



WE R NATIVE

An Evidence Informed Adolescent Health Program
for American Indian and Alaskan Native Youth (13-18 Years Old)

The We R Native Curriculum is a comprehensive program for American Indian and Alaskan Native Youth. This program engages youth in learning more about a range of health topics that impact their wellbeing, while also learning important media literacy skills and exploring culturally relevant content.

Program Components

The We R Native program has several key components that can be utilized to support implementation in a variety of ways:



The program uses multi-media approaches and technology to help youth learn important information about Alcohol and Drugs, Sexual Health, Healthy Relationships, Consent and Personal Limit Setting, Suicide and Bullying. The We R Native website has information that youth can engage with as they learn about the topics in the 10 Session Curriculum. The Text Messaging line can help reinforce learning for students throughout the year. The curriculum also incorporates sessions for planning a service-learning project, which encourages youth to identify ways to strengthen their communities and apply their learning. Grants are available to support the service-learning projects. Youth around the country participate in the We R Native Ambassador Program to take their leadership to the next level and make a positive difference in their own communities.

We R Native Curriculum Outline

Unit 1: Introducing WRN Program & Website <ul style="list-style-type: none">We R Native IntroductionMedia Literacy: Is WRN a Reliable Resource?	Unit 2: I Strengthen My Nation <ul style="list-style-type: none">Drugs and Alcohol Research and ReportAsk Auntie (Asking for Help & Alcohol and Drug Prevention)	Unit 3: Native VOICES <ul style="list-style-type: none">Native VOICES Video (Sexual Health & Relationships)Healthy Relationships, Personal Rules, and Consent	Unit 4: We Are Connected <ul style="list-style-type: none">We Need You Here (Suicide Prevention)Stand Up. Stand Strong. (Bullying Prevention)	Unit 5: Make a Difference <ul style="list-style-type: none">Make a Difference in Your CommunityMake a Plan for Your Community
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Program Evaluation

The We R Native curriculum is currently undergoing evaluation as part of the Inter-Tribal Council of Michigan's Tribal PREP grant. Results from this evaluation are expected in 2020.

Program Implementation

A toolkit of resources are available to support organizations implementing the We R Native Program:

- [We R Native Website](#)
- [We R Native Teachers Guide](#)
- 3-Day Facilitator Training and Ongoing Technical Assistance
- [Fidelity Monitoring Guide](#)
- [Printable Student Handouts](#)
- [Healthy Native Youth Community of Practice](#)

For more information, please contact the Northwest Portland Indian Health Board:

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