

QPR (Question, Persuade, Refer) Suicide Prevention Training

FREE Online Training Opportunity

The Arizona Department of Education's Project AWARE Grant with support from Exceptional Student Services is providing an opportunity for school and youth-serving organization employees to take a free online suicide prevention training during the COVID-19 restrictions. This training will provide participants with a certificate that complies with the requirements of [ARS § 15-120](#), (the Mitch Warnock Act). This statute requires all 6th -12th grade public and charter school personnel to take an approved evidence-based suicide prevention training at least once every three years. The QPR training being offered here is one of these approved training. A full list of approved evidence-based suicide prevention trainings can be found at: https://www.azahcccs.gov/AHCCCS/Initiatives/suicideprevention/training_for_schools.html.

There are a limited number of free training codes. We hope that you will take advantage of the opportunity to learn the basics of suicide prevention and how to assist someone in crisis. The [QPR \(Question, Persuade, Refer\) Institute](#) training is approximately one hour in duration and can be completed remotely. There is a five minute (or less) post-assessment survey to complete once you've finished with the training. Your participation in the post-assessment survey will help us to continue providing free trainings through our grant funding.

Disclaimers: The content of this training will cover sensitive topics around suicide and mental health. The decision to participate is based solely on individual discretion. The Arizona Department of Education does not require participation in this particular training; it is one of several [AHCCCS approved suicide prevention](#) trainings available to facilitate compliance with A.R.S. § 15-120. If at any time, you find yourself overwhelmed and/or triggered by the content, you have the option to pause and/or end the course. By accepting an online code from ADE, participants affirm that their personal mental and emotional well-being is priority, and that they will contact the local Warm and/or Crisis line if the content is overwhelming. National Suicide Prevention Lifeline: 1-800-273-8255 Arizona Warm Line: 1-888-404-5530

Online attendees also agree to complete a post-assessment survey.

QPR (Question, Persuade, Refer) Online Suicide Prevention Training Instructions to access:

1. Navigate to: qprtraining.com/setup
2. Enter the organization code **AZED1**
3. Select *Create Account*
4. Complete and submit registration form - Note: QPR will display and email the newly created Username and Password.
5. Log in to begin training at qprtraining.com
7. Complete the Project AWARE Online Assessment (you should automatically be re-routed to it)
8. Print your certificate from the link at the end of the training, save a copy for your records, and submit a copy to your supervisor, if appropriate. Print the QPR card, the booklet, and other resources offered at the end of the course for your reference.

If you have any questions, good news, or challenges, please reach out to schoolsafety.socialwellness@azed.gov with *Subject Title: QPR Training*

Learn more about [Project AWARE](#).

