

Blueprint for Instruction and Assessment

Therapeutic Massage

51.3501.00



Domain	Related Standards	Instructional Time
Domain 1 Clinical Skills	STANDARD 6.0 PERFORM SWEDISH MASSAGE STANDARD 7.0 PERFORM THERMOTHERAPY STANDARD 8.0 PERFORM SPORTS MASSAGE STANDARD 9.0 PERFORM DEEP TISSUE MASSAGE STANDARD 11.0 DEMONSTRATE THE APPLICATION OF SPECIAL MASSAGE TECHNIQUES TO SPECIFIC POPULATIONS	45-50%
Domain 2 Anatomy, Physiology, and Pathologies	STANDARD 1.0 RECOGNIZE THE STRUCTURE AND FUNCTION OF THE HUMAN BODY SYSTEMS STANDARD 2.0 EVALUATE THE PATHOLOGY TO ENSURE CLIENT SAFETY	30-35%
Domain 3 Professional Practices	STANDARD 3.0 APPLY BUSINESS PRACTICES AND DOCUMENTATION STANDARD 4.0 DEMONSTRATE APPROPRIATE SAFETY AND HYGIENE PRACTICES STANDARD 5.0 EXAMINE THE LEGAL AND ETHICAL STANDARDS OF THERAPEUTIC MASSAGE	15-20%
Domain 4 Eastern Modalities	STANDARD 10.0 RECOGNIZE EASTERN MODALITIES AT AN INTRODUCTORY LEVEL	5-10%

Content domains are bodies of knowledge, skills, or abilities to be taught and assessed. They illustrate the relationship among technical standards, instructional time, and student success on the Technical Skills Assessment. This blueprint corresponds with the technical standards endorsed on January 25, 2018.

