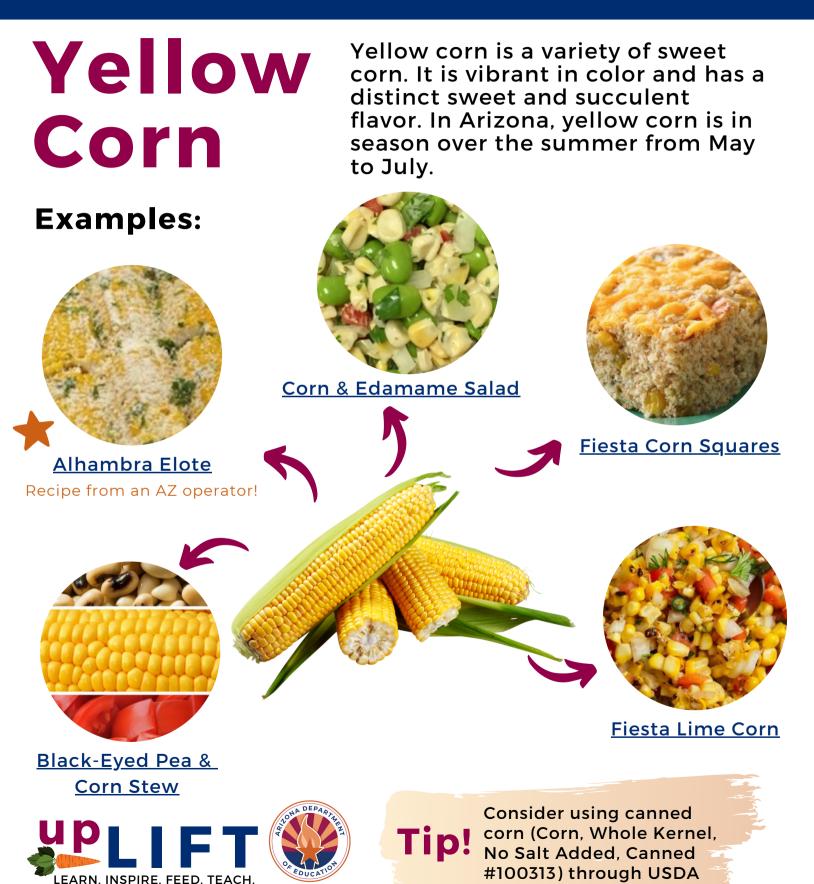
## How to Use Whole Foods

Innovative ideas for using real, whole foods in delicious ways!



Foods!

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