

## Person-Centered Planning & Practices

A Person-Centered Arizona, Sonoran UCEDD – resource website, includes “Person-Centered Planning: Pathways to Your Future – A toolkit for anyone interested in Person-Centered Planning” available in English and Spanish

<http://person-centeredaz.org>

PACER Center is a parent organization located in Minnesota but provides services nationwide. It is an organization of parents with children with disabilities for parents with children with disabilities.

<http://www.pacer.org>

Parent Brief, Person Centered Planning: a Tool for Transition

<http://www.ncset.org/publications/viewdesc.asp?id=1431>

Person Centered Planning Education Site, Cornell University, School of Industrial Relations, Employment and Disability Institute

<http://www.ilr.cornell.edu/edi/pcp>

Inclusion Press offers Person-Centered Planning and resource materials in addition to other media, workshops and events regarding inclusion

<http://www.inclusion.com>

The Learning Community for Person Centered Planning

<http://www.learningcommunity.us>

Person Centered Practices: Actions that Reflect Values

<http://personcenteredpractices.org>

Friends: Connecting People with Disabilities and Community Members – "how-to" strategies for supporting relationships between people with disabilities and other community members

[http://rtc.umn.edu/docs/Friends\\_Connecting\\_people\\_with\\_disabilities\\_and\\_community\\_members.pdf](http://rtc.umn.edu/docs/Friends_Connecting_people_with_disabilities_and_community_members.pdf)

Additional activity worksheets: [http://rtc.umn.edu/docs/Friends\\_Activity\\_worksheets.pdf](http://rtc.umn.edu/docs/Friends_Activity_worksheets.pdf)

Arizona Youth Leadership Forum

<http://www.azylf.org>



## *CMS Final Rule for Home and Community-Based Services*

Issue Brief – CMS Final Rule on HCBS Settings and Other Requirements

[http://www.aucd.org/docs/policy/HCBS%20Waiver/HCBS\\_Settings\\_Regulation\\_Issue\\_Brief.pdf](http://www.aucd.org/docs/policy/HCBS%20Waiver/HCBS_Settings_Regulation_Issue_Brief.pdf)

Guidance to HHS Agencies for Implementing Principles of Section 2402(a) of the Affordable Care Act: Standards for Person-Centered Planning and Self-Direction in Home and Community-Based Services (HCBS) Programs

[http://www.acl.gov/NewsRoom/blog/2014/2014\\_07\\_09.aspx](http://www.acl.gov/NewsRoom/blog/2014/2014_07_09.aspx)

HCBS Advocacy is website to help advocates get involved in their states and improve the implementation of the new Medicaid rule regarding the settings of HCBS – official CMS resources, national advocacy resources, and information on steps each state is making to comply with the new rule

<http://hcsadvocacy.org>

## **Transition (General)**

Arizona Department of Education

<http://www.azed.gov/special-education/special-projects/secondary-transition>

National Collaborative on Workforce & Disability for Youth: links to resources on topics such as assessment, disability disclosure, education, employment, entrepreneurship, learning disabilities, transition and many more

<http://www.ncwd-youth.info/topic>

Youth Development & Leadership (includes "Youth in Action!" Tip Sheets for Young People)

<http://www.ncwd-youth.info/youth-development>

Childhood meets adulthood: high school, job center, community center, hangout, government center, health clinic, and apartment.

<http://www.youthhood.org>

Transition to Adulthood Resource Manual (includes checklists for general and health transition)

<http://www.chop.edu/export/download/pdfs/articles/lend-pdf-transition-manual.pdf>



Nemours' Transition of Care Video Series (includes legal/financial, residential, vocational, medical self-management) to help patients, families and caregivers understand the many important issues they face prior to and during this period of transition

<http://www.nemours.org/about/mediaroom/press/dv/transition-videos.html>

Youth on the Move: A Roadmap for Transition

<http://www.youth-move.org>

Youth Transition Toolkit (California – helpful for young people in other states)

<http://www.tknlyouth.info/index.html>

National Center on Secondary Education and Transition

[www.ncset.org](http://www.ncset.org)

Transition Coalition

<http://transitioncoalition.org>

Year of College and Career for Youth with Disabilities: features news and resources for youth with disabilities, their families, and the educators and employment professionals who support them

<http://www2.ed.gov/about/inits/ed/ycc/index.html>

Transition to Adulthood Guidelines for Individuals with Autism Spectrum Disorders

[http://www.ocali.org/project/transition\\_to\\_adulthood\\_guidelines](http://www.ocali.org/project/transition_to_adulthood_guidelines)

A Collaborative Interagency, Interdisciplinary Approach to Transition from Adolescence to Adulthood

<http://bit.ly/16Vl1BJ>

Legal Options Manual for Families, Consumers and Caregivers When an Individual with Developmental Disabilities Reaches Age 18

<http://acdl.com/New%20PDF%20Files/LegalOptionsManual2012%20Eng.pdf>

Manual de Opciones Legales:

<http://acdl.com/New%20PDF%20Files/LegalOptionsManualSpan2012.pdf>



## Transition (Foster Care Youth)

American Youth Policy Forum – Report by National Council on Disability

[http://www.aypf.org/publications/documents/ncd96\\_FosterYouth\\_w\\_cover.pdf](http://www.aypf.org/publications/documents/ncd96_FosterYouth_w_cover.pdf)

Child Welfare Information Gateway

[https://www.childwelfare.gov/pubs/youth\\_transition.pdf](https://www.childwelfare.gov/pubs/youth_transition.pdf)

Foster Club – Transition toolkit

[https://www.fosterclub.com/\\_transition/article/transition-toolkit](https://www.fosterclub.com/_transition/article/transition-toolkit)

Juvenile Law Center

<http://www.jlc.org/current-initiatives/improving-outcomes-court-involved-youth/permanency-and-transition-adulthood/tran>

National Collaborative on Workforce and Disability for Youth

<http://www.ncwd-youth.info/guideposts/foster-care>

National Resource Center for Permanency and Family Connections

[http://www.nrcpfc.org/fostering\\_connections/emancipating\\_older\\_youth.html](http://www.nrcpfc.org/fostering_connections/emancipating_older_youth.html)

## Employment (General)

Employment First Initiative (National)

<https://www.dol.gov/odep/topics/employmentfirst.htm>

Employment First Arizona

<http://AZEmploymentFirst.org>

Project SEARCH National – employment training model for youth and adults with significant disabilities

<http://projectsearch.us>

Project SEARCH AZ

<http://sonoranucedd.fcm.arizona.edu/project-search-arizona>



Disability Employment PSAs and Toolkits, includes videos and discussion guides

“I Can” Toolkit: <http://www.whatcanyoudocampaign.org/blog/index.php/i-can-toolkit>

“Because” Toolkit: <http://www.whatcanyoudocampaign.org/blog/index.php/because-toolkit>

GCI LearnFree.org: Career tutorials include topics such as resume writing, cover letters, job applications, interviewing skills, Microsoft Word, job search and networking, career planning and salary, and workplace basics

<http://www.gcflearnfree.org/career>

Federal government website for comprehensive information on employment and disability

<https://www.disability.gov/employment>

Job TIPS: Tools to explore career interests and resources to help obtain and maintain employment with emphasis on developing soft skills

<http://www.do2learn.com/JobTIPS/index.html>

Real People, Real Jobs: website highlights the employment successes of people with intellectual and developmental disabilities who are working in paid jobs in their communities – includes transition specific experiences

<http://realworkstories.org>

## Employment Accommodations

Jan – Job Accommodation Network: the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues

<http://askjan.org>

Online Training Modules of Job Accommodations for People with Disabilities

<http://cappublic.uat2.keymind.com/NewsEvents/Training.aspx>

## Employment Exploration

Arizona Career Information System: career information and assessment tools for students in Arizona (contact your school for registration)

<https://azcis.intocareers.org>



Bureau of Labor & Statistics: What Do You Like? Links to Occupational Outlook Handbook  
<http://www.bls.gov/k12/index.htm>

CareerShip for middle & high school students  
<http://www.mappingyourfuture.org/planyourcareer/careership>

Learn about careers: tasks, tools & technology, knowledge, skills, abilities, work activities, job zone, education, interests, work styles, work values, related occupations, wage and employment trends  
<http://www.onetonline.org>

Learn about different jobs – includes videos and links to websites with detailed information on specific professions  
<http://kids.usa.gov/teens-home/jobs>

## Employment Networking

CareerOneStop – has a variety of online tools to help individuals search for employment or access new skills from training providers in their local communities  
<http://www.careeronestop.org>

Jobseekers – Get Resources: Connect with employers who are hiring or hosting internships  
<http://www.thinkbeyondthelabel.com/Job-Board/GetAJob.aspx>

## Employment Rights & Safety

Youth@Work: Equal Employment Opportunity Commission's website for young people to learn about rights in the workplace  
<http://www.eeoc.gov/youth//index.html>

Occupational Safety & Health Administration (OSHA) website to educate young people on their rights for a safe workplace  
<http://www.osha.gov/youngworkers/index.html>

Disability Discrimination – learn about your rights through the Americans with Disabilities Act (ADA) in the work place and related resources as well as the “Questions and Answers” series  
<http://www.eeoc.gov/laws/types/disability.cfm>



## Health Care (General)

Being a Healthy Adult: How to advocate for Your Health and Health Care

<http://rwjms.umdnj.edu/boggscenter/products/BeingaHealthyAdultHowtoAdvocateforYourHealthandHealthCare.html>

Healthy Transitions: Moving from Pediatric to Adult Health Care

<http://healthytransitionsny.org>

National Health Care Transition Center – *Got Transition?* is a national resource for health care professionals, families, youth, and state policy makers focusing on a young adult's transition from pediatric to adult health care

[www.gottransition.org](http://www.gottransition.org)

Health Care Transitions, Institute for Child Health Policy, University of Florida - "When You're 18 - A Health Care Transition Guide for Young Adults" is available in English and Spanish

<http://hctransitions.ichp.ufl.edu>

Office for Children with Special Health Care Needs, Arizona Department of Health Services, Bureau of Women's and Children's Health

<http://azdhs.gov/phs/owch/ocshcn>

Healthy Transitions: A Pathway to Employment for Youth with Chronic Health Conditions and other Disabilities (report)

<http://www.dol.gov/odep/pdf/2013ODEPHealthyReport.pdf>

Health Care for Adults with Intellectual and Developmental Disabilities (eToolkit)

<http://vkc.mc.vanderbilt.edu/etoolkit>

## Health Care (Services)

Sonoran UCEDD Medical Home for Youth and Adults with DD at UMC South Campus Family Medicine Clinic

<http://sonoranucedd.fcm.arizona.edu/medical-home-youth-and-adults-dd>

Phoenix Children's Adolescent Clinic provides both medical care and social services as the patient transitions from pediatric to adult care

<http://www.phoenixchildrens.com/medical-specialties/general-pediatrics>