

# ***Meal or No Meal***

Offer Versus Serve



Health and Nutrition Services  
Arizona Department of Education







# Disclaimer

This training was developed by the Arizona Department of Education (ADE) Health and Nutrition Services Division (HNS). The content in this training is intended for professionals operating one or more USDA Child Nutrition Programs in Arizona under the direction of ADE. The information in this training is subject to change. Attendees are encouraged to access professional development materials directly from the training library to prevent use of outdated content.



# Intended Audience

**This training is intended for School Food Authorities (SFAs) operating the National School Lunch Program (NSLP). All regulations are specific to operating the NSLP under the direction of ADE.**

# Objective

At the end of this training, attendees should be able to recognize reimbursable lunches according to meal pattern requirements for Offer Versus Serve at the Point of Service.

In game format, attendees will be provided 9 different trays in which they must identify if the tray is reimbursable for lunch for Offer vs. Serve. Training can be completed by single user or used by a facilitator in a group training.

## TRAINING HOURS

Information to include when documenting this training for Professional Standards:

**Training Title:** Meal or No Meal

**Key Area:** 2000 - Operations

**Learning Code:** 2310

**Length:** 15 minutes\*

\*Note, if this training has been modified, please document the amount of time the training took.

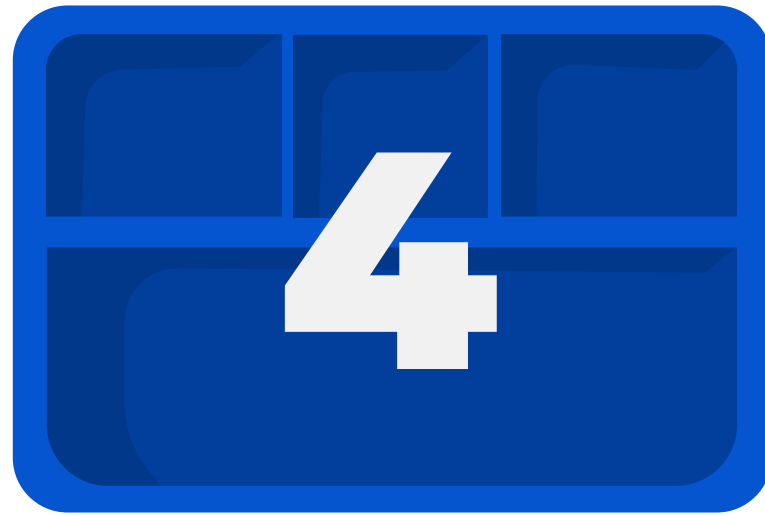


# Facilitator Directions

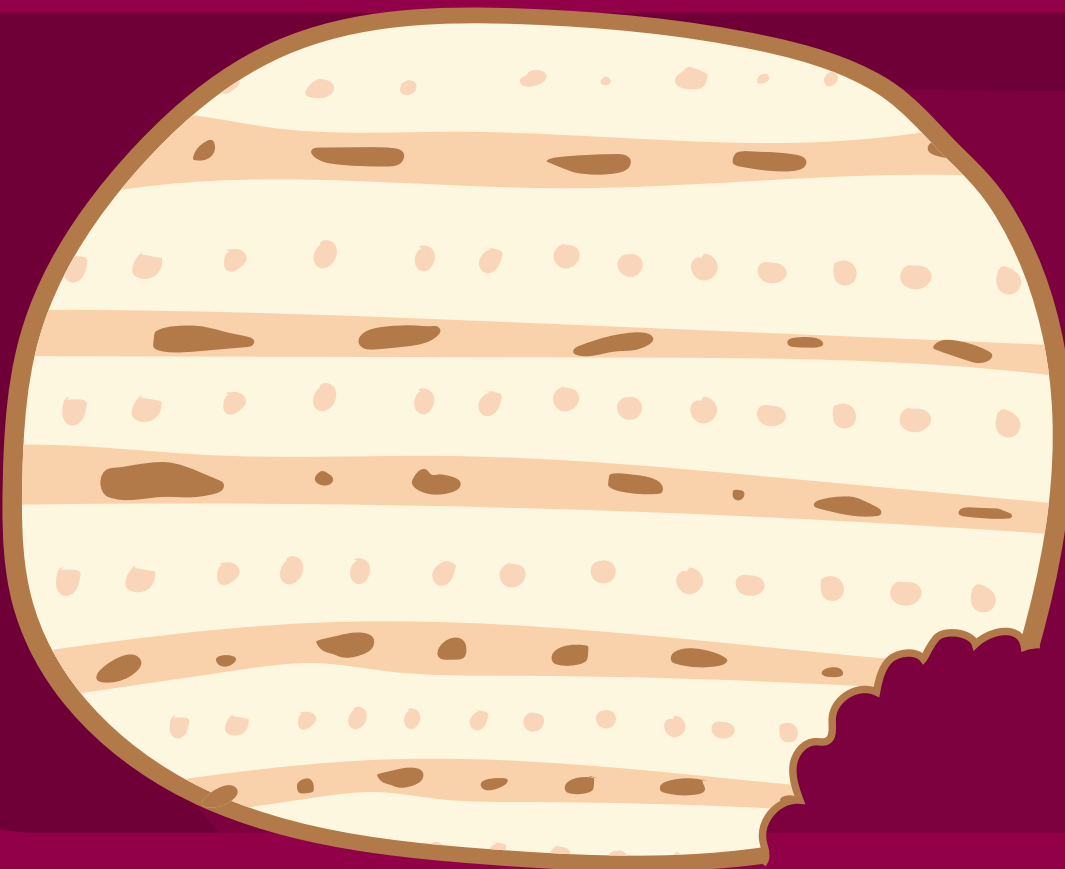


- Using Slide Show mode, click along to each tray number and reveal a tray with served food.
- Ask group to determine if that tray would be considered a reimbursable meal at lunch.
- Click on the next slide to reveal the answer: Reimbursable or Not Reimbursable.









## CREDITING INFORMATION

- **2oz eq.** - Whole Grain Flatbread
- **1 cup** - Sweet Potato Chunks
- **1/2 cup** - Grapes



# YES!

## REIMBURSABLE

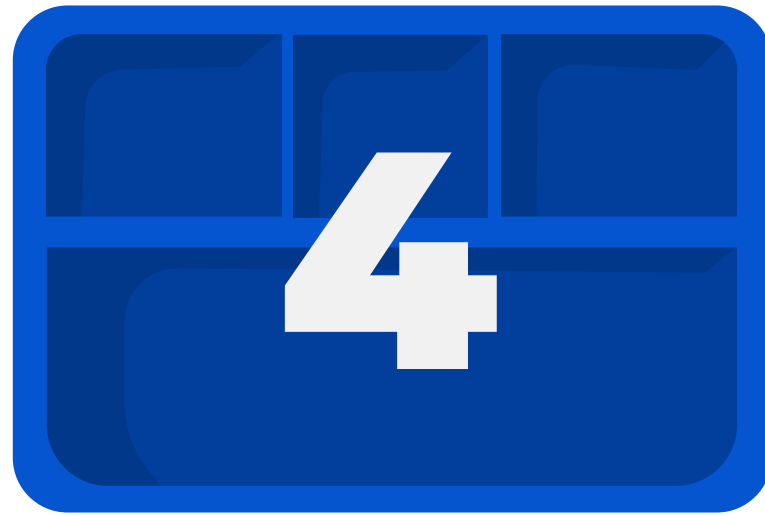
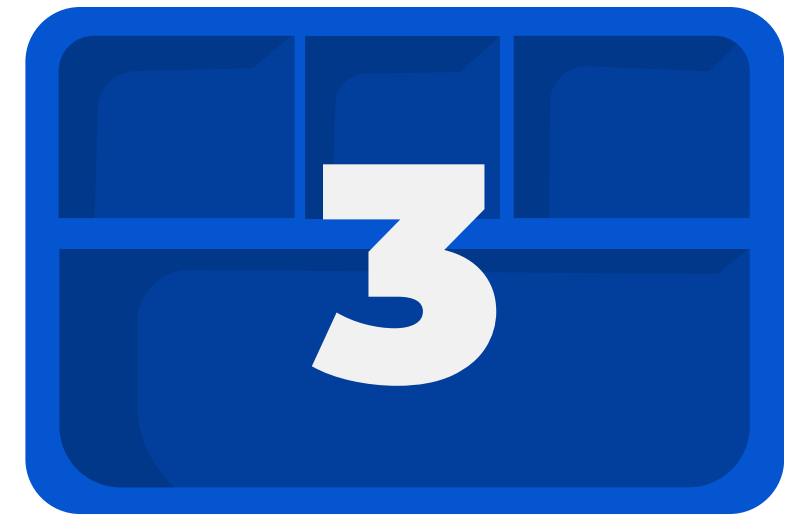
This meal is reimbursable since there is 1 cup of sweet potatoes, 1/2 cup of grapes, and 2oz eq. pita bread.

- Under offer versus serve (OVS), a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component.

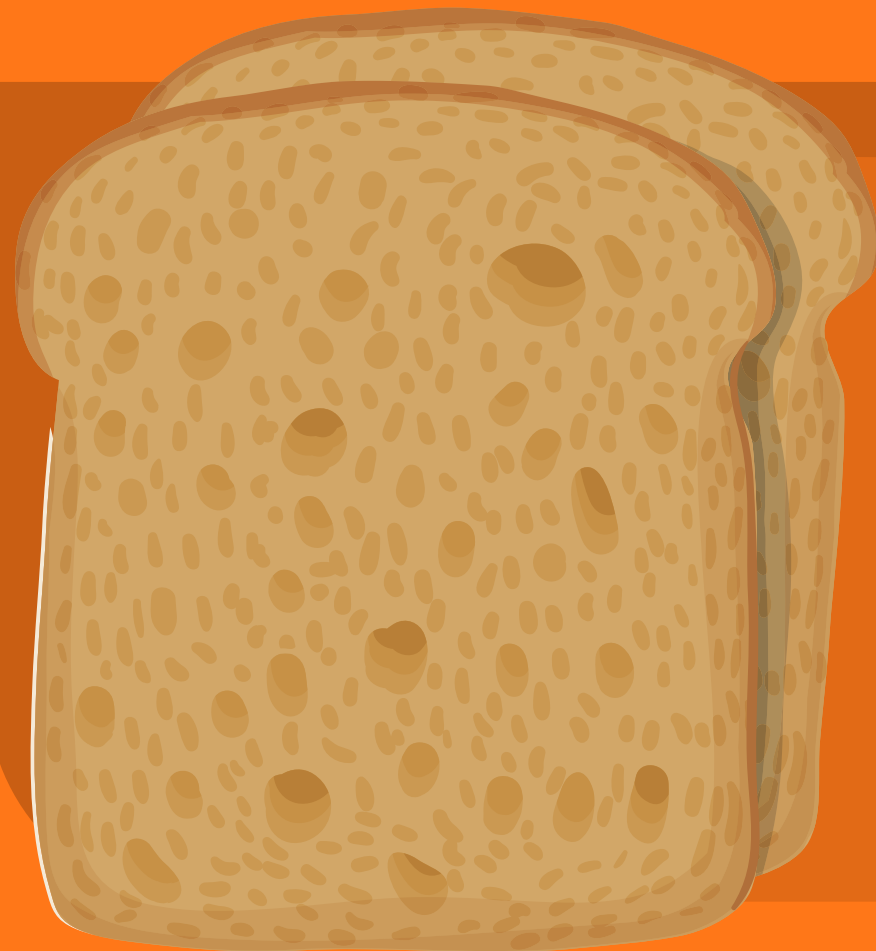


# REIMBURSABLE









## CREDITING INFORMATION

- **2oz eq.** - Broiled Fish
- **2oz eq.** - Whole Grain Bread
- **1 cup** - Fat-Free Chocolate Milk



NO!

## NOT REIMBURSABLE

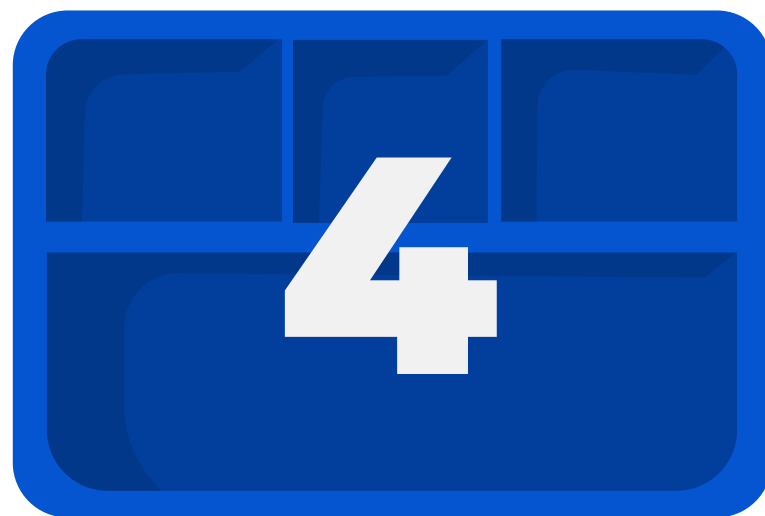
This meal is **NOT** reimbursable because **there is no fruit or vegetable component.**

- Under OVS a student must take at least three components in the required serving sizes. **One selection must be at least 1/2 cup from either the fruit or vegetable component.**

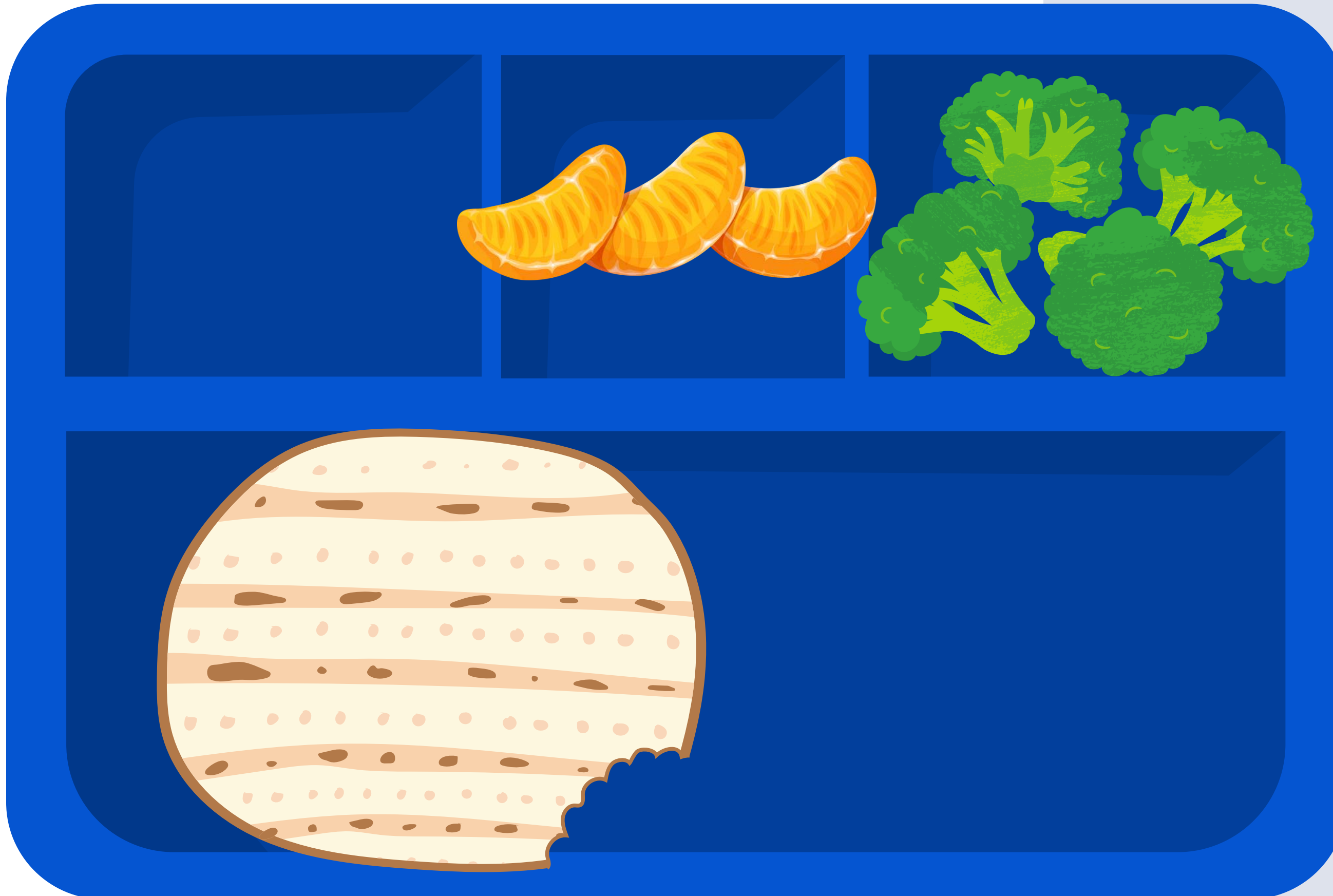


**NOT**  
**REIMBURSABLE**









## CREDITING INFORMATION

- **2oz eq.** - Whole Grain Flatbread
- **1/2 cup** - Mandarin Oranges
- **1/2 cup** - Broccoli



It depends!

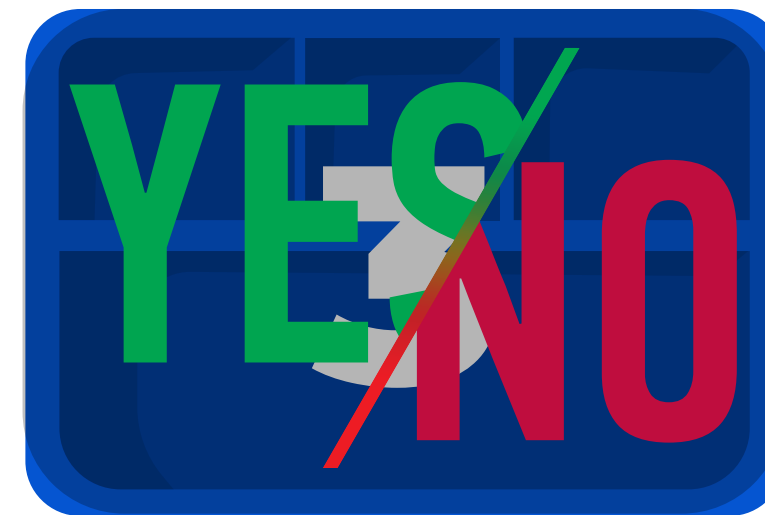
This meal **IS** reimbursable for K-8 only.

This meal is **NOT** reimbursable for 9-12.

- If three components are taken for 9-12 and 2 of them are a fruit and a vegetable then the **student must take a 1/2 cup of one and a full cup of the other for students 9-12.**

YES/NO

**Reimbursable for K-8 only.**  
**NOT Reimbursable for 9-12.**







## CREDITING INFORMATION

- **2oz eq.** - Sliced Beef
- **2oz eq.** - Whole Corn Tortilla

NO!

## NOT REIMBURSABLE

This meal is **NOT** reimbursable because under OVS a **student must take at least three components in the required serving sizes.**



**NOT  
REIMBURSABLE**





## How about now?

### CREDITING INFORMATION

- **2oz eq.** - Sliced Beef
- **2oz eq.** - Whole Corn Tortilla
- **1 cup** - Fat-Free White Milk

NO!

## NOT REIMBURSABLE

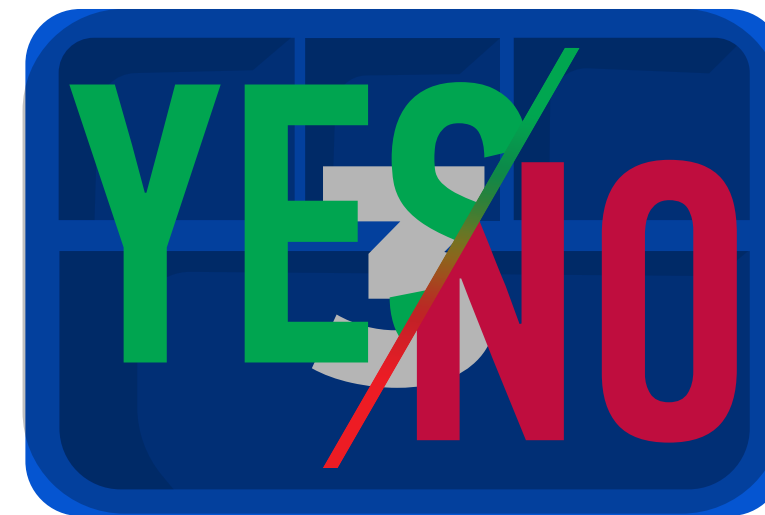
This meal is **NOT** reimbursable because under OVS a student must take at least three components in the required serving sizes. **One selection must be at least 1/2 cup from either the fruit or vegetable component.**



**NOT**

**REIMBURSABLE**







## CREDITING INFORMATION

- **2oz eq.** - Grilled Chicken
- **2oz eq.** - Corn Tortilla
- **1 cup** - Fat-Free Milk
- **1/4 cup** - Tomato Slices



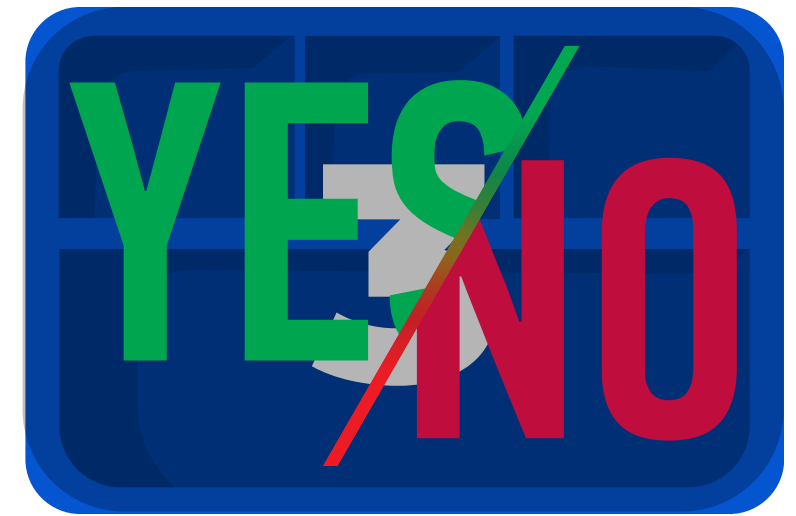
NO!

## NOT REIMBURSABLE

This meal is **NOT** reimbursable because it only contains 1/4 cup of vegetables. **One selection must be at least 1/2 cup from either the fruit or vegetable component.**



**NOT  
REIMBURSABLE**







## CREDITING INFORMATION

- **2oz eq.** - Ginger Chicken
- **2oz eq.** - Brown Rice
- **1/2 cup** - Strawberries
- **1/2 cup** - Green Beans
- **1 cup** - Fat-Free Chocolate Milk

YES!

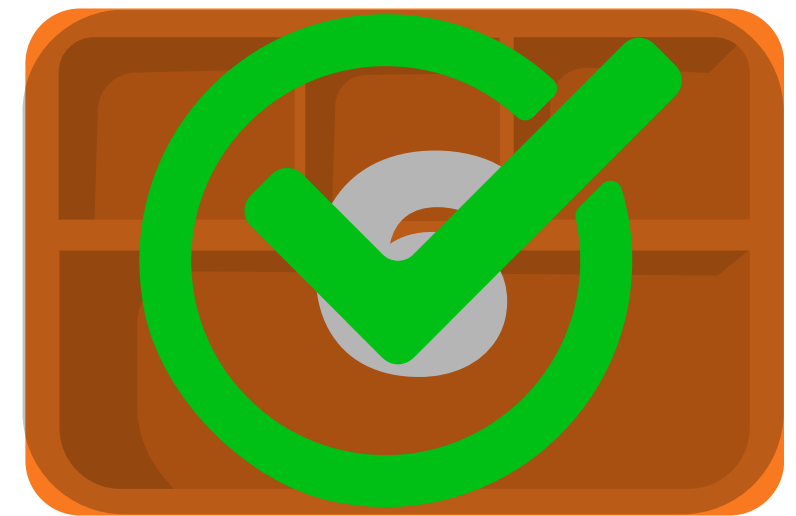
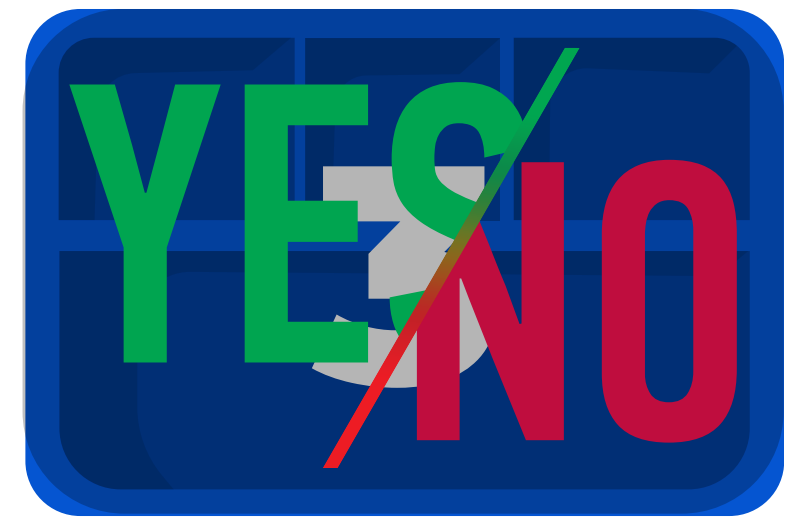
## REIMBURSABLE

This meal is reimbursable since it has all components available.

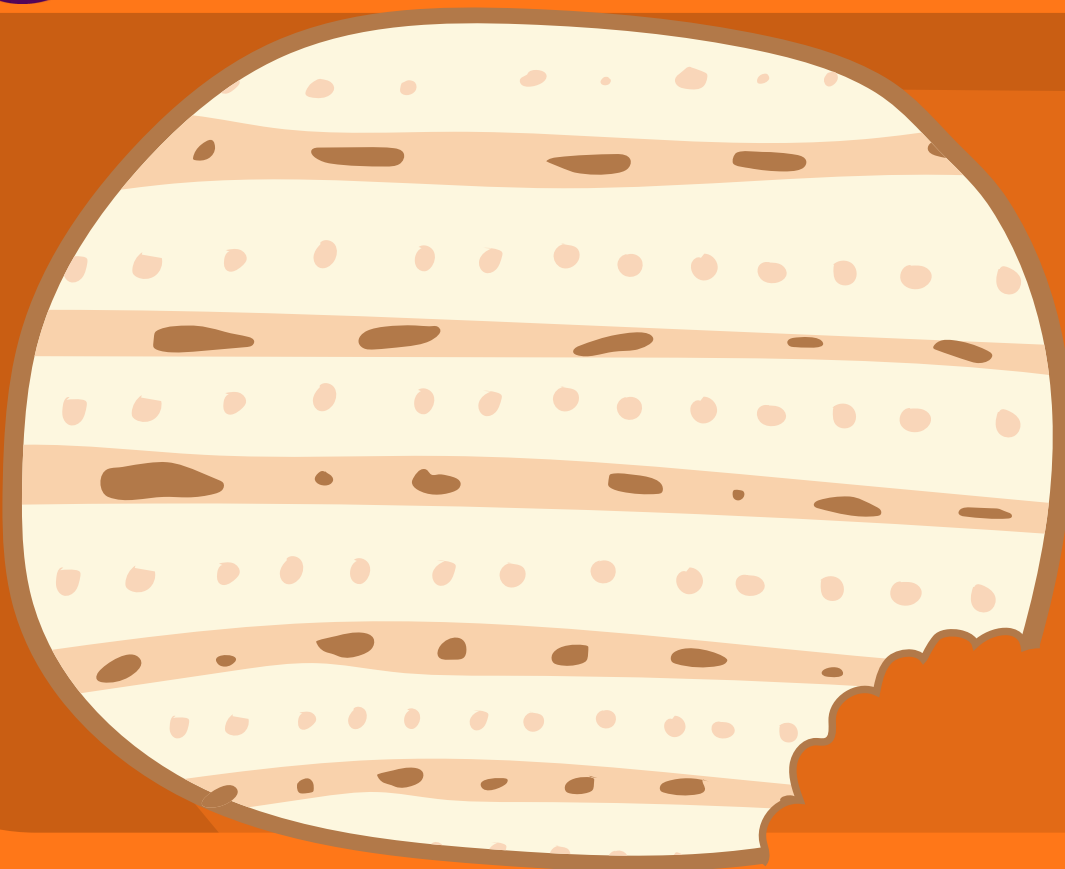
- Under OVS a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component.



# REIMBURSABLE







## CREDITING INFORMATION

- **2oz eq.** - Whole Grain Flatbread
- **1/2 cup** - Sweet Potato Chunks
- **1/2 cup** - Grapes
- **1 cup** - Fat-Free Chocolate Milk

# YES!

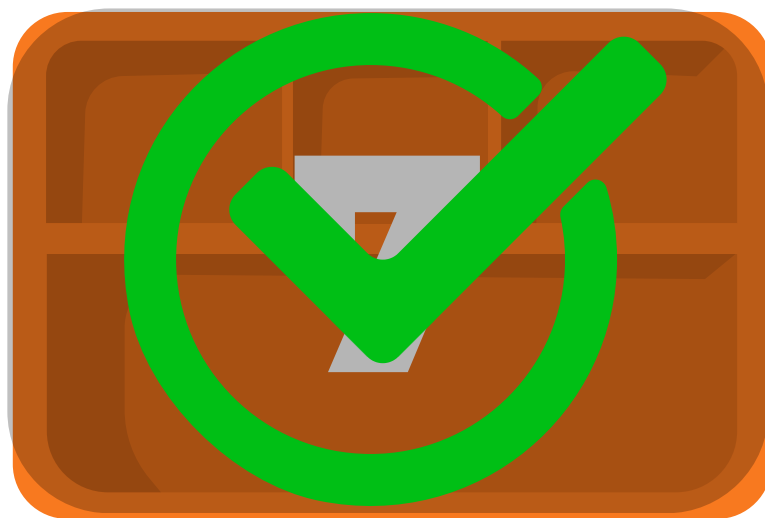
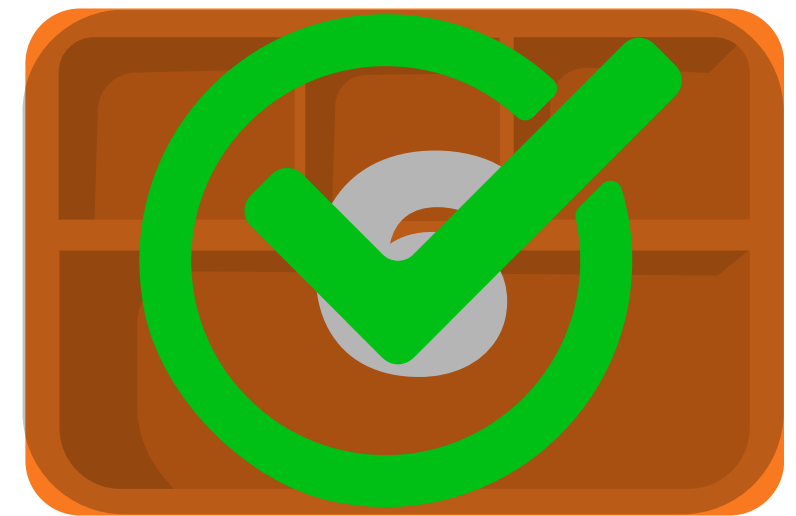
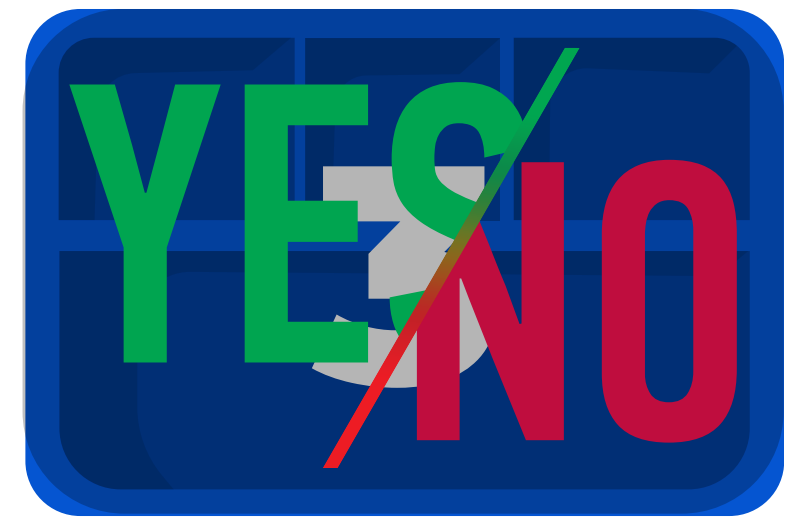
## REIMBURSABLE

This meal is reimbursable since there is 1 cup of sweet potatoes, 1/2 cup of grapes, and 2oz eq. pita bread.

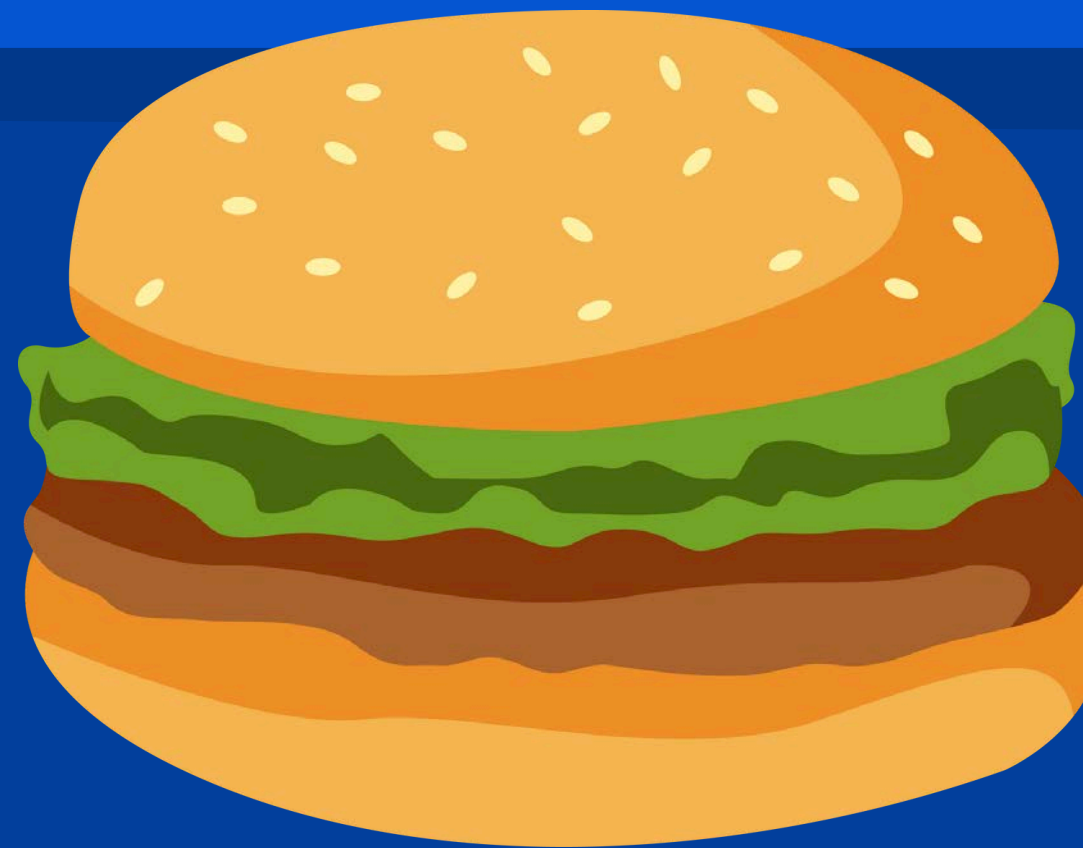
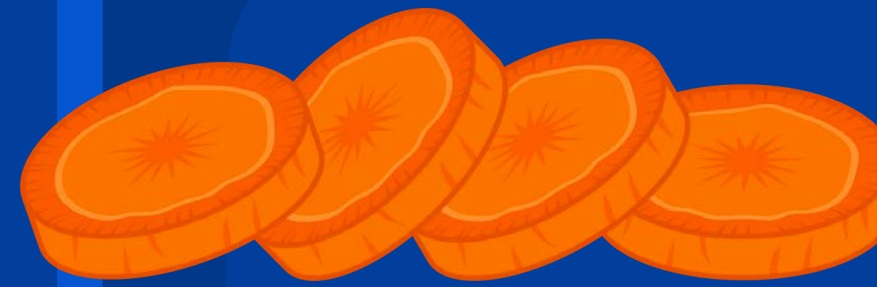
- Under OVS a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component.



# REIMBURSABLE







## CREDITING INFORMATION

- **2oz eq.** - Beef
- **2oz eq.** - Whole Grain Bread
- **1 cup** - Carrots

# YES!

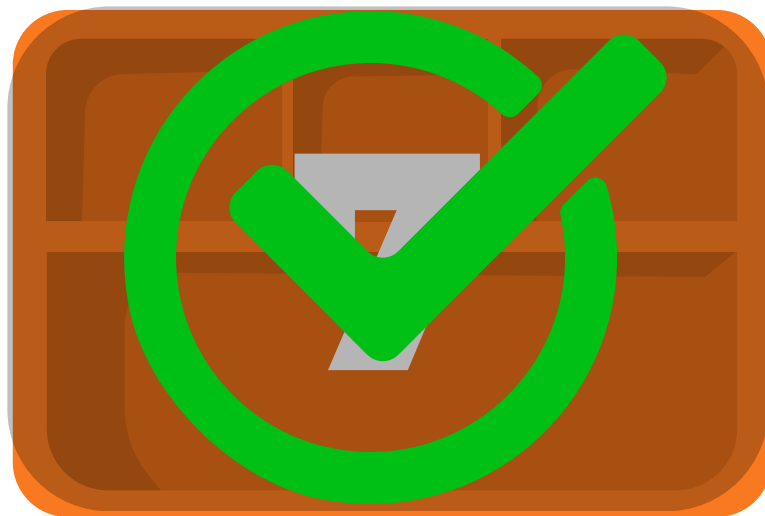
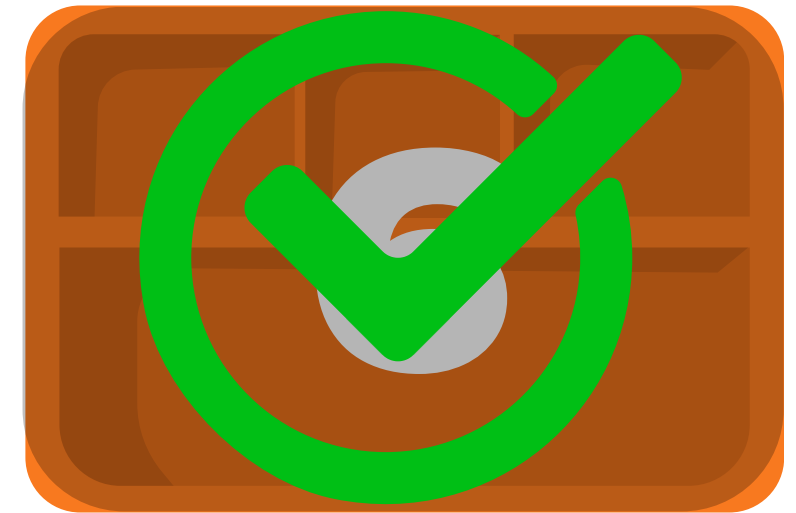
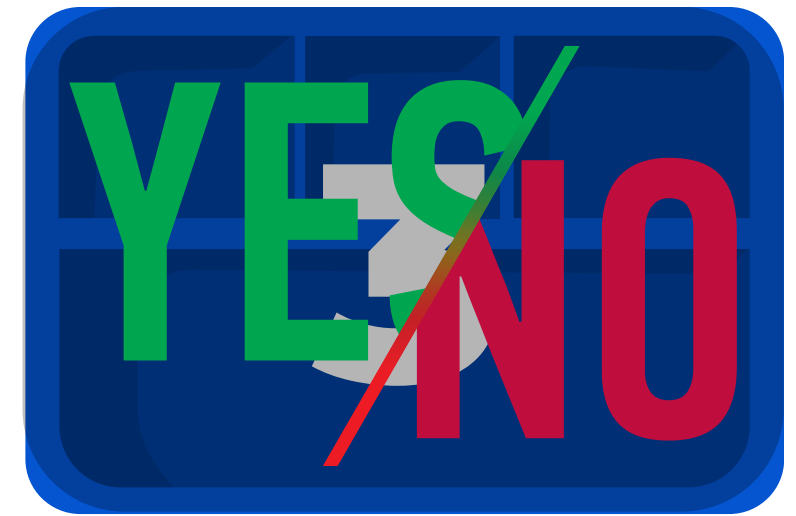
## REIMBURSABLE

This meal is reimbursable since there is 2oz eq. meat/meat alternate, 2oz eq. whole grain bread, and 1 cup of carrots.

- Under OVS a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component.



# REIMBURSABLE







## CREDITING INFORMATION

- **2oz eq.** - Beef
- **2oz eq.** - Whole Grain Bread
- **1/4 cup** - Sliced Tomatoes
- **1/4 cup** - Shredded Lettuce
- **1 cup** - Fat-Free Milk

# YES!

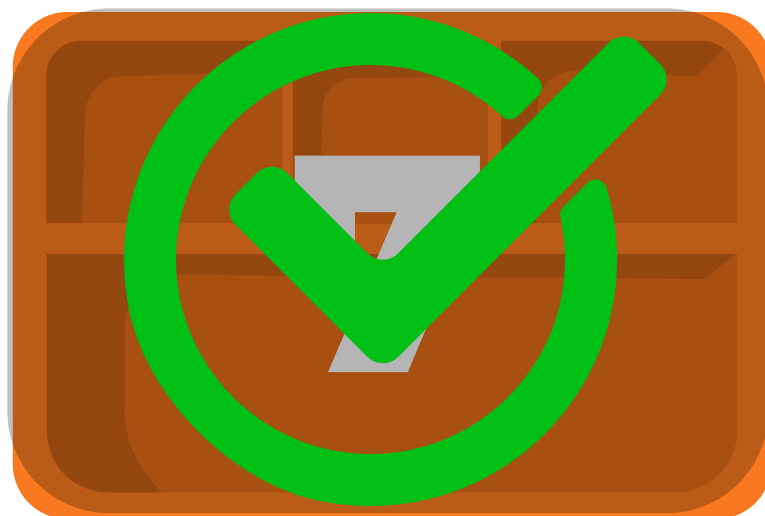
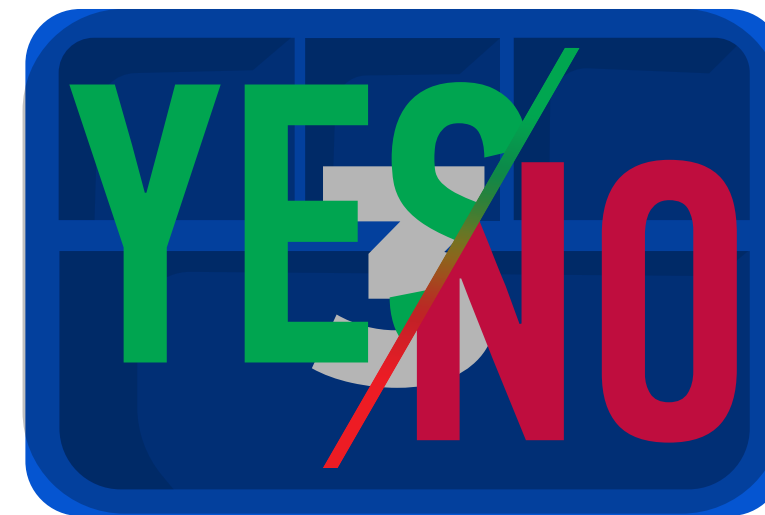
## REIMBURSABLE

This meal is reimbursable since there is 2oz eq. meat/meat alternate, 2oz eq. whole grain bread, 1/2 cup of vegetables, and 1 cup of milk.

- Under OVS a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component.



# REIMBURSABLE





# CONTACT US

If you have a question or require additional assistance, please contact your assigned specialist or contact HNS.



602-542-8700



ContactHNS@azed.gov



[www.azed.gov/hns](http://www.azed.gov/hns)







# Congratulations

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**You have completed the Online Course:  
Meal or No Meal**

Information to include when documenting this  
training for Professional Standards:

**Training Title:  
Meal or No Meal**

**Key Area: 2000 – Operations**

**Learning Code: 2310**

**Length: 15 minutes**

Please note, attendees must document the amount of training hours  
indicated on the training despite the amount of time it takes to complete it.



# Certificate

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## Requesting a training certificate

Please click the button to complete a brief survey about this online training. Once the survey is complete, you will be able to print your certificate of completion from Survey Monkey.



Information to include when documenting this training for Professional Standards:

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