

How to Use Whole Foods

Innovative ideas for using real, whole foods in delicious ways!

Yellow Corn

Yellow corn is a variety of sweet corn. It is vibrant in color and has a distinct sweet and succulent flavor. In Arizona, yellow corn is in season over the summer from May to July.

Examples:



Alhambra Elote

Recipe from an AZ operator!



Corn & Edamame Salad



Fiesta Corn Squares



Black-Eyed Pea &
Corn Stew



Fiesta Lime Corn