

October: Teach Arizona Modifications during the COVID-19 response



2020 Farm Fresh Challenge

The Arizona Department of Education, Health and Nutrition Services (HNS) challenges their NSLP/SFSP/SSO Sponsors to participate in a state-wide opportunity to connect their community with locally produced farm fresh foods each year. This Challenge works to support student awareness and consumption of fresh and healthy foods. Each component of the Farm Fresh Challenge inspires communities to Taste Arizona foods, Teach Arizona agriculture and Connect Arizona communities together. The purpose of this Challenge remains important even in the adjustments observed during the COVID-19 pandemic. In light of the COVID-19 response to emergency feeding, HNS encourages families to learn Arizona's agricultural landscape through the online tools provided by partners of Arizona's farm and ranch families.

Teach Arizona #FarmFreshAZ

Online Opportunities to Engage

Online Videos

U of A Cooperative Extension

- Native Nations Institute

Arizona Farm Bureau (AZFB)

- Fill Your Plate
- Agriculture In the Classroom (AITC)

Dairy Council of Arizona (DCAZ)

- ArizonaMilk.org

Arizona Beef Council

- ArizonaBeef.org

Arizona Health Zone

- 'Eat Healthy' Videos

Podcasts

Arizona Department of Agriculture

- Short Division Videos via website

Friends of Arizona Farm Bureau

- Talk to a Farmers Friday via Facebook Live

Online Lessons

Arizona Department of Agriculture

- Guide to Agriculture
- Specialty Crop Guide

U of A Cooperative Extension

- Master Gardener Program
- Agricultural Literacy Program (see matrix)

Arizona Farm Bureau

- Agriculture in the Classroom (AITC)
- The Voice of Arizona Agriculture blog

Arizona Health Zone

- Recipes

Slow Food Chapters

- Slow Food Prescott
- Slow Food Phoenix
- Slow Food Southern Arizona

Arizona Department of Education

- Harvest of the Season
- upLIFT

Mollen Foundation

- Harvest of the Month

USDA Team Nutrition Materials

Social Media

U of A Cooperative Extension

- @UniversityofArizonaCooperativeExtension

Arizona Department of Agriculture

- @ArizonaDepartmentofAgriculture

Arizona Farm Bureau

- @AZFB AITC Facebook
- @Fill Your Plate
- @AZfarmbureau

Dairy Council of Arizona

- @AZ MilkProducers

Arizona Beef Council

- @ArizonaBeef

Local First Arizona

- @GoodFoodAZ

Slow Food Chapters

- @SlowFoodPrescott Facebook
- @SlowFoodPhoenix
- @SlowFoodSouthernArizona



Pick Two & Post Two on Social Media #FarmFreshAZ + tag your Feeding Site

Monday

Pre-K: Review Booklet 5 in USDA Team Nutrition's Grow It, Try It, Like it Lessons - See Coloring Page
Kindergarten: Review the daily read aloud story on the AZFB AITC Facebook Page
Lower Elementary: Review A Garden Plot: A Tale of Peter Rabbit lesson from UofA Agricultural Literacy
Upper Elementary: Review A Day Without Dairy from UofA Agricultural Literacy
Middle School: Review Mollen Foundation's Harvest of the Season Materials
High School: Review Arizona Department of Agriculture's 'Guide to Agriculture' and compare to the 2017 Census of Agriculture Summary for Arizona

Tuesday

Pre-K: If available, try fresh and locally sourced cantaloupe for snack and discuss how it tastes
Kindergarten: For ages 3 and up – play "Scoop on Soil Game" from AZFB AITC
Lower Elementary: Attend a virtual dairy farm field trip through DCAZ's website at arizonamilk.org
Upper Elementary: Review DCAZ's Daisey's Dairy Dreams Flip Book or Video under "Ag Literacy"
Middle School: Cook something healthy using a recipe from AZHealthZone's Recipe Collection
High School: A Tale of Two Burgers: Beef and Plant-based Protein Lesson from UofA Agricultural Literacy Matrix

Wednesday

Pre-K: Review Booklet 5 in USDA Team Nutrition's Grow It, Try It, Like it Lessons - See Reading Activity
Kindergarten: Review AZFB AITC's 'Tops and Bottoms' lessons under "teacher resources"
Lower Elementary: Review AZFB AITC's 'Parts of A Plant' flashcard game under "teacher resources"
Upper Elementary: Review the 'Remarkable Ruminant' lesson on Arizona Beef Council's lessons page
Middle School: Request AZFB's 'Hatch at Home' kit to hatch baby chicks at home email: aitc@azfb.org
High School: Cook something healthy using a recipe from AZHealthZone's Recipe Collection

Thursday

Pre-K: Review Booklet 5 in USDA Team Nutrition's Grow It, Try It, Like it Lessons - see Cantaloupe Friends
Kindergarten: Try one of the AZFB AITC's kits through their 'Lending Library'
Lower Elementary: Growing Beans Without Soil Plant Lessons with Videos from AZFB AITC under "teacher resources"
Upper Elementary: Prepare a simple and healthy snack using a recipe from AZHealthZone's Recipe Collection
Middle School: Review an "Ag Issues Webinars" under AZFB AITC under "Ag Issues"
High School: Review Arizona Beef Council's lesson on "Ranchers Care About Cattle" under resources.

Friday

Pre-K: Review Booklet 5 in USDA Team Nutrition's Grow It, Try It, Like it Lessons - Old MacDonald Song
Kindergarten: Try one of UofA Agriculture Literacy s Specialty Crop Lessons like under "lessons"
1st-3rd Grade: Review "Food Production on Earth and Beyond" lesson from UofA Agricultural Literacy
4th-6th Grade: Try one of AZFB AITC's Farm Friday Fun with Arizona Agriculture contest activities
7th-8th Grade: Visit one of the Virtual Tours found on AZFB AITC under "teacher resources" web page
High School: Tune into Friends of Arizona Farm Bureau "Talk with a Farmer Friday" Facebook Live Session