



Academic Standards

Physical Education June 2022

What's your summer plans?

Coming out of a big month like May where we celebrated the **50th anniversary of Title IX, Mental Health Awareness Month, and Move In May,**

(Click on any of the titles above to read more) plus all your end of the year teaching activities, I'm sure you are all ready for summer. While enjoying your summer break don't forget about sun safety, proper clothing attire, sunblock, sun glasses, a hat and WATER! Please remember to stay hydrated. Sometimes us adults forget to practice what we preach in our classrooms.

June 1st is National Global Running Day, join the free virtual race and get your summer started by being active. [Click here](#) for more information.

Summer is the time to reflect on the past school year and think about the positive changes you would like to make for the following year. So, after