



Students Together Against Negative Decisions

# Native STAND 2.0

Native Students Together Against Negative Decisions 2.0 (Native STAND 2.0) is a comprehensive sexual health curriculum for Native high school students that focuses on life goals, communication, healthy relationships, sexually transmitted infections, HIV/AIDS, and teen pregnancy prevention, while also covering drug and alcohol misuse, suicide, and dating violence.

- **Age Group Designed For:** High School
- **2SLGBT+ inclusive:** Yes
- **Trauma Informed:** Yes
- **Program Setting:** Flexible
- **Duration:** 18 sessions (50 minutes each)
- **Cost to Purchase:** Free (plus cost of materials for class activities, roughly \$500)
- **Teacher Training or Certification Required:** No
- Updated content for medical accuracy
- Updated teaching methods and formats

## Unit 1: Learning About Ourselves & Each Other

## Unit 2: Our Cultures, Diversities, & Futures

## Unit 3: Our Relationships & Goals

## Unit 4: Reproductive Health Risk Reduction Strategies

## Unit 5: Sexual Health Risks & Protection

## Unit 6: Self-Care & Community Care

## Unit Breakdown:

1. Welcome & Introduction
2. Team Building
3. Acting Out
4. Culture & Tradition
5. Honoring Diversity & Respecting Differences
6. Our Values
7. Healthy Relationships - Part 1
8. Healthy Relationships - Part 2
9. Goal Setting
10. Sexual & Reproductive Health - Part 1
11. Reproductive Health - Part 2
12. Safe Snagging
13. Condoms & Contraception
14. Sexually Transmitted Infections (STIs)
15. HIV / AIDS
16. Taking Care of the Whole Person
17. Drugs & Alcohol
18. STAND Together