

## LET'S REFRESH YOUR BODY AND MIND!

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## **WEBINAR OFFERINGS**

<u>Teaching The 5 Components of</u>
<u>Health-Related Fitness through</u>
<u>Jigsaw Learning</u>

Thursday, September 28th 4pm - 5:15pm

1.25 credit



## Level up Your Game In PE

Monday, October 2nd 4pm-5:00pm

1 credit



Achieving Academic Success

Through

Collaborative Strategies

Thursday, October 19th 4pm - 5:15pm

1.25 credit

