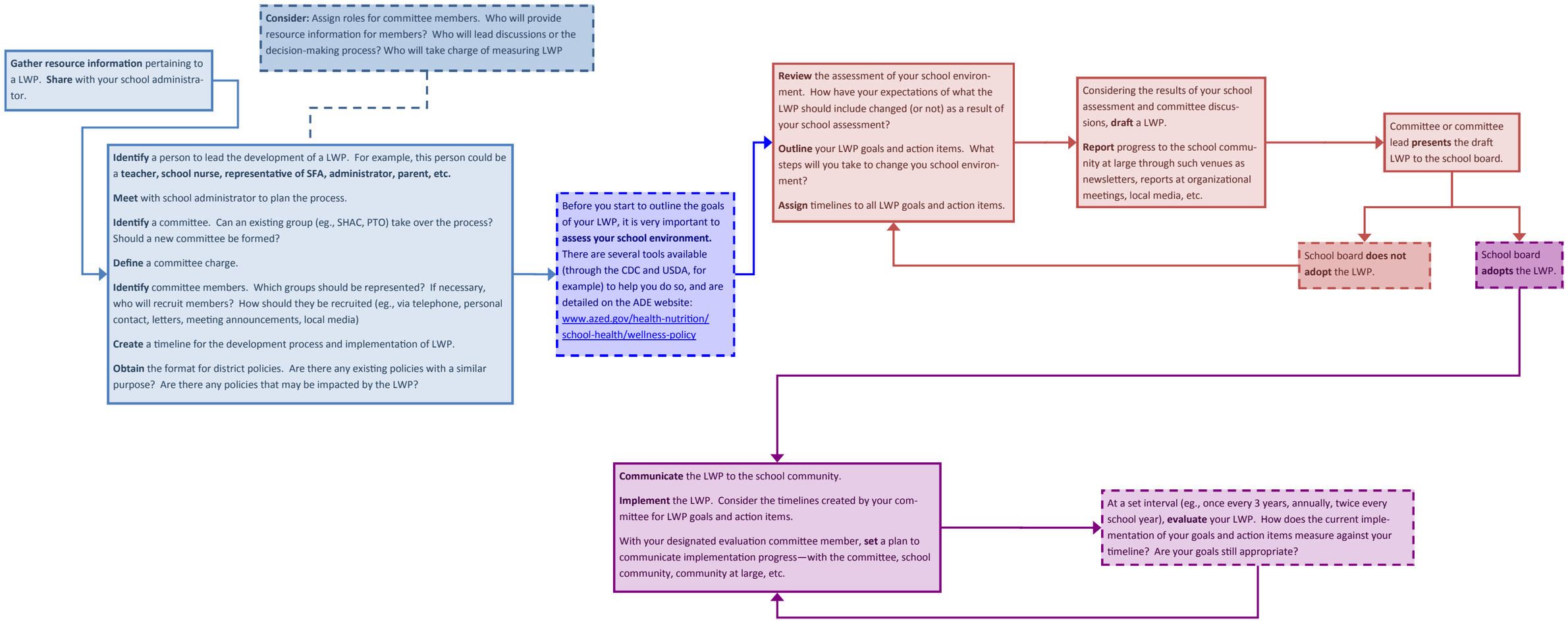# A Step-by-Step Guide to Creating a Local Wellness Policy