

How to Use Whole Foods

Innovative ideas for using real, whole foods in delicious ways!

OLIVES

Olives are typically in season between October and February. They have various stages of ripeness that determine their taste and oil content and are particularly favorable to Arizona's desert climate!

Examples:



Greek Salad Wraps



Pita Flatbread



Moroccan Chicken



Mediterranean Bean
Salad



Greek Salad

TIP!

Take advantage of Try it Local! Consider using the Good Food Finder website to identify local producers of olives near you!