How to Use Whole Foods

Innovative ideas for using real, whole foods in delicious ways!

Romaine Lettuce

Romaine lettuce is known to be in season all year-long with a peak season during the winter. Most commonly consumed raw, romaine can also be cooked and used in several dishes!





Tip!

Consider using whole head romaine (#16P33 FR ROMAINE US#1, 24 CT) or romaine salad blend (#15D40 SALAD MIX ROMAINE BLEND) from DoD Fresh.

Salad Shakers

Chef's Salad