



Arts & Physical Education Digital Summit Closing Session



“The impediment to
action advances action.
What stands in the way
becomes the way.”

– **Marcus Aurelius**

Introductions



Haley Honeman
Arts Education Specialist



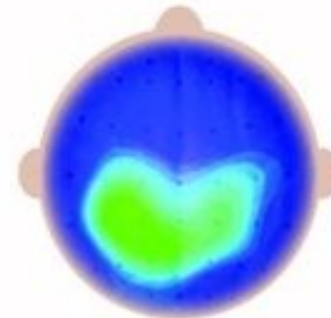
Keri Schoeff
**Safe, Healthy, Active
Students Specialist**

Arts & Physical Education Are Essential

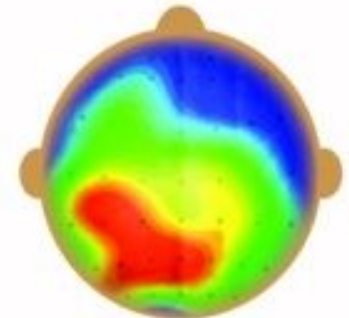


physically active kids have more active brains

BRAIN SCANS OF STUDENTS TAKING A TEST:



after 20 minutes of
sitting quietly

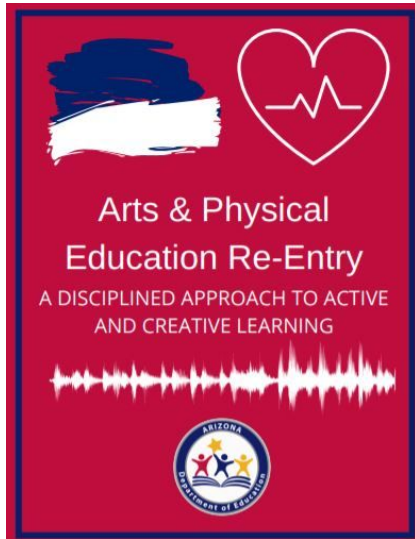


after 20 minutes of
walking

Red areas are very active; blue areas are least active.

A Disciplined Approach to Active & Creative Learning

Arts & Physical Education Re-Entry Guidelines



- Created in partnership with over 85 arts and physical education practitioners from across the state.
- Provides discipline specific re-entry, hybrid, and online considerations & resources.

Re-Entry Arts Highlights

5 Key Arts Re-entry considerations guided by Performing Arts COVID-19 Study (NFSHSA)

1. Mask Everything! performers, instruments, and teachers.
2. Materials Matter: 2 layers of dense fabric for instruments & well-fitting masks.
3. Maintain 6 feet of distance
4. Timing: 30 minute blocks, 5 minutes between outdoor, one air change between indoor
5. Proper hygiene & sanitation: materials, spaces, people.
6. Good ventilation & air change rate of the space makes a difference.



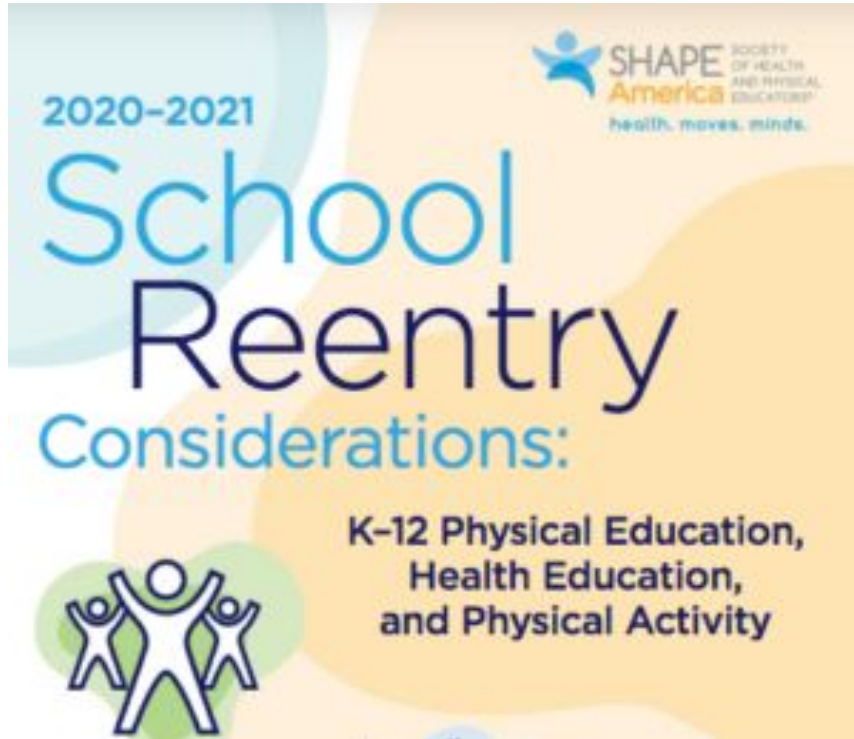
Distance Learning Arts Highlights

Resources for educators to continue to develop students' Artistic Literacy:

- NAFME COVID-19 Resources: <https://nafme.org/covid-19/>
- NAEA “Tips for Teaching Visual Arts and Design in a Distance Learning Environment”:
<https://www.arteducators.org/news/articles/687-preparing-for-school-year-2020-21>
- Educational Theatre Association Resources for Creating Online Learning: <https://learn.schooltheatre.org/teaching-acting-online>
- National Dance Education Organization “Teaching Dance Online”
https://www.ndeo.org/content.aspx?page_id=22&club_id=893257&module_id=395469



In-Person Physical Education Highlights



- Follow all local, state, and national health recommendations (masks, physical distancing, hand washing, etc.)
- Creating lessons that are equitable, inclusive and accessible for all students
- Creating lessons that focus on SEL, individual fitness activities
- Make plans for physical environment, hygiene, equipment safety and sanitation

Distance Learning Physical Education Highlights

There are also some great resources for physical educators to provide distance or online learning for their students, including:

- OPEN- Online Physical Education Network PE Now-
<https://openphysed.org/penow>
- Colorado DOE's Online Resources for Physical Education-
<https://www.cde.state.co.us/cophysicaleducation/onlineresources-pe>
- Washington OSPI Resources for Health and Physical Education-
<https://www.k12.wa.us/student-success/resources-subject-area/health-and-physical-education/health-and-physical-education-resources>
- We Are Teachers Virtual PE Resources-
<https://www.weareteachers.com/virtual-pe-classes/>



Round Table Advisory Committee for Arts Education

RTAC Meets Quarterly During the School Year



The Round Table Advisory Committee (RTAC) for Arts Education is a group that strives to advise ADE on the needs, concerns, and opportunities in our Arts Education community statewide.

Membership is open to all, including educators, administrators, community organizations, and more.

To Join:

<https://www.azed.gov/artseducation/rtac>

Physical Education Advisory Roundtable

PEAR

The PEAR meets quarterly to provide and receive guidance, resources, and support to Physical Education/Activity programs across the state and focuses its efforts on:

- Streamlining communication
- Uniting behind a shared voice and vision & then communicating that to our teachers, admin, parents, and students
- Identifying root causes and brainstorming solutions
- Advocating for the right of our students to receive effective physical education

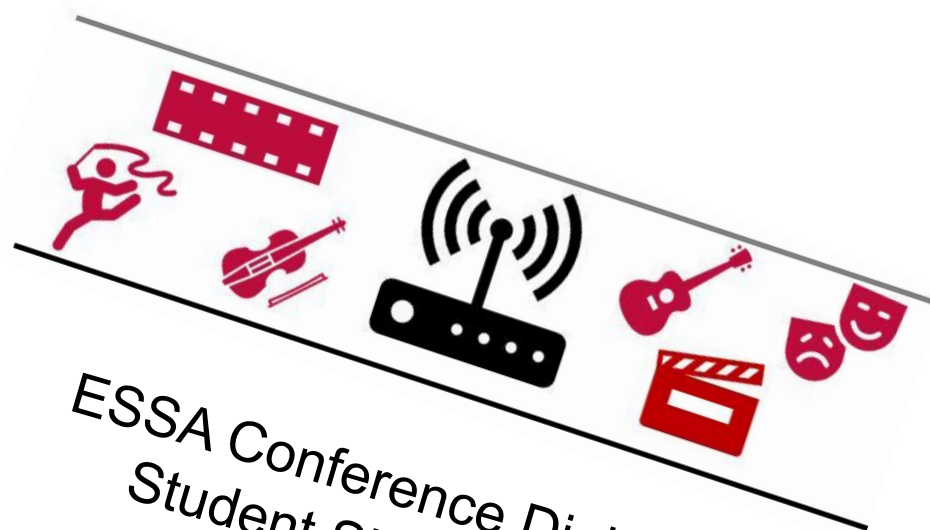
If you are interested in joining PEAR email keri.schoeff@azed.gov



Arts Education Opportunities



Youth Art Month



ESSA Conference Digital
Student Showcase

<https://www.azed.gov/artseducation/students>

Physical Education Opportunities



**2021 ESSA Conference Student
Physical Activity Video Submission**

<https://www.azed.gov/safeandhealthy/2021-essa-physical-activity-student-showcase-0>



Questions?



Survey

<https://tinyurl.com/artsandpedigitalsummit>

Thank you!