Fruit & Vegetable Nutrition Education Toolkit

Arizona Department of Education

This institution is an equal opportunity provider.
Produce Items

Apple
Lesson Plan
Handout
Presentation

Artichoke
Lesson Plan
Handout
Presentation

Avocado
Lesson Plan
Handout
Presentation

Banana
Lesson Plan
Handout
Presentation

Blueberry
Lesson Plan
Handout
Presentation

Broccoli
Lesson Plan
Handout
Presentation

Grown in Arizona
Produce Items

- Carrot
- Lesson Plan
- Handout
- Presentation

- Cauliflower
- Lesson Plan
- Handout
- Presentation

- Celery
- Lesson Plan
- Handout
- Presentation

- Cucumber
- Lesson Plan
- Handout
- Presentation

- Grape
- Lesson Plan
- Handout
- Presentation

- Grapefruit
- Lesson Plan
- Handout
- Presentation

Grown in Arizona
Produce Items

Kiwi
Lesson Plan
Handout
Presentation

Mango
Lesson Plan
Handout
Presentation

Orange
Lesson Plan
Handout
Presentation

Peach
Lesson Plan
Handout
Presentation

Pineapple
Lesson Plan
Handout
Presentation

Pomegranate
Lesson Plan
Handout
Presentation

Grown in Arizona
Produce Items

- **Pumpkin**
  - Lesson Plan
  - Handout
  - Presentation

- **Strawberry**
  - Lesson Plan
  - Handout
  - Presentation

- **Sugar Snap Pea**
  - Lesson Plan
  - Handout
  - Presentation

- **Sweet Potato**
  - Lesson Plan
  - Handout
  - Presentation

- **Tomato**
  - Lesson Plan
  - Handout
  - Presentation

- **Watermelon Radish**
  - Lesson Plan
  - Handout
  - Presentation

Grown in Arizona