

Sample Test Name: Mental and Social Health Technician



(These items were developed by teachers for the Technical Skills Assessment. Below is a sample item for each program standard.)

Question 1 of 9

What factor does NOT impact delivery systems?

- A) Technology
- B) Genetics
- C) Social media
- D) Socioeconomics

Question 2 of 9

What type of behavior is Pavlov's conditioning of a dog salivating in response to meat powder referring?

- A) Shaping
- B) Observation
- C) Operant
- D) Habituation

Question 3 of 9

Obsessive-Compulsive Disorder (OCD) is described by which two factors?

- A) Intrusive thoughts and repetitive behaviors
- B) Hand washing and checking doors
- C) Being overly concerned about safety and contamination
- D) Socialization and heredity

Question 4 of 9

Which is one reason why people from rural areas may NOT have concerns about seeking care for mental health?

- A) Social stigma
- B) Economic stagnation
- C) Shortages of physicians
- D) High rates of chronic illness

Question 5 of 9

Which expression is NOT one of the "5 Love Languages?"

- A) Spending Money
- B) Acts of Services
- C) Quality Time
- D) Words of Affirmation

Question 6 of 9

When providing services to a client with medications, who is NOT part of the team?

- A) Psychiatrist
- B) Case manager
- C) Psychiatric nurse
- D) Intake specialist

Question 7 of 9

Which communication style describes expressing oneself honestly and directly without disrespecting or demeaning others?

- A) Aggressive
- B) Submissive
- C) Assertive
- D) Emphatic

Question 8 of 9

What behavior should NOT be stopped when addressing barriers in problem solving?

- A) Making excuses
- B) Defining the problem
- C) Blaming others
- D) Avoiding the issue

Question 9 of 9

What is first aid?

- A) Initial help given to the victim of an accident
- B) Completing a primary survey
- C) Assessing a victim's vital signs
- D) Treating a victim for shock

Mental and Social Health Technician Sample Test Answer Key

Question	Answer
1.	B
2.	C
3.	A
4.	D
5.	A
6.	D
7.	C
8.	B
9.	A