

For more information contact:



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Help Line: 1-800-NEXT STEP  
(1-800-639-8783)

2009

# Risky Youth Behavior

## Youth Screening Guide: Substance abuse, alcohol, and problem gambling



### Quick Screening: Substance Abuse

**NOTE:** A.R.S. § 15-104, on behavioral health programs and services requires prior written consent for any survey, analysis, or evaluation of pupils that is part of any school activity.

**CRAFFT** (Developed by John Knight for screening with Adolescents)

<b>C</b>	Have you ever ridden in a car driven by someone (or yourself) who was high or had been using alcohol or drugs?
<b>R</b>	Do you ever use alcohol or drugs to relax, feel better about yourself, or fit in?
<b>A</b>	Do you ever use alcohol or drugs while you are alone?
<b>F</b>	Do you ever forget things you did while using alcohol or drugs?
<b>F</b>	Do your family or friends ever tell you that you should cut down on your drinking or drug use?
<b>T</b>	Have you ever gotten into trouble while you were using alcohol or drugs?

**Scoring:** Two or more positive items indicate the need for further assessment and intervention. (Please see referral section)

### Signs & Symptoms of Substance Abuse

#### Things to watch for:

- Changes in friends
- Negative changes in school
- Increased secrecy
- Use of incense or perfume to hide smoke or chemical odors
- Increase in borrowing money
- Evidence of drug paraphernalia (such as pipes, rolling papers, etc.)
- Evidence of use of inhalant products (such as hairspray, nail polish, correction fluid, common household products)
- Bottles of eye drops- used to mask bloodshot eyes or dilated pupils
- New use of mouthwash or breath mints to cover up the smell of alcohol
- Missing prescription drugs—especially narcotics and mood stabilizers

### Substance Abuse Referral Services

#### Referral numbers by counties:

Gila, La Paz, and Pinal & Yuma Counties  
Crisis Line.....1-866-495-6735  
Referral for Services .....1-866-495-6738

Maricopa County  
Crisis Line.....1-800-631-1314  
Referral for Services.....1-800-564-5465

Cochise, Graham, Greenlee, Pima & Santa Cruz Counties.....1-800-771-9889

Apache, Coconino, Mohave, Navajo & Yavapai Counties.....1-800-640-2123



Recovery  
is  
Possible

### How to Identify Youth Gambling Problems

#### Things to watch for:

- Unexplained absences from school
- Sudden drops in grades
- Noticeable changes in personality (irritability, impatience, criticism, or sarcasm)
- Possession of large sums of money and bragging about gambling wins
- Unusual interest in newspapers or magazines having to do with fantasy sports, poker, etc.
- Intense interest in gambling conversations
- Borrowing money or stealing
- Missing important events

**1.800.NEXTSTEP**

(1-800-639-8783)

[www.problemgambling.az.gov](http://www.problemgambling.az.gov)



### Quick Screening: South Oaks Gambling Screen

Revised for Adolescents (SOGS-RA)

Have you gone back another day to try and win back money you lost gambling?

When you were betting, have you ever told others you were winning money when you weren't?

Has your betting money ever caused any problems for you such as arguments with family or friends, or problems at school or work?

Have you ever gambled more than you had planned to?

Has anyone criticized your betting, or told you that you had a gambling problem whether you thought it true or not?

Have you ever felt bad about the amount of money you bet, or about what happens when you bet money?

Have you ever felt like you would like to stop betting, but didn't think you could?

Have you ever hidden from family and friends any betting slips, IOUs, lottery tickets, money that you won, or any signs of gambling?

Have you had money arguments with family or friends that centered on gambling?

Have you borrowed money to bet and not paid it back?

Have you ever skipped or been absent from school or work due to betting activities?

Have you ever borrowed money or stolen something in order to bet or to cover gambling activities?

**Scoring:** Answering yes to two or more questions may indicate the need for further assessment and intervention. Call the help line at 1-800-NEXT STEP (1-800-639-8783)

Winters, K.C., Stinchfield, R.D., & Fulkerson, J. (1993). Toward the development of an adolescent problem severity scale. *Journal of Gambling Studies*, 9 63-84