

# Who am I?

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# Topics for today...

- Challenges we are all facing
- How I am reaching my students with moderate to severe multiple disabilities
- Important things to remember
- Resources

# Challenges:

- Students do not have access to internet in their home
- Students do not log on (for whatever reason)
- Communication with parents
- Students with disabilities need assistance to log on and navigate the lesson
- IEP goals that are not accessible to students during remote learning
- Lack of equipment at home; not able to use equipment in schools

# Reaching students with disabilities

## ■ Recorded sessions

- *Curriculum focused*
- *Students can access on their own time*
- *Student/parent records data (google docs)*

## ■ Live 'Zoom' sessions

- *Students at home or on campus*
- *Include fitness, skills and games*

## ■ Face to face classes on campus

- *Curriculum focused*
- *With IA support*

# Important issues:

- Amendments to change how goals/objectives are written so it can be accomplished at home
- Documenting your attendance, interactions with parents and student engagement
- Provide parents with appropriate modifications and adaptations (socks rolled up for a ball; paper tower holder for a handle or racket, etc.).

# What is working...

- Creative, fun lessons
  - *The resources out there are endless (i.e., Twitter, Facebook (Adapted physical education specialist))*
- Teaching to all three domains – psychomotor, affective, and cognitive
- Great time to include SEL, health and nutrition concepts
- Providing parents with access to google docs or forms to for data collection

The base skills that make up the more complex movements and higher order level concepts for an individual to participate in leisure, sport, and activities of daily living.

### Psychomotor Skills

- Balance
- Visual Perception
- Range of Motion
- Body Coordination
- Weight Shifting
- Body Posture
- Object Control
- Body and Spatial Awareness
- Mobility

### Affective Skills

- Facial Expression
- Attention Span
- Social Interaction
- Displayed Behaviors
- Sensory Receptors

### Cognitive Skills

- Cause and Effect
- Prior Experiences
- Follows One-Step Directions
- Expressive Communication
- Receptive Communication

Weiner, 2015

# Some go to resources:

- <https://wheelofnames.com/>
- <https://www.online-stopwatch.com/>
- <https://www.youtube.com/>
- <https://app.gonoodle.com/>
- <https://www.youtube.com/user/GoNoodleGames>



# Collection of resources:

From Brad Weiner, 2013 National APE teacher of the year:

<https://www.myphysicaleducator.com/resources/home-activities>

My webpage:

<https://sites.google.com/mpsaz.org/houstons-ape-page/home?authuser=0>



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