

# Top Five Tips for...

## Offering Nutritious Garden Bars with a Variety of Fresh Fruits and Vegetables

from...



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- 1 Work with the principals at your schools**  
Work with your principals and help them understand how it can be accomplished in a safe manner.
- 2 Train your students**  
Put the work in with the kids teaching them the importance of touching only what they will take.
- 3 Find partners**  
Partner with your principals, kitchen crews/staff, and vendors.
- 4 Utilize your USDA Foods Entitlement**  
Use fresh fruits and vegetables through USDA Foods DoD Fresh, canned and frozen produce from USDA Foods, and order non-food items from your vendor.
- 5 Keep it colorful!**  
Use a large variety of colorful fruits and vegetables to keep your garden bars attractive and appealing.