

(These items were developed by teachers for the Technical Skills Assessment. Below is a sample item for each program standard.)

**Question 1 of 17**

What type of facility cares for patients with post-hip replacement?

- A) Acute care and/or hospice
- B) Long-term care and/or hospice
- C) Rehab and/or home care
- D) Hospice and/or rehab

**Question 2 of 17**

Two nursing assistants are overheard by a third nursing assistant talking about a resident/patient. What should the third nursing assistant do?

- A) Share his/her own stories about the resident/patient.
- B) Ignore the conversation because they are just letting off steam.
- C) Remind them that residents/patients should be discussed when there is no risk of being overheard.
- D) Tell the resident/patient that staff members are talking about him/her.

**Question 3 of 17**

When should the nursing assistant remove PPE?

- A) After completing isolation area duties for all residents
- B) Before leaving the isolation room
- C) In the hall after leaving the patient's room
- D) Upon arriving at the central supply room

#### Question 4 of 17

What is the CRITICAL step when moving a resident/patient from a bed to a wheelchair?

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- A) Lock brakes.
- B) Raise bed.
- C) Provide privacy.
- D) Raise bedrails.

#### Question 5 of 17

What happens to the heart during cardiac arrest?

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- A) One side of the body becomes paralyzed.
- B) The heart stops beating unexpectedly.
- C) Organs and tissues receive insufficient blood.
- D) A carotid pulse can be felt.

#### Question 6 of 17

Besides incontinence, what is another sign or symptom of a UTI in an elderly patient?

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- A) Confusion
- B) Bradycardia
- C) Headache
- D) Dysphagia

#### Question 7 of 17

What MOST important sign/symptom should be reported when working with a distraught patient/resident?

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- A) Agitation
- B) Sobbing
- C) Self-harm
- D) Withdrawn

### Question 8 of 17

What site is used to take the temperature of a resident/patient who had oral surgery?

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- A) Femorally
- B) Axillary
- C) Rectally
- D) Orally

### Question 9 of 17

What type of bed-making procedure is appropriate for a resident/patient on bed rest?

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- A) Closed
- B) Surgical
- C) Occupied
- D) Open

### Question 10 of 17

Where can the nursing assistant find information about what to do when a disaster occurs?

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- A) Ask the risk manager.
- B) Consult the Safety Data Sheet (SDS).
- C) Refer to the facility's policies and procedures.
- D) This is not the nursing assistant's responsibility.

### Question 11 of 17

Which BEST describes fluid restriction?

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- A) Residents are limited to 2,000 ml per day.
- B) Fluids are limited as ordered by the doctor.
- C) Fluids cannot exceed 1,000 ml per day.
- D) Resident is always NPO.

### Question 12 of 17

At the beginning of the shift, the nursing assistant gives the resident/patient 350 mls of water in a pitcher. At the end of her shift, she notices that 120 mls of water are left in the pitcher. How many mls of water should be recorded for intake?

- A) 120 mls
- B) 230 mls
- C) 350 mls
- D) 470 mls

### Question 13 of 17

When a cold compress has been placed on the body of a resident/patient, the skin should be checked for what sign?

- A) Supination
- B) Discoloration
- C) Hypoglycemia
- D) Shearing

### Question 14 of 17

What should a nursing assistant do with a resident's personal possessions when admitting to a LONG-TERM CARE facility?

- A) Inventory, label, and put them in resident's closet.
- B) Send them home with a family member.
- C) Put them together in one bag.
- D) Label and store them in the common nurse's area.

### Question 15 of 17

The nurse asks for a random urine sample from a patient. Which statement is CORRECT?

- A) No special measures are needed.
- B) The first voiding is discarded.
- C) Clean the perineal area first.
- D) Patient voids twice.

**Question 16 of 17**

What is the MOST common mental health problem in the elderly?

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- A) Alcoholism
- B) Depression
- C) Anxiety
- D) Alzheimer's

**Question 17 of 17**

A patient states "I don't feel terminal; I want a second opinion." What state of grief is being exhibited?

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- A) Anger
- B) Bargaining
- C) Denial
- D) Depression

Nursing Services Sample Test Answer Key

<b>Question</b>	<b>Answer</b>
1.	C
2.	C
3.	B
4.	A
5.	B
6.	A
7.	C
8.	B
9.	C
10.	C
11.	B
12.	B
13.	B
14.	A
15.	A
16.	B
17.	C