

(These items were developed by teachers for the Technical Skills Assessment. Below is a sample item for each program standard.)

**Question 1 of 19**

Which setting does NOT include direct care and support services?

- A) Group home
- B) Assisted living home
- C) Home
- D) School

**Question 2 of 19**

What is an advance directive for healthcare planning?

- A) Bill of Rights
- B) Ethical Code of Conduct
- C) Living Will
- D) Power of Attorney

**Question 3 of 19**

What TERM describes the act of reporting facts?

- A) Rejective
- B) Objective
- C) Subjective
- D) Connective

#### Question 4 of 19

What COULD be a cultural barrier?

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- A) Language
- B) Clothing
- C) Food
- D) Family

#### Question 5 of 19

What is one way to practice appropriate time management?

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- A) Socializing
- B) Scheduling
- C) Having a hobby
- D) Active listening

#### Question 6 of 19

When SHOULD a Home Health Aide wear protective gloves?

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- A) Only when in contact with blood or other bodily fluids
- B) Only when working with hazardous materials
- C) When told by the supervisor to wear them
- D) When a patient combs her hair

#### Question 7 of 19

Which type of shock is caused by allergic reaction?

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- A) Neurogenic
- B) Metabolic
- C) Hemorrhagic
- D) Anaphylactic

### Question 8 of 19

Mr. Jones has Type 2 Diabetes. Which meal would the Direct Care Worker serve for lunch?

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- A) Chili spaghetti and salad
- B) Pork chop and baked sweet potato
- C) Burger and fries
- D) BBQ chicken and corn

### Question 9 of 19

What is NOT a homemaking skill?

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- A) Doing laundry.
- B) Washing dishes.
- C) Mowing the lawn.
- D) Cleaning the bathroom.

### Question 10 of 19

What is considered a mobility assistance device?

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- A) Gait belt
- B) Portable commode
- C) Crane lift
- D) Auto ramp

### Question 11 of 19

What is a normal cause for a decrease in bone density?

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- A) Osteoporosis
- B) Decreased exercise
- C) Decreased muscle use
- D) Aging

### Question 12 of 19

Mr. Jones has Type 2 Diabetes and wants to maintain sexual relations with his wife. What can he do?

- A) Increased dose of Viagra
- B) Penial implant prosthetic
- C) Increase testosterone by changing his diet
- D) There's nothing he can do

### Question 13 of 19

What is NOT the way to prevent pressure sores?

- A) Turning the patient regularly
- B) Using a pressure mattress
- C) Leaving the patient in bed all day
- D) Providing proper skin care

### Question 14 of 19

What causes skin breakdown?

- A) Laying in one spot for too long.
- B) Standing in one spot for too long.
- C) Showering for too long.
- D) Eating too much.

### Question 15 of 19

Why would an activity plan NOT be adjusted?

- A) Family does not want patient to participate.
- B) Patient's functional status has changed.
- C) Home health aide is too tired.
- D) Time allotment does not allow for activities.

**Question 16 of 19**

What is the important action for a Home Health Aide when a client becomes combative?

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- A) Identify the problem.
- B) Give the client space.
- C) Threaten the client.
- D) Talk harshly to the client.

**Question 17 of 19**

Which cultural belief can influence the dying process?

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- A) Washing the body immediately after death
- B) Putting the patient in a body bag
- C) Removing the body from the home
- D) Touching the body shortly after death

**Question 18 of 19**

What does self-determination mean?

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- A) Direct Care Worker allows family to make care choices.
- B) Patient has the ability to make choices about his own life.
- C) Family allows Direct Care Worker to make care choices.
- D) Patient is unable to make choices and manage his life.

**Question 19 of 19**

Which is a developmental disability?

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- A) Multiple Sclerosis
- B) Alcoholism
- C) Dementia
- D) Lupus

Home Health Aide Sample Test Answer Key

<b>Question</b>	<b>Answer</b>
1.	D
2.	C
3.	B
4.	A
5.	B
6.	A
7.	D
8.	B
9.	C
10.	A
11.	D
12.	B
13.	C
14.	A
15.	C
16.	B
17.	D
18.	B
19.	A