

SUICIDE PREVENTION PROGRAM (SPP)

ADE - Office of Indian Education
ADHS Program Updates - 10.16.23



ARIZONA DEPARTMENT
OF HEALTH SERVICES

PREVENTION SERVICES

ADHS - Office of Injury and Violence Prevention

Overdose and Suicide
Epidemiologist -
Mercedeh Reamer

Other Epidemiological
Support -
Tessa Saturday

State Opioid
Response -
Ariel Tarango

Overdose Data 2
Action (OD2A) -
Ronald Beard

Suicide Mortality
Review -
Kindra Nelson

Suicide Prevention -
Joshua Stegemeyer

**State Opioid
Response**

Sexual/Domestic
Violence -
Mary Egesa

**Suicide Prevention
Program**

Office Chief -
Maritza Valenzuela

Injury Prevention -
Yomaira Diaz

Arizona Health Improvement Plan 2021 - 2025

Arizona Health Improvement Plan



Improve Awareness of and Address the Impact of Social Isolation and Loneliness on Health

- Launching a public campaign that raises awareness of the normalcy of isolation, and ways to combat it.
- Designing/implementing community-based pilot initiatives in underserved regions, including virtual networking at the local levels.



Arizona Health Improvement Plan 2021 - 2025

- **Indigenous Peoples' Suicide Prevention workgroup**
 - Partnering with Healthy Native Youth to create a technical assistance package for tribal and urban American Indian and Alaska Native youth around sexual assault and suicide prevention
 - Partnership with either ITCA or NPAIHB Tribal Epidemiology Centers for evaluation/data
 - Will be soliciting for native/native youth feedback
- **K-12 and Higher Education Postvention Resource**
 - Approaching 1st Rough Draft - hope to be complete and ready for revisions by Christmas
 - Will be circulating among indigenous educators/BIE/SME for feedback
- **School ID Card standardization initiative**
 - Collected youth input from 2 guest speakers and a focus group
 - Are currently soliciting for native/native youth feedback
- **Hope Conference (19-20 October)**
- **AFSP Out of the Darkness Walk (21 October)** - Salt River Fields, walk with Phoenix Indian Center!



For More Information

azdhs.gov/suicide

azdhs.gov/988

ARIZONA DEPARTMENT OF HEALTH SERVICES

OFFICE OF INJURY AND VIOLENCE PREVENTION

Joshua W. Stegemeyer

Suicide Prevention Program Manager

150 North 18th Avenue, Suite 310, Phoenix, AZ 85007

Mobile 602-853-2752

Email Joshua.Stegemeyer@azdhs.gov

Health and Wellness for all Arizonans



ARIZONA DEPARTMENT
OF HEALTH SERVICES
PREVENTION SERVICES