

(These items were developed by teachers for the Technical Skills Assessment. Below is a sample item for each program standard.)

Question 1 of 17

What type of facility cares for patients with post-hip replacements?

- ☐ A) Acute care and/or hospice
- ☐ B) Long-term care and/or hospice
- ☐ C) Rehab and/or home care
- ☐ D) Hospice and/or rehab

Question 2 of 17

Two nursing assistants are overheard by a third nursing assistant talking about a resident/patient. What should the third nursing assistant do?

- ☐ A) Share his/her own stories about the resident/patient.
- ☐ B) Ignore the conversation because they are just letting off steam.
- ☐ C) Remind them that residents/patients should be discussed when there is no risk of being overheard.
- ☐ D) Tell the resident/patient that staff members are talking about him/her.

Question 3 of 17

When should the nursing assistant remove PPE?

- ☐ A) After completing isolation area duties for all residents
- ☐ B) Before leaving the isolation room
- ☐ C) In the hall after leaving the patient's room
- ☐ D) Upon arriving at the central supply room

Question 4 of 17

What is the CRITICAL step when moving a resident/patient from a bed to a wheelchair?

- ☐ A) Lock brakes.
- ☐ B) Raise bed.
- ☐ C) Provide privacy.
- ☐ D) Raise bedrails.

Question 5 of 17

What happens to the heart during cardiac arrest?

- ☐ A) One side of the body becomes paralyzed.
- ☐ B) The heart stops beating unexpectedly.
- ☐ C) Organs and tissues receive insufficient blood.
- ☐ D) A carotid pulse can be felt.

Question 6 of 17

Besides incontinence, what is ANOTHER sign or symptom of a UTI in an elderly patient?

- ☐ A) Confusion
- ☐ B) Bradycardia
- ☐ C) Headache
- ☐ D) Dysphagia

Question 7 of 17

What MOST important sign/symptom should be reported when working with a distraught patient/resident?

- ☐ A) Agitation
- ☐ B) Sobbing
- ☐ C) Self-harm
- ☐ D) Withdrawn

Question 8 of 17

What site is used to take the temperature of a resident/patient who had oral surgery?

- ☐ A) Femorally
- ☐ B) Axillary
- ☐ C) Rectally
- ☐ D) Orally

Question 9 of 17

What type of bed-making procedure is appropriate for a resident/patient on bed rest?

- ☐ A) Closed
- ☐ B) Surgical
- ☐ C) Occupied
- ☐ D) Open

Question 10 of 17

Where can the nursing assistant find information about what to do when a disaster occurs?

- ☐ A) Ask the risk manager.
- ☐ B) Consult the Safety Data Sheet (SDS).
- ☐ C) Refer to the facility's policies and procedures.
- ☐ D) This is not the nursing assistant's responsibility.

Question 11 of 17

Which BEST describes fluid restriction?

- ☐ A) Residents are limited to 2,000 ml per day.
- ☐ B) Fluids are limited as ordered by the doctor.
- ☐ C) Fluids cannot exceed 1,000 ml per day.
- ☐ D) Resident is always NPO.

Question 12 of 17

At the beginning of the shift, the nursing assistant gives the resident/patient 350 mls of water in a pitcher. At the end of her shift, she notices that 120 mls of water are left in the pitcher. How many mls of water should be recorded for intake?

- ☐ A) 120 mls
- ☐ B) 230 mls
- ☐ C) 350 mls
- ☐ D) 470 mls

Question 13 of 17

When a cold compress has been placed on the body of a resident/patient, the skin should be checked for what sign?

- ☐ A) Supination
- ☐ B) Discoloration
- ☐ C) Hypoglycemia
- ☐ D) Shearing

Question 14 of 17

What should a nursing assistant do with a resident's personal possessions when admitting to a LONG-TERM CARE facility?

- ☐ A) Inventory, label, and put them in resident's closet.
- ☐ B) Send them home with a family member.
- ☐ C) Put them together in one bag.
- ☐ D) Label and store them in the common nurse's area.

Question 15 of 17

The nurse asks for a random urine sample from a patient. Which statement is CORRECT?

- ☐ A) No special measures are needed.
- ☐ B) The first voiding is discarded.
- ☐ C) Clean the perineal area first.
- ☐ D) Patient voids twice.

Question 16 of 17

What is the MOST common mental health problem in the elderly?

- ☐ A) Alcoholism
- ☐ B) Depression
- ☐ C) Anxiety
- ☐ D) Alzheimer's

Question 17 of 17

A patient states "I don't feel terminal; I want a second opinion." What state of grief is being exhibited?

- ☐ A) Anger
- ☐ B) Bargaining
- ☐ C) Denial
- ☐ D) Depression

Nursing Services Sample Test Answer Key

Question	Answer
1.	C
2.	C
3.	B
4.	A
5.	B
6.	A
7.	C
8.	B
9.	C
10.	C
11.	B
12.	B
13.	B
14.	A
15.	A
16.	B
17.	C