third Grade | 90 mins wkly | 90 mins wkly | Daily ensemble practice |
| Fourth Grade | 90 mins wkly | 90 mins wkly | Daily ensemble practice |
| Fifth Grade | 90 mins wkly | 90 mins wkly | Daily ensemble practice |
| *Sixth Grade | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly |
| *Seventh Grade | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly |
| *Eighth Grade | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly | 45 mins daily/225 mins wkly |

* Per Arizona Administrative Code R7-2-301, "[K-8] Students shall demonstrate competency as defined by the State Board-adopted academic standards, at the grade levels specified, in...The Arts, which may consist of two or more of the following [artistic disciplines]: visual arts, dance, theatre, music, or media arts." For additional content guidance please visit the [Arts Education page](#)