





8th year teaching for the Phoenix Union High School District (PXU); Alhambra High School

Currently Teaching Physical Education (also taught Anatomy & Physiology, Biology, & Health)

Currently Varsity Girls Soccer Head Coach (also coached Varsity Tennis, JV Boys Soccer, & Freshman Football)

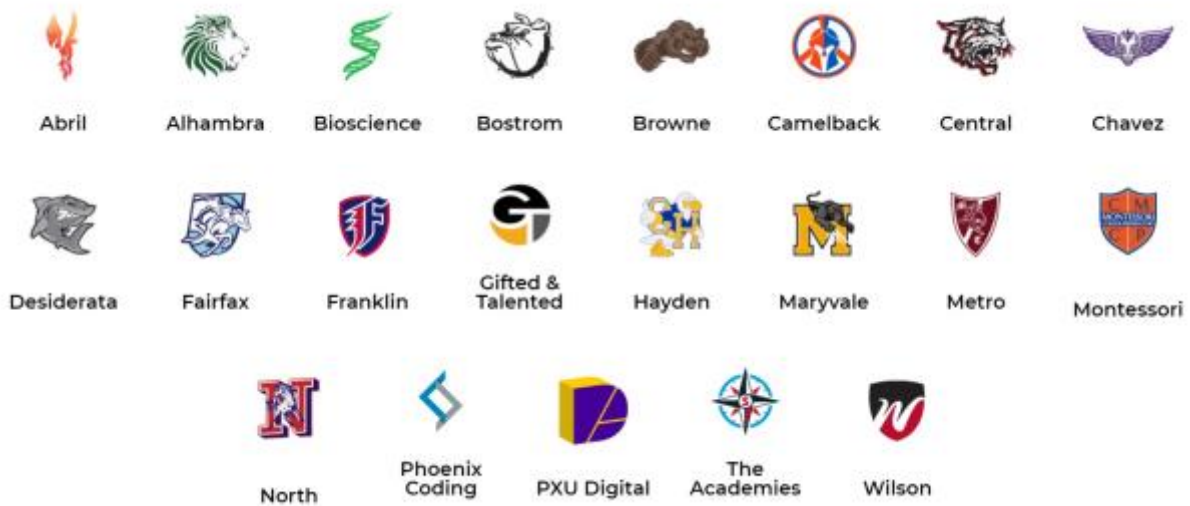
Undergrad: Weber State University, 2005; Masters: Grand Canyon University, 2013

Married for 7 years; 3 children (Maddox (6), Malone (3), Quenton (9 mo.)

Phoenix Native, Graduated from Deer Valley High School, 2001

3 sport athlete - Football, Basketball, and Track (earned a college scholarship to play Football)

2020 at PXU



Changes within the District:

Block Scheduling (90 minute classes)

Smaller Class Sizes (Classes capped at 25 students)

100% Virtual Learning (3 hours of Hybrid Learning for a limited amount of students)

Changes within our Content Area:

Elevated use of Technology

Live Weekly Workouts

More academics, less physical activity

Asynchronous/Synchronous Learning



1 - How does EDpuzzle work?

We unlock the power of videos through simple editing tools and dazzling student data. The process is simple - find a video, add questions and assign it to your class. Watch as they progress and hold them accountable on their learning journey.



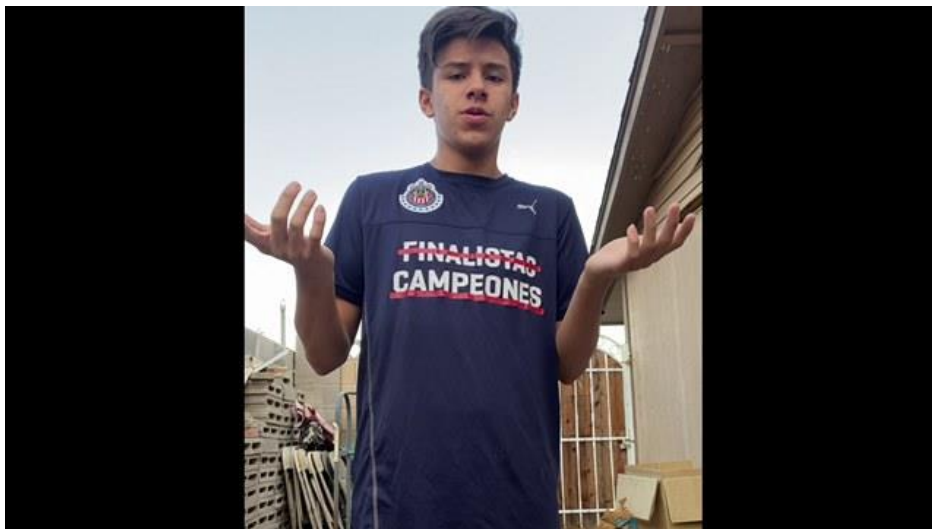
*2 - **Nearpod** enables instructors to limit distraction and multitasking during a lesson by broadcasting content and interactive learning activities/exercises to student devices in real-time.*



3 - **Flipgrid** is a website that allows teachers to create "grids" to facilitate video discussions. Each grid is like a message board where teachers can pose questions, called "topics," and their students can post video responses that appear in a tiled grid display.

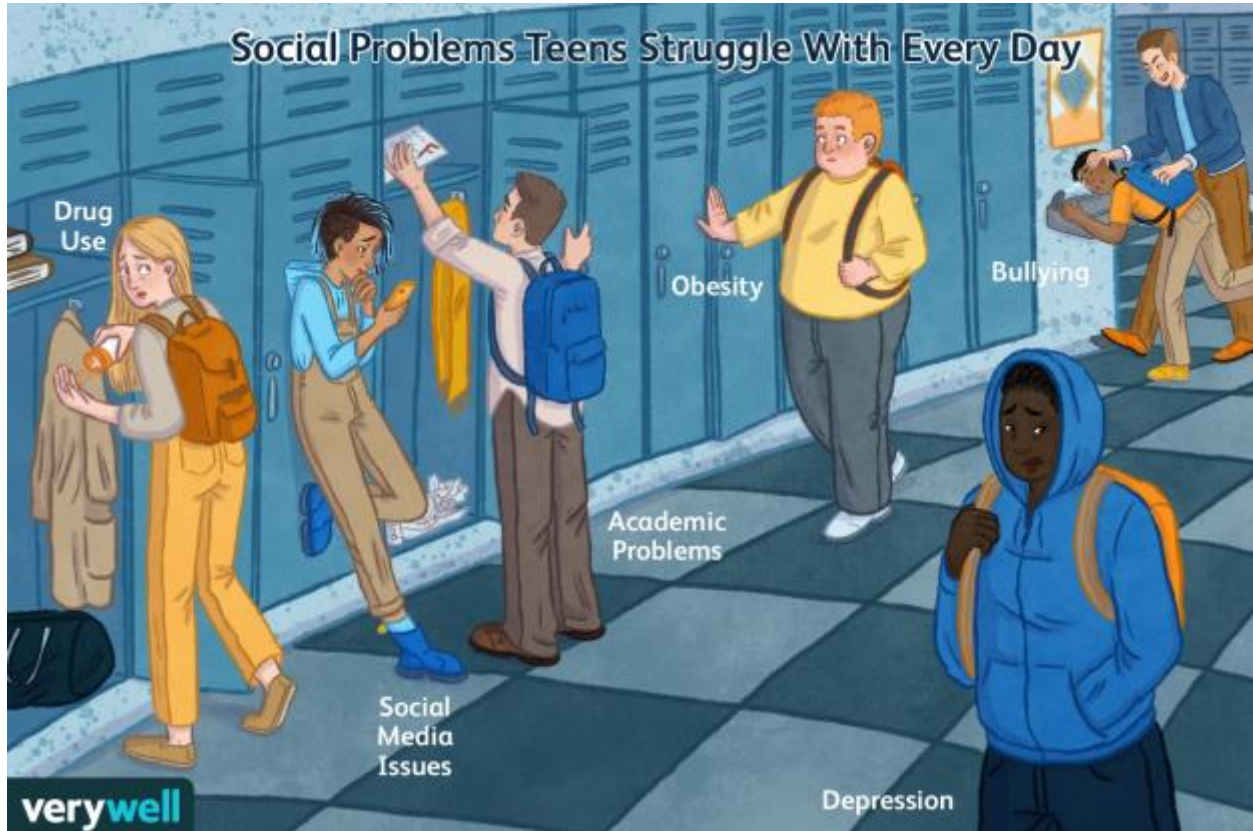


4 - **PLT4M** is a digital training solution built specifically for high schools. We help coaches and teachers coordinate and deliver training for their student-athletes seamlessly between different teams and classes in a way that boosts engagement, accountability, and results.



<https://sway.office.com/IsV6bwLeenDSFUnf#content=tkevYRkRKY0lyJ>

Obstacles of 2020



Issues we've been challenged with:

100% Virtual was fun to start, but the Honeymoon is ending quickly

Attendance is poor

Technology can be frustrating

Low Physical Fitness

Low Social Engagement

Heavy Screen Time

Nov 2020											
Notifications	Tue 3	Wed 4	Thu 5	Fri 6	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Mon 16	
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5 - Attendance Snapshot

On-Site Tuesdays		
Morning Synchronous Instruction/Check-In/Formal Attendance		
8:20 – 8:50 – Period 0		
9-9:30 – Period 1		
9:40-10:10 – Period 2		
10:20-10:50 – Period 4		
11:00 – 11:30 – Periods 5		
10:50-12:10 - LUNCH/PREP		
Opportunity A	Opportunity B	Clubs & Activities
On-Site Lab/Classroom Supplemental Instruction	Virtual Support & Intervention Advisory Time	In-person engagement with school community, social-emotional well-being of students, and communication with peers and adults at school
12:10 – 3:10	12:10-12:50 – Period 1 1:00-1:40 – Period 2 1:50-2:30 – Period 4 2:40-3:20 – Periods 0/5	between 3:10 - 5:00
Sign-ups and schedules to be determined by the campus and classroom teachers – Rotations are based on identified maximum number of students in each space.	OR Asynchronous Work 12:10-3:10 As more on-site opportunities are provided, these may be in person.	Follow CDC & AZ Department of Health Services Guidelines. Supervision will be the responsibility of the club sponsor/staff member.

6 - Sample Tuesday Schedule

Conquering 2020



Some Positive Results:

Interscholastic Sports

Weekly Wellness Calls

Synchronous & Asynchronous Teaching

Contact Info



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