

Top Five Tips for...

Increasing Access to Nutritious Meals

from...



Lindsay Aguilar, RD, SNS
Director, Food Services Department
Tucson Unified School District

1

Assess your capacity

Identify your volume capacity, staffing needs, and storage capacity.

2

Plan to group items that are alike

Assemble and distribute by like items (i.e. dry with dry, frozen with frozen, refrigerated with refrigerated).

3

Utilize technology for communication

Use an online registration for parents and send weekly email reminders.

4

Market and promote your programs

Continuously use marketing and promotion to spread the word about your programs.

5

Collect feedback

Use parent surveys to gather feedback and input that you can use to better meet the needs of your customers.