



## Hospitality, Events, & Tourism eCTE

The following resources are related to the [Advance CTE Career Cluster Hospitality, Events, and Tourism \(aka Family and Consumer Sciences\)](#). Culinary Arts, Fashion, and Interior Design resources are included.

### **10 Free Culinary Arts Lessons** [free-culinary-arts-lesson-plans](#)

**(Grades 7-8)** Free curriculum on nutrition and knife skills. Free posters for your classroom.

### **10 Kitchen Skills Every 10-Year-Old Should Know** [heartandstroke10-kitchen-skills](#)

**(Grades 4-6)** Empowering students with cooking skills helps them to recognize and choose healthier foods, rely less on convenience foods, and eat a wider variety of foods. Culinary ratios are one tool that helps cooks be more efficient and productive in the kitchen without the need for recipes.

### **ABEC Career Exploration and Development (ACED) Project**

[azced.org/curriculum/culinary](#)

**(Grades 6-9)** Culinary & Hospitality Curriculum designed to educate students on food handling, preparation, and diverse career opportunities within the food and hospitality industries.

### **Culinary Math, Science, & Ratios** [theculinarypro.com/culinary-math](#)

**(Grades 6-12)** Resources to help student count portions, increase recipe yield, determine ratios, and calculating a plate cost. Additionally, students can gain an understanding of what happens in the cooking process, and using a disciplined approach in applying principles of culinary science.

### **Culinary Trends, Cooking School** [culinaryschools.org/cooking-school](#)

**(Grades K-8)** Learning to cook makes students healthier and reinforces science, math, and reading skills. Fun, hands-on lessons introduce students to budgeting, problem-solving, and grocery shopping.

### **Creative Bug Fashion and Food Projects** [creativebug.com/](#)

**(Grade 5-8)** Videos and instructional materials to create fashion projects.

### **Edible School Yard, Cooking with Curiosity** [edibleschoolyard.org/Curriculum.pdf](#)

**(Grades 6-8)** The best way to teach middle schoolers how to cook is by spending time in the kitchen together.

### **Fashion Design, Anita Sagastegui Studio** [7th-grade-fashion-design](#)

**(Grade 7)** Students create a fashion line, featuring at least three different looks that share a unifying theme, (i.e., color, pattern, line, an article of clothing or accessory, etc.)

### **Fashion Design Lessons, Study.com** [study.com/lesson/fashion-design](#)

**(Grade 6-10)** This lesson plan will give students a deeper understanding of the craft, learn new vocabulary and categories of fashion design, to create an original design.

### **Fashion History** [uen.org/core/displayLessonPlans](#)

**(Grade 6-10)** Discuss the history of fashion and how it is influenced by culture overtime.

### **Food Literacy Center, Hands-on cooking lessons** [foodliteracycenter.org/curriculum](#)

**(Grades 4-8)** Each lesson below includes a video tutorial, printable recipes (in English, Spanish), STEM-based lesson plans, and activities.

### **Foodmaster Initiative- Food, Math, and Science Resource** [foodmaster.org](#)

**(Grades 3-8)** FMI is to develop and provide teachers with authentic mathematics and science resources that use food to engage students in science learning.

### **Hospitality & Tourism Presentation Template** [slidesgo.com/theme/career-technical-subject](#)

**(Grades 6-8)** Free Google Slides theme, PowerPoint template, and Canva presentation template.



**Interior Design, Get Visualz** [interior-design-lesson-plans](https://www.getvisualz.com/interior-design-lesson-plans)  
(Grade 7-12) Curriculum for sale.

**Interior Design, OER Commons**  
(Grade 5-8) Introduction to the interior design career field and industry vocabulary.

**Kids Cooking Activities** [kids-cooking-activities.com](https://kids-cooking-activities.com)  
(Grades K-11) Age-appropriate cooking lessons – some are free.

**STEAM Chefs, from Cooking to Science** [steamchefs.org/educators](https://steamchefs.org/educators)  
(Grades 3-8) Our curriculum aims to fill gaps in science knowledge and enhance scientific concepts while also providing a platform for building culinary skills and healthy eating behaviors.

**Teachers Pay Teachers** [culinary - fashion - interior design free](https://www.teacherspayteachers.com/Tag/culinary-fashio-interior-design)  
(Grades 6-9) Free activities.

**Teaching Middle Schoolers How to Cook** [ihomeschoolnetwork.com/](https://www.ihomeschoolnetwork.com/)  
(Grades 6-8) The best way to teach middle schoolers how to cook is by spending time in the kitchen together.

