



## CACFP Cold Entrée Ideas

Variety is possible! CACFP sites can create unique menus without stovetops, ovens, or a full-time cook! This list includes cold entrée ideas for lunch and dinner. Simply add sides and milk to each entrée as needed. Let's get creative!

### **BBQ Chicken Salad Croissant**

Croissant (G), combine Canned Chicken (M) with BBQ sauce (E). Tomato/Lettuce/Celery (V).

### **Avocado & Egg Rollup**

Whole Grain Tortilla (G), Hard Boiled Egg (M), Mustard (Extra). Avocado/Tomato/Cucumber (V).

### **Turkey, Hummus & Naan**

Turkey Slices (M) rolled up, served next to Naan Bread (G), with a side of Cucumbers (V) and Hummus (E) for dipping!

### **Chipotle Turkey Pinwheels**

Tortilla (G) spread with mild chipotle Mayo, sliced Turkey (M), sundried Tomatoes, and Spinach (V). Roll and slice into wheels!

### **Taco Salad Bowl**

Canned Chicken (M) and Beans (V) drained and mixed with Taco seasonings, in a bowl with Lettuce/Tomato (V), Tortilla Chips (G) crumbled on top. Top with Cheese, Sour Cream, or green Onions (E).

### **Three Bean Chicken Salad Wrap**

Garbanzo/Kidney/Northern Beans (V) with canned Chicken (M), diced Cucumber, Tomato, and Pepper (V). Mix with Oil and seasoning. Serve with Tortilla Chips or Dinner Rolls (G).

### **White Bean & Tuna Pocket**

Drain and season white Beans (V) and Tuna (M). Add diced Tomatoes, shredded Carrots, and Edamame (V) and add mixture to Pita Pocket (G).

### **Pesto, Tomato, Mozzarella Ciabatta**

Soft Ciabatta Rolls (G), filled with Mozzarella (M), Spinach Leaves/Tomato (V), and Pesto spread (E). Cut into triangles!

### **Ham and Cheddar Sliders**

Mini Dinner Rolls (G), Sliced Honey Ham + Cheddar (M), with Mustard or Spread (E).

### **Turkey Cranberry Rolls**

Dinner Rolls (G) filled with sliced Turkey (M), whole Cranberry sauce (F), and Dijon mustard (E).

### **Apple Crunch Rollup**

Spread Peanut Butter (½ M), on a Tortilla (G). Top with thinly sliced red and green Apples (F). Top with Raisins and Granola (E).

### **Egg Salad Bagel Sandwich**

Top a Bagel (G) with Hard Boiled Egg (M) chopped and mixed with Mayo, Mustard, Celery, and seasoning (E).

**G: Grain M: Meat/Alt. V: Vegetable F: Fruit E: Extra**

### **MIX IT UP**

Include Meat variety by selecting Beans, Meats, Eggs, and Cheese + grain variety with wraps, rolls, and Pita Bread!

### **FLAVOR**

Buy or prepare different seasoning, sauces, and spreads, like Hummus or chipotle Mayo to spice things up!

### **SEASONAL**

Swap out the BBQ Chicken Salad Croissant for Turkey Cranberry Rolls in Fall or change sauces seasonally!