

# Disability Benefits 101

working with a disability in Arizona



[www.az.db101.org](http://www.az.db101.org)

**Have you ever thought...**

**“I would love to work, but I cannot afford to lose my healthcare.”**

**“I am afraid to try working and risk losing my disability check if it doesn’t work out.”**

**“I am afraid if my son works, he will lose the safety net his benefits provide.”**



**Understand your work incentive options, take control of your benefits and plan for your future!**

## Your Situation

Take a personal approach to benefits planning.

### ➤ Going to Work

Planning to work? Find job support and learn how a job can affect your benefits.

### ➤ Young People and Benefits

Learn how to manage school, work, and benefits, including tips for parents.

### ➤ New to Benefits

Find out how disability benefit programs work, and learn how to plan for changes in the future.

## Programs

Just the facts: Get details about benefit programs.

### ➤ Cash Benefits

Learn about benefits that can help you meet your basic needs.

### ➤ Health Care Coverage

Explore many health coverage options, from public and private sources.

### ➤ Work Programs

Learn how state and federal programs can support your career plans.

Congratulations! In this plan, you'll be better off!

### Monthly Cash Available Compared to Now



### Snapshot Monthly income, Expenses, and Health

	Now	In 6 Months	In 2 Years
Earned Income	\$ 0.00	\$ 1,305.00	\$ 1,384.47
Other Income	+ \$ 1,128.90	+ \$ 1,024.00	+ \$ 0.00
Total Income	\$ 1,128.90	\$ 2,329.00	\$ 1,384.47
Total Expenses	- \$ 0.00	- \$ 168.20	- \$ 184.28
Cash Available	\$ 1,128.90	\$ 2,160.80	\$ 1,200.19
Your Health Coverage Options	<a href="#">Medicare</a>	<a href="#">Medicare</a> <a href="#">Medicare Part D subsidy</a> <a href="#">AHCCCS Freedom to Work</a>	<a href="#">Medicare</a> <a href="#">Medicare Part D subsidy</a> <a href="#">Free AHCCCS Medicare Cost Sharing Package</a>

Confidential and easy to use

Online benefit and work calculators for youth and adults

Discover how work may impact your benefits

Arizona Disability Benefits 101 is brought to you in partnership with the Arizona Rehabilitation Services Administration and Arizona's Medicaid Infrastructure grants administered by AHCCCS. This website is also ADA accessible and available in Spanish.

[www.az.db101.org](http://www.az.db101.org)



---

DEPARTMENT OF ECONOMIC SECURITY

---

*Your Partner For A Stronger Arizona*

RSA-1213APAMNA (6-13)

Equal Opportunity Employer/Program • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact your local RSA office; TTY/TDD Services: 7-1-1. • Free language assistance for DES services is available upon request.