



Physical Education News Resources and More

Welcome to the 1st edition of the Physical Education newsletter from **K-12 Academic Standards**

Welcome to the 1st edition of the Physical Education newsletter from [.K-12 Academic Standards](#). Below you will find information on the new **Physical Education Data Dashboard**. We are the first state in the country to have a physical education dashboard and we can now see who has access and is enrolled in Physical Education in Arizona. You will also find PD opportunities and legislation on the recess bill. Click on the links to access all the full features of this newsletter and don't forget to [update your contact](#) information in order to receive all the latest and greatest of Physical Education news.



The Physical Education Data Project

The Physical Education Data Project is a report by the Arizona Department of Education that offers insights into physical education course access and participation rates in Arizona schools. The Dashboard allows users to explore the state's physical education data, exploring statewide geographic comparisons, county-/district-/school-level reporting, enrollment information, and trends in enrollment over time.

Explore the [Online Interactive Dashboard](#) to learn more about who has access and who enrolls in physical education courses in Arizona Schools. General Instructions and Information About the Physical Education Data Dashboard can be found on the Instructions and Info page of the Dashboard.

The dashboard also includes granular detail of physical education enrollment by demographic, including ELL, Free and Reduced Lunch Percentage, Gender, Race/Ethnicity, and Special Education populations.

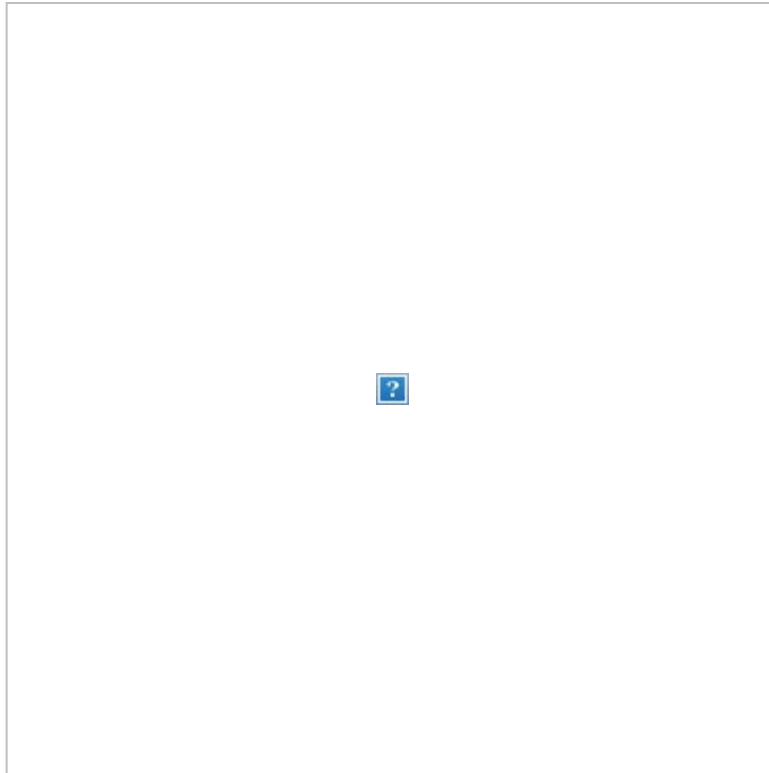
Prepared by Quadrant Research, the Physical Education Data Project includes school enrollment data that has been self-reported by schools across the state, both traditional public and charter schools, for grades PK-12. Self-reported data is compared with the annual October 1 Data Collection to ensure accuracy of reporting for the 2018-2019, 2019-2020, and 2020-2021 school years.

Physical Education Report

[Arizona 2020/2021 Physical Education Report](#) - The Arizona Department of Education captures enrollment by grade level for physical education courses delivered in traditional public and charter schools. Arizona requires that at least one physical education course be offered per grade for grades K-8. This summary provides a top-line view of the data analyses.

* Please note: The data used for the Arizona Physical Education Data Project were self-reported by Districts and LEAs and, therefore, may not reflect a complete account of student enrollment or access.

Did you know that March is National Nutrition Month? [Click here to find out more](#)



Recess Law!

Understanding Recess Bill SB1083

On April 4, 2018, [Senate Bill 1083](#) was signed into law. The law requires all schools that have grades K-5 provide two recess periods per school day. Per the law, recess is defined as “a period of time during the regular school day, including time before or after a scheduled lunch period, during which a pupil is able to engage in physical activity or social interaction with other pupils”.

[Click here for Recess Resources](#)

Professional Development

Upcoming PD opportunities: click on the title to register

1. [The How and Why of Assessment in Physical Education: Creating a Culture of Thinking and Learning - March 10, 2022 3:45-4:45](#)

2. [The How and Why of Assessment in Physical Education: Creating a Culture of Thinking and Learning - March 31, 2022 3:45-4:45](#)



Academic Standards-AZ PE Standards Team

1535 E Jefferson, Phoenix, AZ

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