



# BCBSAz - Health Choice Tribal Program

Arizona Department of Education  
Policy & Program Updates for Indigenous Stakeholders  
September 19, 2022

# Loloma



Holly Figueroa

Hopi/Ohkay Owingeh

Sipaulovi Village

Sun Clan

Pronouns She/Her

Tribal Liaison, BCBSAZ –  
Health Choice

# Health Choice

*Health Choice honors and respects the sovereignty of all the Tribal Nations and their diverse cultures in the service areas and throughout the State of Arizona.*

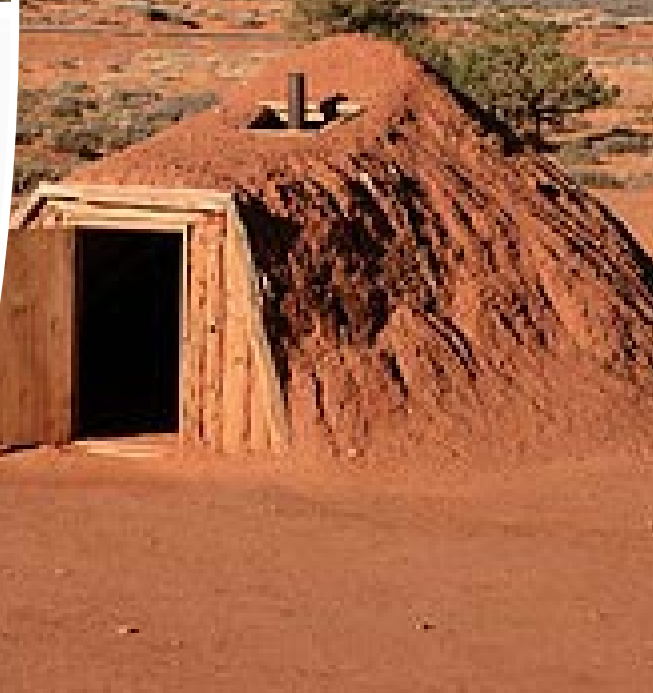
# Health Choice Tribal Program

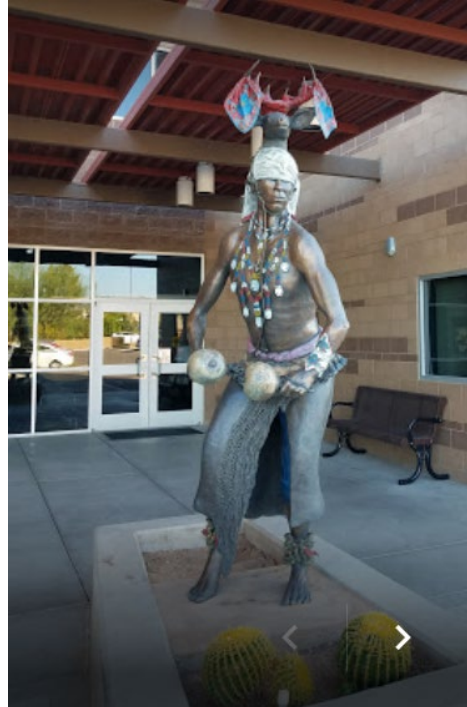
Health Choice, AHCCCS, ADHS and Tribes in the State of Arizona share the common goals of decreasing health disparities and maximizing access to physical and behavioral health services. In order to achieve this goal, it is essential that all entities engage in open, continuous, and meaningful consultation.

Our view is that true consultation consists of ongoing information exchange and mutual understanding which leads to informed decision-making.

# Northern Arizona Tribes

- Kaibab Paiute
- Havasupai
- Hualapai
- Navajo Nation (TRBHA)
- Hopi/Tewa
- Fort Mojave Indian Tribe
- San Juan Southern Paiute
- Yavapai Apache Nation
- Yavapai Prescott Indian Tribe
- Tonto Apache\*
- White Mountain Apache (TRBHA)
- Zuni





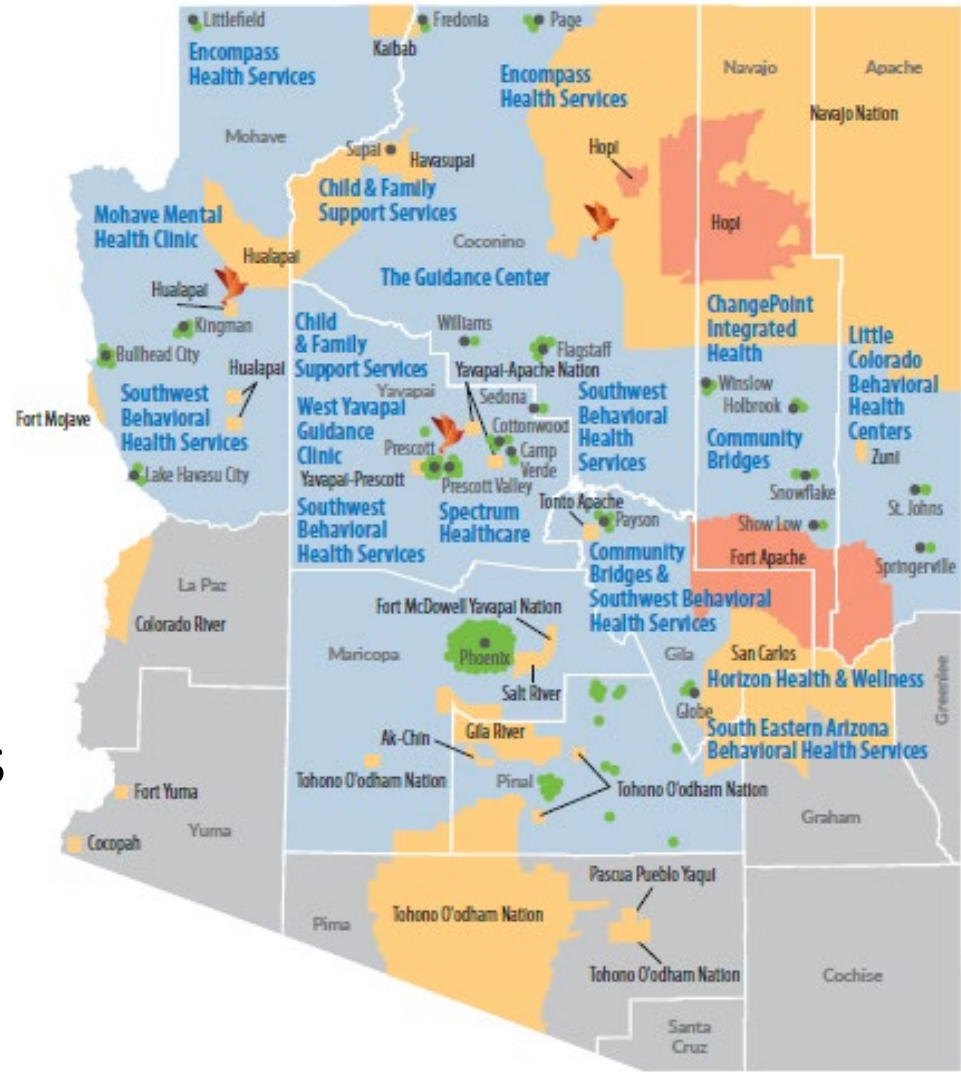
## Central Arizona Tribes



- Ft. McDowell Yavapai Nation
- Ak-Chin Indian Community
- Pascua Yaqui (Guadalupe) (TRBHA)
- Tohono O'odham Nation
- Salt River Pima Maricopa Indian Community

# Health Choice

Health Choice is an integrated care plan option in the Central and Northern Region of Arizona that offers behavioral health and physical health services

Over 16,000 Tribal members enrolled with Health Choice



-  Health Choice Health Homes
-  Terros mobile crisis provider



Health Choice



Health Choice

# Who Do We Serve?

- Regional Behavioral Health Authority (RBHA)  
Northern Region – *Through September 30, 2022*
  - Individuals who may be experiencing a behavioral health crisis
  - Individuals with a Seriously Mentally Ill (SMI) designation
- AHCCCS Arizona Complete Care Plan (ACC) Northern & Central Region
  - Individuals who are enroll with Health Choice – ACC
    - Both Physical Health & Behavioral Health



# What Services Do We Provide?

- Case Management
- Healthy Tips for Adults and Families
- Maternal and Newborn Health
- Children's Health
- Adult Health
- Emergency Care
- Family Planning
- Dental Health Services
- Behavioral Health
- Additional Health and Wellness Resources



# Health Choice AZ Tribal Initiatives

Memorandum of Understandings

Crisis Services

Nation Building

Tribal  
Community  
Outreach

Traditional  
Healing

Prevention

Training &  
Education

Joint Protocols

Telepsychiatry

Care  
Coordination

Involuntary  
Commitment  
Policy & Protocol

IHS/638 Program  
Coordination &  
Collaboration

Community Re-  
Entry Program &  
Protocol

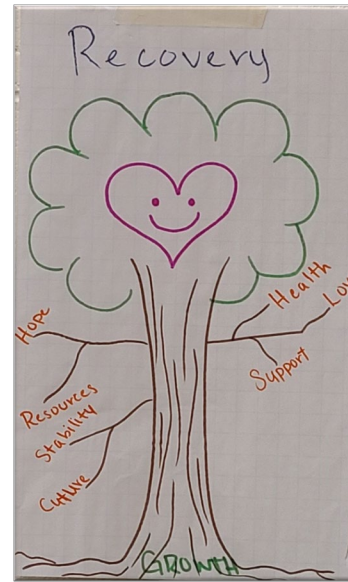
# Highlights

- Crisis Response to Tribal Communities
- 1<sup>st</sup> Annual Tribal 2SLGBTQ Health Conference
- Agreements with Tribal Nations
- Care Coordination for Tribal Youth
- Working with Tribal Jails
- Tribal Autism Collaborative Work
- Increasing Community Outreach



# Updates

- Training & Education
  - Mental Health First Aid
  - Trauma Informed Care
  - 2SLGBTQ
  - Tribal Veteran
  - Tribal Opioid Training
  - Tribal Sensitivity Trainings
- Tribal Collaborations
  - Tribal Health Program Meetings
  - Tribal Council Meetings
  - Tribal Care Coordination Meetings
  - Technical Assistance



# Tribal Program Updates

- Veteran Efforts
- Criminal Justice
  - Reach In Program
  - COE & COT Trainings
- Clinical Care Coordination
- Project ECHO
  - Opioid
  - First Episode Psychosis
- Continued Participation on the Arizona Broadband Action Team
  - Advocating to Broadband connectivity
  - Jeff Sobatka would like to work with tribal communities to address this issue



# Strengthening What We Do

- Culture
- Respect
- Tribal Sovereignty
- Language
- Build Trust
- Conduct stigma awareness training
- Educate providers and stakeholders on cultural norms
- Utilize Trauma Informed Approaches
- Increase your awareness of Tribal Issues & Topics
  - Tribal justice system
  - Tribal infrastructure
  - Mental health
  - Physical health

# Asquali Thank You

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<https://www.healthchoiceaz.com/providers/tribal-program/>

**Crisis Line: 1-877-756-4090**

**Member Services: 1-800-322-8670**

**24/7 Nurse Advise Line:**

**1-855-458-0622**

