Fruit & Vegetable Nutrition Education Toolkit

Arizona Department of Education

This institution is an equal opportunity provider.

Produce Items

Apple

Lesson Plan
Handout
Presentation

Artichoke

Lesson Plan
Handout
Presentation

Avocado

Lesson Plan
Handout
Presentation

Banana

Lesson Plan
Handout
Presentation

Blueberry

Lesson Plan
Handout
Presentation

Broccoli

Lesson Plan
Handout
Presentation

Grown in Arizona

Produce Items

Carrot

Lesson Plan
Handout
Presentation

Cauliflower

Lesson Plan
Handout
Presentation

Celery

Lesson Plan
Handout
Presentation

Cucumber

Lesson Plan
Handout
Presentation

Grape

Lesson Plan
Handout
Presentation

Grapefruit

Lesson Plan
Handout
Presentation

Grown in Arizona

Produce Items

Kiwi

Lesson Plan
Handout
Presentation

Mango

Lesson Plan
Handout
Presentation

Orange

Lesson Plan
Handout
Presentation

Peach

Lesson Plan
Handout
Presentation

Pineapple

Lesson Plan
Handout
Presentation

Pomegranate

Lesson Plan
Handout
Presentation

Grown in Arizona

Produce Items

Pumpkin

Lesson Plan
Handout
Presentation

Strawberry

Lesson Plan
Handout
Presentation

Sugar Snap Pea

Lesson Plan
Handout
Presentation

Sweet Potato

Lesson Plan
Handout
Presentation

Tomato

Lesson Plan
Handout
Presentation

Watermelon Radish

Lesson Plan
Handout
Presentation

Grown in Arizona