



Neurosequential Model in Therapeutics

The Neurosequential Model of Therapeutics (NMT) is a developmentally informed, biologically respectful approach to working with at-risk children and is a way to organize a child's history and current functioning. The goal of this approach is to structure assessment of a child, the articulation of the primary problems, the identification of key strengths, and the application of interventions (educational, enrichment, and therapeutic) in a way that will help families, educators, therapists, and related professionals best meet the needs of the child. This training is for master's-degree-level school social workers, school counselors, or school psychologists.

NMT training consists of:

1. 15-hour NMT Case-based Training Series:
 - a. Ten 90-minute sessions with discussion of clinical cases through NMT lens
2. Full day "Boot Camp" training in June 2022
3. 10-module curriculum—130 total hours: Completion over 15 months
 - a. June–August: 12–14 hours/month
 - b. September–May: 6–7 hours/month

Each module includes completion of the following elements:

1. Book Study:
 - a. *What Happened to You?* by Dr. Bruce Perry and Oprah Winfrey
 - b. *The Boy Who Was Raised as a Dog* by Dr. Bruce Perry and Maia Szalavitz
2. Completion of additional video content on CTA YouTube channel
3. Completion of Core NMT Training Sessions: Thirteen 90-minute recorded, case-based webinars
4. Completion of full NMT Case-based Training Series: Ten 90-minute recorded webinars
5. Completion of at least 10 metric reports using NMT Clinical Practice Tools
6. Completion of monthly calls focused on metric report scoring issues and questions
7. Participation in monthly online study group meeting to review learning
8. Access to body of support resources and optional reading library