

# Top Five Tips for...

## Providing Nutrition Education and Promotion during COVID-19

from...



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- 1 Start small**  
Start with a small pilot when introducing new ideas and then expand from there if successful.
- 2 Find support in administration**  
Identify individuals in administration that are supportive of your ideas to help support your efforts.
- 3 Form partnerships**  
Partner with others that are eager to get involved and can assist with your efforts.
- 4 Seek grants and additional funding**  
Look for grants and other funding opportunities that can provide you with additional financial support for your efforts.
- 5 Be creative**  
Think creatively and be open to any innovative opportunities that come your way.