

Introduction to Adult Resilience

March 1st, 2023, 3pm

Virtual Waiting Room



The background features a large, faint graphic of three stylized human figures in red, blue, and yellow, each with arms raised in a 'V' shape. Above them is a large, faint grey star. At the bottom, there are several light blue, curved, overlapping shapes that resemble a stylized open book or a series of waves.

Introduction to Adult Resilience

Devereux, Build Your Bounce: Promoting Adult Resilience
March 1, 2023

Outline for Introduction to Adult Resilience

Reminders



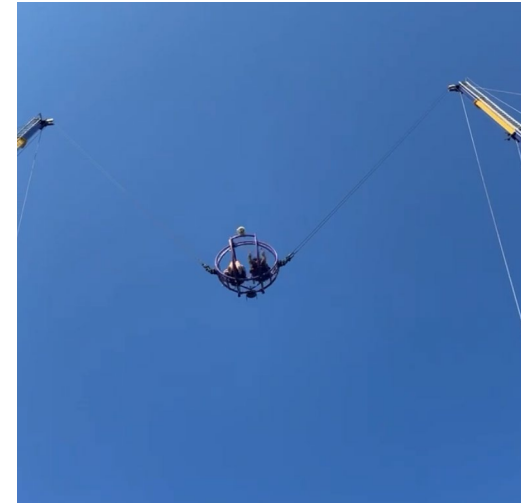
- **Welcome & Introductions**
- **Overview of Devereux Advanced Behavioral Health & Center for Resilient Children**
- **Overview of Build your Bounce Workshop Series**
- **Webinar- Simple Strategies for a Resilient YOU!**
 - **Facilitated by Dr. Nefertiti Poyner**
- **Timeline- Build your Bounce Workshop Series**
- **Questions & Answers**



• Welcome & Introductions

ADE Early Childhood Education Team

Lourdes Johnson-High Quality Early Learning (HQEL) Program Manager



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Devereux Advanced Behavioral Health- Center for Resilient Children

Devereux Advanced Behavioral Health



UNLOCKING
HUMAN POTENTIAL™

Devereux Advanced Behavioral Health has been guided by a simple and enduring mission: **To change lives by unlocking and nurturing human potential for people living with emotional, behavioral or cognitive differences.**

The Center for Resilient Children



The mission of the Devereux Center for Resilient Children is to promote social and emotional development, foster resilience, and build skills for school and life success in children birth through preschool, as well as to promote the resilience of the adults who care for them.

Learn more at www.centerforresilientchildren.org

The background features a light blue gradient. In the center, there are three stylized human figures in pink, light blue, and yellow, each with arms raised in a 'V' shape. Above them is a large, faint grey star. At the bottom, there are several light blue curved lines that resemble a stylized open book or a rising sun.

Build Your Bounce: Promoting Adult Resilience Workshop Series

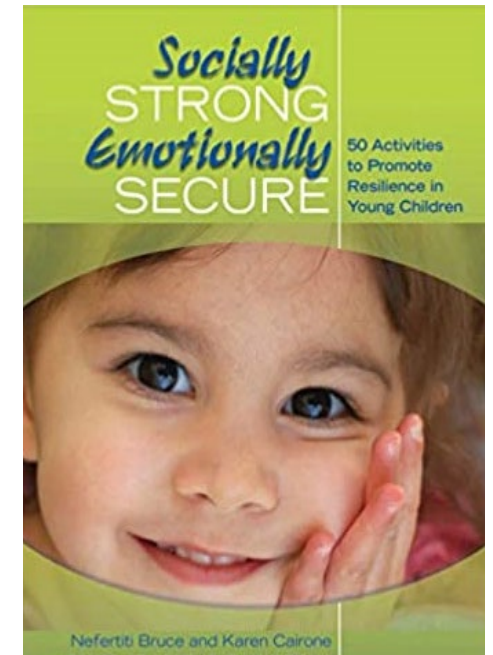
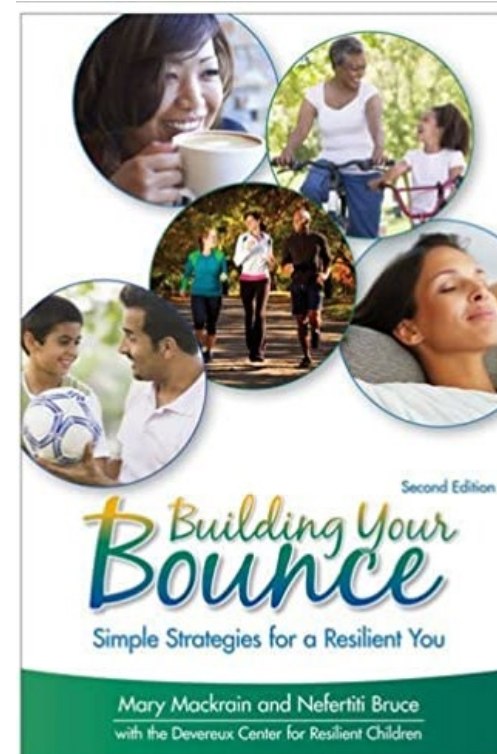
The WHY?

The critical connection between children's resilience and the health and wellness of the adults in those children's lives cannot be underestimated.



Build Your Bounce: Promoting Adult Resilience Workshop

Dr. Nefertiti Poyner, Ed. D. Early Childhood Specialist & National Trainer



Build Your Bounce: Simple Strategies for a Resilient You

Facilitated by Dr. Nefertiti Poyner

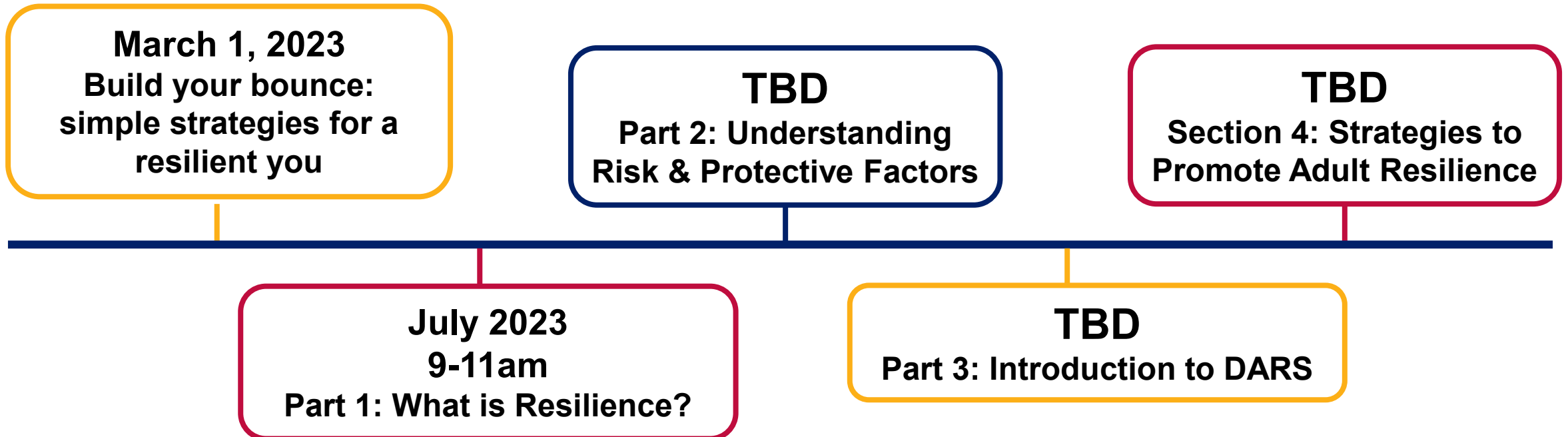


• Timeline

Build Your Bounce: Promoting Adult Resilience Workshop Series



- ❑ Divided into 4 sections (In-depth)- facilitated by Lourdes Johnson
 - ❑ Courses will be added to APLD
 - Part 1- What is Resilience-July 2023
 - Part 2- Understanding Risk & Protective Factors- TBD
 - Part 3- Introduction to DARS- TBD
 - Part 4- Strategies to Promote Adult Resilience- TBD



Questions

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www.azed.gov/ece/professional-learning